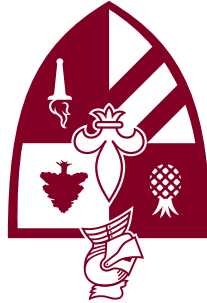


IN VERITATE AMORE
BELLARMINE
UNIVERSITY



BELLARMINE UNIVERSITY
PARENT GUIDEBOOK AND CALENDAR

WELCOME TO THE BELLARMINE UNIVERSITY COMMUNITY



» THIS GUIDE WAS CREATED WITH «

YOU IN MIND

This guidebook and calendar has been created to serve as a resource and to further your knowledge on the transition upon which your son or daughter is embarking. The departure of your student from home can be as difficult of a transition for you as it is for them. You have played an important role in the development and success your student has demonstrated to attend Bellarmine. As a parent you will continue to play a significant role in the lives of your students throughout their four years.

At BU we strive to form a partnership with parents to achieve collaborative initiatives for success. By being aware of appropriate campus resources to refer your student to in times of difficulty, and encouraging your student to self-advocate, you will help to further develop responsibility within your student.

The topics included in this calendar should provide you with a solid foundation of knowledge to be able to address questions and concerns that may arise throughout

your son and/or daughters time at BU. Many parents have reported that they have felt overwhelmed by the ambiguity that takes place in the transition; this guide will prepare you to embrace this ambiguity and help others in your family do so as well.

Just as we encourage your son or daughter to get involved, we also invite you to get connected to the BU community through attending Family Weekend, athletic events, Parents' Homecoming Bash, and promoting Bellarmine pride to the larger community. This calendar is a great place for information, and we are excited to work with each of you over the next four years.

If you have questions or would like information, contact Jessica Hume, Director of Parent Communications at 502.272.8073, Patrick Englert, Director of Student Engagement at 502.272.8323, or simply email us at parents@bellarmine.edu.

AUGUST



The month of August will be full of excitement as your son or daughter prepares for his/her Bellarmine experience. Whether it is packing items for his/her residence hall room, or sitting down as a family to discuss expectations and the mix of emotions, your household will be going through numerous changes.

Questions to Ask

How will my life be impacted as my son/daughter leaves for college? What am I passionate about in my personal life? How will I successfully challenge and support my student? What ways will I get involved with my student's university experience?

Define Your Role

Visit www.bellarmino.edu/parents for resources and information (book club, reading list, newsletter, and more).

Reflect upon the transitional changes you may experience and how these will impact your life. Help your student see how these changes can be exciting and may be filled with many emotions.

Consider finding a new hobby, activity, or connecting with old/new friends.

Acknowledge the role your son or daughter has in the household. Find a way to celebrate this role and the coming changes.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Crossroads One	5	6
7	8	9	10	11 Crossroads Two	12	13
14 First-Year Move-in, Mass, My "New" KY Home Dinner, Ice Cream on the Piazza	15 Parent Crossroads, Welcome Back Picnic/ Matriculation Book Signing, Convocation, Family Send-Off	16 Knight LIFE Student Orientation	17 Knight LIFE Student Orientation, Move-in for Returning Students	18 First Day of Classes	19	20
21 Welcome Back Mass in Frazier Hall - 11 a.m.	22	23 First Pioneer Scholar Meeting for First Generation College Students Held every Tuesday	24	25	26	27
28 Mass in Our Lady of the Woods Chapel - 6 p.m.	29	30	31			

SEPTEMBER



Whether your student is energized by all the opportunities for involvement, or overwhelmed and homesick, there are numerous resources on campus available to help. Offer your support through phone calls, texts, emails, and campus visits. As you and your student experience change and experience this next phase of life, it is important to celebrate accomplishments and acknowledge opportunities for growth.

Questions to Ask

Have you gotten involved on campus or attended any interesting programs? What has been the biggest challenge? Has this transition differed from what you expected?

Join us for Bellarmino Vino: Parent Wine Tasting on September 17, 2011 in celebration of Bellarmine and the impending harvest. Visit www.bellarmino.edu/parents/bellarminovino.aspx for more information.

Define Your Role

Commit to visiting throughout the semester, perhaps during Family Weekend (Oct. 22-24). Visit www.bellarmino.edu/familyweekend to register.

If your student is living in the residence halls, encourage him/her to stay on campus during the weekend. If your student is commuting, challenge him/her to get involved.

If your student encounters a problem, suggest he/she take advantage of one of our campus resources (see list in back).

Remind your student to attend Scarlet and Silver Days activities and the Do Something Fair.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Do Something Fair in the Quad - Free Period <i>Encourage your student to attend</i>	2	3
4 Mass in Our Lady of the Woods Chapel - 6 p.m.	5 Labor Day Holiday University Closed	6	7	8	9 Irish Fest at Bellarmine	10
11 Irish Fest Celtic Music Mass in Our Lady of the Woods Chapel - 6 p.m.	12	13	14	15	16	17 Bellarmino Vino Parent Wine Tasting
18 Mass in Our Lady of the Woods Chapel - 6 p.m.	19	20	21	22	23	24
25 Mass in Our Lady of the Woods Chapel - 6 p.m.	26	27	28 Rosh Hashanah begins at Sunset (Jewish New Year)	29	30	

OCTOBER



At this point in the year, students have finished about a third of their first-semester coursework, and have received grades on their first round of papers and tests. Often, these early grades are surprising, and sometimes disappointing, but students can use them as a gauge to help measure how they should approach the rest of the semester.

Questions to Ask

Have you talked with your professor about how to improve your grades? What is a good amount of time to study for each class? What kind of study materials/methods do you use? Have you learned about the ARC study sessions?

*Be sure to register for The Wizarding World of Bellarmine Family Weekend 2011 before October 15. Learn more about this magical weekend experience for the whole family, visit www.bellarmino.edu/familyweekend.

Define Your Role

Use midterm time as an opportune moment to help your student refocus on making the best of the rest of the semester.

Talk with your student about classes. Ask which ones he/she enjoys, which ones are most challenging, and how he/she copes with those challenges.

Encourage your student to get involved in study groups, and suggest that he/she call the Academic Resource Center if he/she gets overwhelmed.

Students may need to change study habits/planning skills to do better.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 Mass in Our Lady of the Woods Chapel - 6 p.m.	3	4 Blessing of the Animals in the Quad - 5 p.m.	5	6	7	8 Fall Break --
9	10	11	12	13	14	15
16 Mass in Our Lady of the Woods Chapel - 6 p.m.	17	18	19 Last Day to Withdraw from Classes with a "W"	20	21 The Wizarding World of Bellarmine: Family Weekend 2011	22
23 -- ■ Mass - 6 p.m.	24 Hall-O-Treats	25	26	27	28	29
30 Mass in Chapel - 6 p.m.	31 Senior Registration					

NOVEMBER



Choosing a major can be a stressful process. Freshman year is a time of exploration, and while general education courses are recommended, students should also consider taking a few classes within majors they show interest. Encourage your student to work with the Career Development or the Academic Resource Center if he/she is struggling to choose or change his/her major.

Questions to Ask

What majors have you considered? Are they still possibilities? If not, what are the reasons you have ruled specific majors out as options? What classes have been most difficult/interesting for you?

Define Your Role

Help students identify their primary goals by challenging them to determine both short and long term goals.

Talk to your student about his/her academic strengths, as well as academic areas in which he/she may need further development.

Make sure that your student knows that there are many resources on campus in regards to career and major exploration. Encourage her/his to ask for help!

For exploration of majors, faculty can help your student learn about fields of interest, careers, and major.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Senior Registration	2 Junior Registration	3 Junior Registration	4 Sophomore Registration	5
6 Mass in Our Lady of the Woods Chapel - 4:30 p.m. and 6 p.m.	7 Sophomore Registration	8 First-Year Registration	9 First-Year Registration	10	11	12
13 Mass in Our Lady of the Woods Chapel - 6 p.m.	14	15	16	17	18	19
20 Mass in Our Lady of the Woods Chapel - 6 p.m.	21	22	23 Thanksgiving Break	24	25	26
27 Mass in Our Lady of the Woods Chapel - 6 p.m.	28	29	30			

DECEMBER



The holidays and winter break can be an emotionally tumultuous time for students. They have just finished finals and would like to relax, but may be working part-time or getting re-adjusted to family life. Welcome your student home, but make sure you have a clear understanding of each other's expectations for the holiday break. Schedule a special outing to celebrate your student's homecoming.

Questions to Ask

Do you have any concerns in regards to coming home for the break? How might the holidays be different this year as compared to the past? What are your plans for the break? What are some ways you plan on using break time productively?

Define Your Role

Consider that your student is gaining independence, and be willing to be flexible if he/she gives you good reason.

Encourage your student to spend some break time doing something productive. It will keep him/her emotionally balanced and mentally sharp.

Conflict often arises around the fact that students have been independent for months, but parents would like them to follow the same rules they always have. Be clear with your student about your expectations before he/she gets home.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 No Classes - Study Day Undergraduates Graduating in Dec. 2012 Apply for Graduation	2 Final Exams	3
4 Mass in Our Lady of the Woods Chapel - 6 p.m.	5	6	7	8 Immaculate Conception Mass in Our Lady of the Woods Chapel - 9 p.m.	9	10
11	12 Grades Available on myBellarmine	13	14 December Commencement	15	16	17
18	19	20 Hannukkah Begins	21	22	23 Christmas Vigil in Our Lady of the Woods Chapel - 5:30 p.m.	24
25	26	27	28	29	30	31

JANUARY



Winter breaks can be particularly joyful as students get to spend time with family and friends, but for many students, beginning classes after several weeks off can be difficult. Help students back into college mode by having them dust off their books, review their spring schedule, or make plans for the upcoming semester.

Questions to Ask

What does your schedule look like for the spring semester? What challenges/successes do you expect this semester? How do you plan to get involved on campus this semester?

For a chance to visit your student in the spring semester, register now for the Parents Homecoming Bash at www.bellarmino.edu/parents/parenthomecomingbash.

Define Your Role

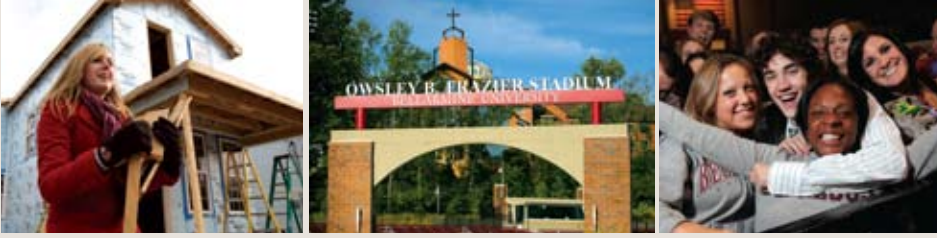
Be supportive! College classes are more challenging than high school courses, and students need to know that you are there to support them through this transition.

Acknowledge that your student may feel sad about leaving family and returning to the routine of the semester. Provide positive encouragement about the experiences he/she will encounter.

Encourage students to begin thinking about the great things that they will experience the second semester such as, spring break, volunteer opportunities, or ways that they can get involved during the spring semester.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 First Day of Classes	6	7
8 Mass in Our Lady of the Woods Chapel - 6 p.m.	9	10	11	12	13	14
15 Mass in Our Lady of the Woods Chapel - 6 p.m.	16 Martin Luther King Jr. Day No Classes	17	18	19	20	21
22 Mass in Our Lady of the Woods Chapel - 6 p.m.	23	24	25	26	27	28
29	30	31				

FEBRUARY



Spring Break offers many students a week free of classes, studying, and responsibility. Students go on vacations, participate in an alternative spring break,* or go home to spend time with family and friends. Encourage your student to enjoy the week.

Questions to Ask

What are your Spring Break plans? How do you and your friends hold each other accountable? What safety considerations should you consider? What Alternative Spring Break trips are being offered?

*Alternative Spring Break is sponsored by Bellarmine and allows students to visit locations such as Guatemala, Belize, New Orleans, and Appalachia to engage in community service. Encourage your student to explore these opportunities as it will provide a chance to meet new people/cultures.

Define Your Role

Start talking with your student about which courses he/she plans to take in the summer or fall.

If your student lives on campus he/she will need to start thinking about housing for the coming year. If your student decides to move off campus, he/she must apply for a housing exception.

Spring Break is a great time to test your ability as a parent at allowing your student to exercise his/her autonomy. Challenge and support your student through the process. If your student is not going anywhere for Spring Break, he/she may be disappointed. Suggest ways he/she can recharge over the break.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5 Mass in Our Lady of the Woods Chapel - 6 p.m.	6	7	8	9	10	11
12 Mass in Our Lady of the Woods Chapel - 6 p.m.	13	14 Valentine's Day	15	16	17	18 Parents' Homecoming Bash
19 Mass in Our Lady of the Woods Chapel - 6 p.m.	20 President's Day	21	22	23	24	25
26 Mass in Our Lady of the Woods Chapel - 6 p.m.	27	28	29			

MARCH



Spring fever makes it hard for many students to concentrate. Meanwhile, the school year is winding down, with research papers, finals looming, multiple commitments, and the end of the semester rapidly approaching. Help spur your student on to the finish by celebrating his/her academic achievements. This time of year is a good point to remind your student about resources such as tutoring in the ARC.

Questions to Ask

What's been the hardest point of the year thus far? How did you overcome it?
 What accomplishment are you most proud of this year? What goal is motivating you to finish this year strong?

Define Your Role

Send your student a (snail-mail) card and/or note stating how proud you are.

Ask about things happening on campus that celebrate student accomplishments (Undergraduate Research Week is a great example).

Offer to come see your student perform in a concert or play/play in a game/give a reading, etc.

If you sense your student has developed "spring fever," ask how you can help motivate him/her.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
	Spring Break (University closed on March 9)					
11	12	13	14	15	16	17
Mass in Our Lady of the Woods Chapel - 6 p.m.		May 2012 Graduation Fair	May 2012 Graduation Fair, Last Day to Withdraw with a "W" from a course			
18	19	20	21	22	23	24
Mass in Our Lady of the Woods Chapel - 6 p.m.	Senior Registration	Senior Registration	Junior Registration	Junior Registration	Sophomore Registration	
25	26	27	28	29	30	31
Mass in Our Lady of the Woods Chapel - 6 p.m.	Sophomore Registration	First-Year Registration	First-Year Registration			

APRIL



Whether your student decides to get a job, an internship, take a summer course, or study abroad, make sure that he/she is making the most of his/her summer break. Students may also need some time to recharge their batteries for the upcoming year, so finding ways to have fun is extremely important.

Questions to Ask

What would you like to accomplish this summer? Do you need to take a summer class/internship to stay on track? How will you have fun this summer? What have you learned thus far from your college experience?

*Remind your student to complete the Presidential Achievement Scholarship and to inquire about summer school grants through the ARC.

Define Your Role

Have your student work with the Career Center to find a summer job or internship. Some internships are even paid.

Encourage students to take a summer course to catch up on classes that they may have not yet taken, or to lighten their load for the upcoming year.

Be prepared for students to miss friends. They may also struggle to get re-adjusted to being back home. Help them to develop a routine.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Mass in Our Lady of the Woods Chapel - 6 p.m.	2	3 Undergraduates anticipating May 2013 or Summer 2012 Completion apply for Graduation	4 No Evening classes (classes that begin after 5 p.m.)	5 Easter Holiday No Classes	6	7
8 Mass in Our Lady of the Woods Chapel - 6 p.m.	9 No Day Classes (Evening classes resume at 5:30 p.m.)	10	11	12	13	14
15 Mass in Our Lady of the Woods Chapel - 6 p.m.	16	17	18	19	20	21
22 Mass in Our Lady of the Woods Chapel - 6 p.m.	23	24	25	26 Study Day No Classes	27 Final Exams	28
29 Mass in Our Lady of the Woods Chapel - 6 p.m.	30					

MAY

BellarMAD LIBS

Overall, my student's year was _____ (adjective). S/he _____ (past tense verb) all year long, until I finally _____ (past tense verb), and told him/her that s/he had to _____ (verb). It was _____ (adjective) at first, then after a while, things became _____ (adjective). My favorite story that my student passed along to me was one about _____ (ask your student to name a favorite professor), and the time that _____ (same professor+past tense verb) at the _____ (location or event) and my student thought that was really _____ (adjective). I feel so _____ (feeling or emotion) about my student's experience this year, and I can't wait until s/he will be back at BU and have the opportunity to _____ (verb) again.

Questions to Ask

What needs to be accomplished this summer to assure you have a successful return in the fall (financial aid, scheduling, etc.)? Tell me about your expectations in regards to...(curfew, communication, etc.).

Define Your Role

Begin conversations with you student early on in the summer in regards to how he/she felt his/her year went. You may find that your student is still struggling to find his or her fit at BU. These are normal feelings. Support your student and help him/her develop solutions to the problems he/she may be facing.

If your student was living away, you may need to discuss expectations/re-negotiate rules.

As a parent you too are going through many transitions. How have you developed, changed, or been impacted in this process? Celebrate your accomplishments as well!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Final Exams	2	3	4 Oak's Day	5 The Kentucky Derby
6 Mothers' Day	7 Senior Week	8 Grades Available on myBellarmine	9	10	11	12 Baccalaureate Mass & Commencement
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUNE



Summer is the time when students most often study abroad, and it is also a great time for students to start planning their study abroad trips for the following year. Bellarmine students study abroad in a wide variety of places—Australia, France, China, Africa, England, Ireland, Japan—and many different time frames, but they all say the experience is safe, educational, enriching, and life-changing.

Questions to Ask

Where would you like to go? What will you do there that relates to your studies? Which option, as far as length and cost, do you think would work best for you? Why is studying abroad important to you?

Define Your Role

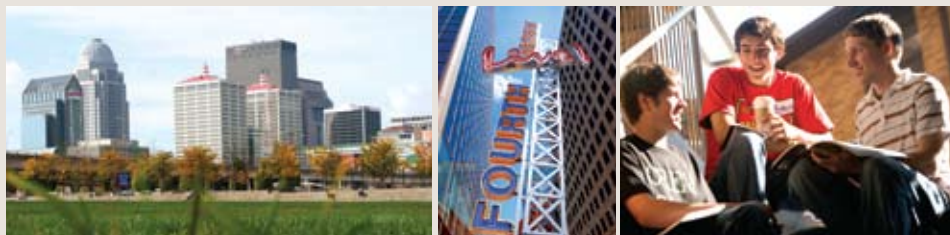
Explore all the study abroad options with your student by checking out the Bellarmine International Programs Office website www.bellarmine.edu/international/ and encourage your student to visit the IPO office with questions.

Don't make assumptions about cost without contacting the IPO office. Though many families often view cost as an impediment, there are a variety of options for students who wish to study abroad.

Several great study abroad trips are offered during the summer.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 Fathers' Day	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JULY



The city of Louisville boasts a wide array of activities and attractions ranging from restaurants to the arts and museums. Encourage your student to get connected with the Louisville community. This connection will assure that he or she is exposed to the diverse population and offerings within the city.

Questions to Ask

What local restaurants have you enjoyed? Tell me what there is to do in Louisville. What opportunities are there in Louisville for community service? How have you explored the city this week? What are strengths/challenges of the city?

Define Your Role

Checkout Louisville Connections a program sponsored by the Student Activities Center. This program provides students with monthly outings to various Louisville establishments such as Glass Works, Actors Theater of Louisville, and Louisville Bats Baseball.

When you visit your student, allow him or her to pick a local restaurant or activity that showcases the city.

If your student is a commuter, challenge him or her to get connected to the city in other ways than he or she never has before.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Independence Day	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

RESOURCES

»» AVAILABLE TO ««

YOU & YOUR STUDENT



----- OR -----



Academic Resoure Center (ARC): Dr. Catherine Sutton, 502.272.8071, csutton@bellarmine.edu

Disability Accommodations: Ronda Purdy, 502.272.8480, rpurdy@bellarmine.edu

Financial Aid: Patricia Worley, 502.272.7300, pworley@bellarmine.edu

Getting Involved: Elizabeth Cassidy, 502.272.8433, ecassady@bellarmine.edu

Intramural Sports: Chuck Vogt, 502.272.8348, cvogt@bellarmine.edu

Personal Difficulties: Dr. Gary Petiprin, 502.272.8480, gpetiprin@bellarmine.edu

Residence Halls: Leslie Maxie-Ashford, 502.272.7273, lmaxie-ashford@bellarmine.edu

Sick or Injured: Alice Kimble, 502.272.8493, makimble@bellarmine.edu

Spiritual Programs & Networks: Dr. Melanie Prejean-Sullivan, 502.272.8051, mjsullivan@bellarmine.edu

Studying Abroad: Erica Ward, 502.272.8423, eward@bellarmine.edu

Summer Job or Internship: Todd Reale, 502.272.8242, treale@bellarmine.edu

Work Study: Alie Willer, 502.272.7923, awiller@bellarmine.edu

General Campus Info: Helen Grace Ryan, 502.272.8426, hryan@bellarmine.edu

parents@bellarmine.edu



»» THE SEAL OF ««

BELLARMINE UNIVERSITY

The **pineapple** is the traditional symbol of hospitality.

The **stripes** represent five important values in the Catholic tradition and the Bellarmine educational experience: The intrinsic dignity and value of every human being; our responsibility to educate the whole person – mind, body, heart and soul; the mystery, interconnectedness and ongoing nature of God’s creation and “the hidden wholeness of things;” the importance of both faith and reason as ways of seeking the truth; and the call to each of us to develop our gifts and abilities to the fullest to give glory to God, serve those in need and make the world a better place.

The **fleur de lis**, the emblem of the city of Louisville.

The Bellarmine motto is *In Veritatis Amore*, “In the love of truth.”

At the top center of the shield appears the **helmet** of the Bellarmine Knight mascot, established by founding President Alfred Horrigan, who was enchanted with the Arthurian legend and the quest for the Holy Grail.

The **Ursula Laurel tree**, from the Ursuline College coat of arms, symbolizes Bellarmine’s participation in the legendary Ursuline education tradition (the schools merged in 1968).

The **torch** represents the light of truth and love.

BU Alma Mater

Words by Dr. Joseph J. McGowan, Jr.
Music: Southern Folk Song

In the City of the Falls, high upon a hill

Stands Alma Mater Bellarmine the
pride of Louisville

Her scarlet, silver colors true, shine
brightly in the sun

And warm our hearts and memories,
your daughters and your sons

The hopes and dreams and values
born in our Kentucky home

Will stir our hearts and minds and lives
wherever we may roam

And as we grow, dear Bellarmine, in
the love of truth

Alma Mater Bellarmine, so grows our
love for you