



BELLARMINE UNIVERSITY

School of Continuing and Professional Studies

# Spring 2012

## Workshops for Counseling Professionals

### **Sensory Processing Difficulties and Other Losses Experienced by the Elderly\***

Explore the social and personal losses many people experience as they age. Gain insight into the diminished mental awareness associated with aging and what the elderly encounter when confused. By experiencing visual, hearing and tactile losses and taste and smell deficiencies during the workshop, you will more thoroughly relate to specific difficulties your elderly clients face and be more effective in helping them deal with their losses.

**Instructor:** Patty Ingle, MSW, MA (Gerontological Specilization), is a licensed Nursing Home Administrator. She has taught gerontology courses at several Universities throughout Indiana and is currently an adjunct faculty member at Bellarmine University.

**Friday/ Feb. 24 / 8:30 - 11:30 a.m. / \$55** (\$65 after Feb. 17)

**Earn 3.3 Social Work CEUs / 3.3 MFT CEUs**

### **Trauma: Its Dynamics and Solutions through SE Therapy\***

Somatic Experiencing Trauma Therapy (SE) is a gentle, body-centered therapy that presents a unique understanding of the cause and resolution of trauma in both adults and children. It is the result of over forty years of work by Peter Levine, PhD., author of *Waking the Tiger; In An Unspoken Voice, How the Body Releases Trauma and Restores Goodness; and Trauma Proofing Your Kids*. Discover how violence, abuse, motor vehicle accidents, bullying, surgeries, sudden death of a loved one, and other events that were “too much too fast” can affect the nervous system. Videos of leading therapists will demonstrate how SE can restore a natural sense of aliveness, wholeness and calm to traumatized individuals who have had these precious gifts taken away. Learn some basic tools for helping children and adults in the prevention and stabilization of trauma and for the treatment of panic attacks and nightmares.

\* indicates NEW COURSE

**Instructor:** Krystal Angevine, LCSW, LCAC, BCB-N, specializes in trauma therapy, panic attacks, nightmares, and anxiety. Krystal is an Advanced Level provider of SE therapy as well as IFS Therapy and biofeedback. Her private practice website is [www.biofeedbackcounselingcenter.com](http://www.biofeedbackcounselingcenter.com).

**Friday / March 2 / 8:30 - 11:30 a.m. / \$55** (\$65 after Feb. 24)

**Earn 3.3 Social Work CEUs / 3.3 MFT CEUs**

### **The Kentucky Code of Ethical Conduct**

Learn about 201 KAR 23:080 and the Kentucky Board of Social Work Code of Ethical Conduct, Explore how to lessen the vulnerability of complaints and lawsuits. Learn and practice a process for sound ethical decision-making. Course meets the Ethics Renewal Requirement.

**Instructor:** Vern Rickert, LCSW, LMFT, is in private practice. He was the former Executive Director of Boys and Girls Haven and adjunct faculty with Kent School of Social Work\Family Therapy Program. Vern is an experienced workshop and classroom instructor and supervisor for licensure.

**Friday / Mar. 16 / 8:30 - 11:30 a.m. / \$55** (\$65 after Mar. 9)

**Earn 3.0 Social Work ETHICS CEUs**

### **Supporting Clients' Healing and Health Through Psycholo-chi®\***

Psycholo-chi® is a body-centered and cognitive-behavioral intervention that is used to aid clients, couples, families, and organizations in perceiving and activating parts of self that are underutilized or lay dormant so that they can exhibit a larger range of thoughts, feelings and responses. Learn about the 12 aspects of self and how to detect imbalances. Engage in cognitive and body-centered experiential exercises so that you will feel confident in sharing this intervention with clients.

**Instructor:** Lonna Smith, LMFT, MA, specializes in empowerment, spiritual growth and development, self-discovery and healing through the integration of body, mind, emotion and spiritual discovery.

**Friday / Mar. 30 / 8:30 a.m. - noon / \$59** (\$69 after Mar. 23)

**Earn 3.9 Social Work CEUs / 3.9 MFT CEUs**

\* indicates NEW COURSE