

Bellarmino University

Semester Study Abroad Re-entry Session

Benefits and Challenges of Your Study Abroad

Personal growth, academic experience, extra edge, graduate school, new friendships ect.
How did it feel to be an American abroad during the election?
Did you experience any traumatic or euphoric experiences?

Where Can I Go Now and What Can I Do Locally?

- How to plan for another international experience (work or study, Fulbright, etc.)
- How to get involved internationally in the Louisville community (Sister Cities, KRM, Catholic Charities, KY World Trade Center...)by volunteering, working or interning

Sharing Your Experience

Opportunities to share your experience with the BU and local communities:

- Senior Research Week in Late March/Early April
- Working with BU faculty liaison for your major
- Study Abroad Story Night & Photo Contest (Fall)
- Visiting FF & FL classes, Study Abroad Fair, (Fall)
- Be a Cultural Mediator on Campus and in the Community

Coming "Home"

Family, Friends, School- What difficulties have you experienced and how have you overcome them

Employing strategies you used to be successful abroad to assist you in re-adapting to your home culture

Marketing your International Experience to Future Employers

How to showcase what you learned abroad on résumés and during job/graduate school interviews (p. 38-39 Abroad View article sent via email)

How Can the IPO Assist?

We are always happy to hear about your adventures and your experiences abroad! However, if you need assistance coping with re-entry and making the adjustment we are here to help. We can also provide guidance if you are looking into other international programs (academic or work related).

Your Stories

If you could briefly summarize your experience, what would come to mind?