BELLARMINE

THE MAGAZINE OF BELLARMINE UNIVERSITY

WINTER 2011

Graduate
Dennis Ogbe
heads to the
International
Paralympic
Games

Taking World

ALSO: WEEDS WITH DR. DAVE ROBINSON | GROCERIES WITH MICHAEL POLLAN





- 5 FROM THE PRESIDENT Onward and upward
- 6 THE READERS WRITE Letters to the editor
- 7 CONCORD CLASSIC Msgr. Horrigan recalls starting a college 'from scratch'
- 8 WHAT'S ON...
 The mind of Dr. Evanthia Speliotis
- 9 'WHAT HE TOLD ME' A poem by Steven Carr
- 10 NEWS ON THE HILL
- 18 QUESTION & ANSWER With Dr. Nelson López
- 20 BELLARMINE AT (K)NIGHT It's a different world
- 24 PLANT MANAGER

 Dr. Dave Robinson's interests will grow on you
- **30 GROCERY SHOPPING WITH MICHAEL POLLAN** Froot Loops and other 'edible food-like substances'
- 36 'I CAN DO MORE' Discus champion Dennis Ogbe turns childhood tragedy to triumph
- 42 'ACHILLES IN SPARTA' BU theater in pictures
- 45 ALUMNI CORNER
- 48 CLASS NOTES

ON THE COVER

Bellarmine graduate and U.S. Paralympian Dennis Ogbe launches the discus. Photo by Geoff Oliver Bugbee

LEFT

Night fell over the new University Dining Hall in November. Photo by Geoff Oliver Bugbee

BU Tube

IT'S A FASCINATING TIME TO BE ALIVE. Our ever-changing world constantly presents new wonders — and new hazards. Fortunately, whenever God closes a Windows Vista, he unlocks an iPhone 4: For every problem that comes along, such as Cheetos, there's usually a technical solution, such as angioplasty.

Or, in a pinch, we could resort to a low-tech solution, like not eating those Cheetos in the first place. We were reminded of that in October, when food journalist Michael Pollan spoke to a rapt audience in Knights Hall. Before the lecture, Bellarmine Magazine contributor Emily Ruppel went grocery shopping with Mr. Pollan, and she shares her story in this issue.

Also in this issue, managing editor Carla Carlton visits with Dr. David Robinson, a biology professor who is teaching his students about plant biology using the Bellarmine Farm. Dr. Robinson is interested in finding



effective, natural ways to kill weeds, and, by isolating the genes in ragweed that cause allergies, to neutralize that weed's threat to humans. Those are efforts any gardener or victim of the Ohio Valley Crud can get behind.

Another interesting technological innovation is the "QR code" that is popping up everywhere. A QR code is like the product barcode you might find on, say, a bag of Cheetos, except it directs your

smart phone to a specific web page. The op-art (at left) is an example. If you scan it using a smart-phone app like Red Laser or Barcode Scanner, you'll be whisked away to Bellarmine's YouTube channel (www.youtube.com/bellarmineuniversity), where you can watch some great Bellarmine videos right on your phone.

And video is a great way to spread the word about what a great place Bellarmine is, says Rondah Kinchlow, Bellarmine's director of multimedia communications. "With our YouTube channel, we hope to tell the great stories that are going on here every day," she said. "We'll also add videos that complement the stories in Bellarmine Magazine, including a video interview with Dr. Robinson."

In addition to that video, you'll also find a goosebump-inducing video called "In Veritatis Amore" that celebrates Bellarmine's 60 years. Other videos highlight international students, the new University Dining Hall and a special choral version of our school song, "Alma Mater Bellarmine."

I encourage you to check out the Bellarmine YouTube channel on your browser, your phone or whatever new technology has come out in the last half hour. And stay away from those Cheetos. Not only are they bad for you; they'll also turn your phone orange.

Jim Welp '81, Editor-in-Chief jwelp@bellarmine.edu



OFFICERS OF THE UNIVERSITY

Dr. Joseph J. McGowan

Dr. Doris Tegart Senior Vice President for Academic Affairs

Dr. Fred Rhodes Vice President for Academic & Student Life

Mr. Sean Ryan
Vice President for Enrollment Management

Mr. Glenn Kosse Vice President for Development & Alumni Relations

Mr. Hunt Helm Vice President for Communications & Public Affairs

Mr. Bob Zimlich Vice President for Administration & Finance

BELLARMINE MAGAZINE STAFF

Editor-in-Chief Jim Welp '81, Assistant Vice President for Publications and Electronic Communications

Managing Editor
Carla Carlton, Director of Development Communications

Creative Director & Designer Brad Craig '01, Director of Creative Services

Assistant Designers Amber Dunlap '10 MAC, Graphic Designer Katie Kelty '07/'10 MAC, Graphic Designer

Editors Maria González, Administrative Assistant

> Contributors Geoff Oliver Bugbee Emily Ruppel '08

Bellarmine Magazine is published for and distributed to the alumni, parents and friends of Bellarmine University by the Office of Communications and Public Affairs.

www.bellarmine.edu





Onward and Upward

ON THE COVER OF THIS ISSUE of Bellarmine Magazine is a remarkable young man. Dennis Ogbe, who overcame paralysis following a childhood bout with polio, came to Bellarmine University as a student-athlete after track and field coach Jim Vargo met him at the Paralympic Games in Sydney, Australia. Dennis excelled at Bellarmine both academically and as an athlete, and this month he will represent the United States in the International Paralympic World Championships.

When asked about his amazing successes, Dennis is characteristically modest. His motivation, he says, is this belief: "I can do more."

Dennis' motto is an apt one as well for the institution where he earned both his undergraduate degree and his MBA. All during this academic year, we are celebrating Bellarmine University's 60th anniversary and the tremendous growth that has occurred over those six decades. But we are also quite aware that we can "do more." This university is still young, still very much in formation.

So young are we, in fact, that in the past few months we have been able to honor — in person — two of our "pioneers." First, in September, Bellarmine's very first student, John O'Regan, Class of 1954, was inducted into the Scarlet and Silver Society. And at winter commencement exercises last month, we bestowed an honorary degree upon our very first full-time woman faculty member, Dr. Margaret Mahoney, who has been a member of the Bellarmine faculty for 53 of our 60 years and who is still a favorite of our history students.

Mr. O'Regan and Dr. Mahoney have borne witness to the remarkable progress Bellarmine has made. In just the 20 years since I became Bellarmine's third president, the number of students has grown by 23.5 percent, and we've seen our geographic reach expand dramatically. The number of undergraduate academic degree and certification programs has more than doubled, and classroom, office and living space on campus has nearly tripled.

In 2005, of course, we unveiled Vision 2020, our bold plan to be the premier independent Catholic university in the South, and thereby the leading private university in the commonwealth and region. Since then, we have added 18 new schools, programs and majors, including the Institute for Media, Culture and Ethics, the School of Communication, the Center for Economic Education and the Center for Regional Environmental Studies. We have added or renovated seven beautiful buildings, including three residence halls (soon to be four), the School of Communication addition and our gorgeous new University Dining Hall. Our enrollment has grown from 2,548 to 3,132, and our campus has become increasingly residential, with 45 percent of our undergraduates now living on campus.

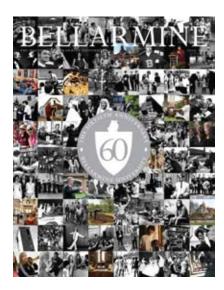
This growth has been careful and strategic. We have added 26 full-time faculty since 2006, maintaining our low student-to-teacher ratio and our high academic standards. Our success has prompted a proliferation of third-party affirmations nationally. Bellarmine is listed as a Top 100 university in Forbes; is included in Princeton Review's 373 Best Colleges; and has been a top-tier master's level university in U.S. News and World Report for 17 consecutive years. In addition, Kiplinger, a publisher of personal finance advice and other business information, ranks Bellarmine among the nation's 100 "best values" for private universities.

This is impressive and exciting progress.

But our success to date can serve only as the foundation and launching point for an even more exciting future — a future so rich, so promising and so important that it recently prompted Bellarmine trustee and alumnus Len Spalding to affirm that, even with all of our impressive growth and success over these 60 years, "Bellarmine's best years are ahead of us!"

As I did when we announced Vision 2020, once again I ask each and every one of you to continue to imagine Bellarmine's future as the top Catholic university in the South and the premier private university in the region; to believe fully in that future, with confidence and conviction; and to help us continue to create the great and historic destiny of Bellarmine University. We can indeed "do more" – and with your help, we will.

Dr. Joseph J. McGowan president@bellarmine.edu



'Thank you, Father Hilary'

I knew Father Hilary (*Namedropping*, Summer 2010) as the big, smiling priest who took many of us semi-talented college students and wove us into a polished group who performed in public on the stage of Ursuline College. This was in the '50s when the NUB Variety Show began its tradition of annual presentations.

Father Hilary was with us at the inception of the show and was with us as we completed college and began our life's journey. There were several reunions along the way where we would gather and reprise our songs, our dances and comedy skits, always with the aid of Bellarmine's orchestra, the Bellaires. We may not have been "professional" in the true sense of the word, but in Father Hilary's eyes, we came very close.

I appreciate your giving me the chance to say, "Thank you, Father Hilary, for being such a grand mentor and friend; thank you for your constant belief in us and for always bringing good cheer with your wide and welcoming grin."

HELEN DILLON MAZZOLI (URSULINE '56) LOUISVILLE

Sixty years of excellence

Fellow Knights: The purpose of this correspondence is to offer my salute and congratulations on Bellarmine University's (it was Bellarmine College when I graduated) attainment of 60 successful years of educational excellence. I was Bellarmine's first Master of Business Administration (MBA) graduate on May 15, 1977.

Your most recent magazine was a treasure trove of fond memories and great photos from the past. As a result of Bellarmine's fine educational reputation and solid training, I was able to retire as a Lieutenant Colonel from the U.S. Army and also as Senior Bank Examiner from the Federal Deposit Insurance Corporation (FDIC).

I attribute my success in no small part to the continued excellence of Bellarmine, its professors and leaders from my attendance 1975-1977 and throughout the last 33 years. Dr. Petrik would be so proud of our university if he could see it now! We have much to be proud of and much yet to achieve. I wish you every success in the continued expansion and influence of Bellarmine University.

JOHN A. ADAMS III '77 MBA SHARPSBURG, GA.

Runner-up debater makes good

You may have already received a number of answers on this but the young man on the back of the Summer 2010 issue of Bellarmine Magazine is Larry Goodwin. He was my debate partner and a seminarian at the time. He received a Ph.D. in Theology from the University of Chicago and is currently the president of St. Scholastica University in Duluth, Minn. He also managed a second place in the original oratory category at the St. John Fisher Debate tournament in 1967. Seeing this picture inspired me to track him down.

JERRY LYNCH '68 DEAN, KRANNERT SCHOOL OF MANAGEMENT PURDUE UNIVERSITY, WEST LAFAYETTE, IN.

LETTERS TO THE EDITOR: Please include your full name, address and a phone number. We may edit letters for clarity, length and accuracy.



Send your letter snail mail to: Bellarmine Magazine, 2001 Newburg Road Louisville, KY 40205



Send your letter via e-mail to Jim Welp at jwelp@bellarmine.edu

CONCORD CLASSIC

THIS STORY APPEARED IN THE OCTOBER 3, 1990, ISSUE OF THE CONCORD, ON THE OCCASION OF BELLARMINE'S 40TH ANNIVERSARY.

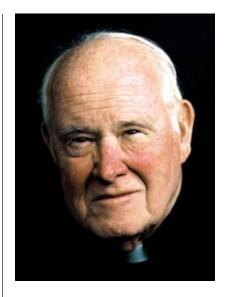
Horrigan remembers BC

IN SEPTEMBER 1949, Monsignor Alfred Horrigan and his friend Monsignor Raymond Treece were called upon by Archbishop John A. Floersch of Louisville to found a Catholic men's college. When both turned down the Archbishop's offer, he promptly decided that since neither wanted the responsibility, both would have it.

At that moment, Horrigan and Treece formed a team that would last nearly a quarter of a century. They followed through with their assignment, and Bellarmine College was born.

"It was kind of fun to start a college from scratch," Monsignor Horrigan comments today. "You had no faculty, no student body to worry about, no alumni on our necks. We were completely free-spirited to do almost anything we wanted."

Horrigan said Bellarmine was able to provide leadership in its infancy, issuing a statement before it opened that the college be totally integrated in terms of race during the racial controversy



of the 1950s. He remembers losing almost a third of the student body of the school's first year due to the male call-to-service of the Korean War. He also recalls the day that Senator John F. Kennedy visited campus. ...

There were also the transition days of the Bellarmine-Ursuline merger, which created a tension on campus between males and females.

"I take great satisfaction in the continued growth of Bellarmine over

the years," Horrigan noted, "But this growth comes in no way as a surprise to me. From the time of its establishment in 1950, I have always been convinced that Bellarmine was providentially destined to be a continuing force in the religious, professional, and business life of Louisville and its region of our country."

Horrigan retired from the presidency in 1972, but his involvement with Bellarmine continues to this day. For several years, the Monsignor was a part-time faculty member and he makes occasional visits to the campus. He attended September 17's Day of Reflection and will give the homily at the mass on October 9, which commemorates the founding of Bellarmine.

Does Horrigan have any regrets about his tenure as leader of Bellarmine? "One decision that I take full responsibility for is the horrible yellow brick I chose for the Administration Building. I'll have to do penance for that forever," Horrigan laughs.

By Michael Steinmacher FEATURES EDITOR



EVANTHIA SPELIOTIS

This time in "What's On?" we ask Dr. Evanthia Speliotis, associate professor in the Philosophy Department, to mull over the big questions. Dr. Speliotis, who came to Bellarmine in 1994 and whose area of specialization is ancient Greek philosophy, teaches several philosophy courses, IDC classes on Justice and Homer, and Ancient Greek, along with a Veritas course on ancient Greek authors in the spring. You might also know her for the amazing baklava that she makes and sells several times a year.

YOUR BOOKSHELF?

A lot of my reading is related to the classes I teach. So on my bookshelf are works by Plato, Homer, Sophocles, Aristophanes and Aristotle, to name a few, But I read almost obsessively - when I exercise, before bed, in order to relax - and often want something lighter. So my bookshelf also contains mysteries (Agatha Christie, Dorothy Sayers, Martha Grimes, but also, I confess, J.D. Robb), Shakespeare, Mark Twain, the Harry Potter books, Artemis Fowl, Alice in Wonderland and other children's classics, as well as some contemporary popular novels (with happy endings).

YOUR IPOD?

Alas, I am a dinosaur: I do not have an iPod. When I do listen to music, I like classical (Mozart, Beethoven, Brahms and Bach, especially) and Greek music. I also like folk music and ballads, since I find my ear often tunes in to words at least as much as to music. Some artists to whom I was introduced in college and continue to enjoy include Bob Dylan, Joan Baez, Judy Collins, Joni Mitchell, Harry Chapin and Cat Stevens.



YOUR TV?

If I'm on the exercise bike between 6 and 7 p.m., I will see if Cash Cab is airing. If I'm home with my daughters on a weekend night, we will watch either a cooking show like Iron Chef or Chopped, or a home improvement show.

YOUR MIND? When I step back to reflect on my adult life, I realize that, in one sense, it has been spent in pursuit of community. Why, though,

have I been seeking this? Aristotle

proclaimed that the human being is a political animal: a being that needs to be with others if it is to be fulfilled and happy. But what does this mean practically? The question matters deeply, for our answer determines how we structure our lives, what we value, how we vote. Though I do not know finally and completely what is the good that is the community, I have benefited so much in my life from community with others: from my immigrant parents, who gave me a foundation in two cultures; to my teachers and mentors, who taught me the richness of wondering; to my friends, who have gently corrected my wrongheadedness and stood by me even in bad times; to my students, who continue to surprise and teach me with their insights and their questions; to my children, who show me every day what it is to love.

What He Told Me

By Steven Carr

He told me he was reading Byron in the bath tub, and I walked in beauty, like the night, and underneath all that hair and skin and those piercing blue eyes was someone who yearned to reach out and touch me in my heart of hearts below.

He told me he birthed two children from a broken wedding, and everyone he'd known had gone. The Mormons had lied to him for twenty some-odd years, and upon saying this, his face flushed through the phone. I could feel it.

He moved across the country, ended up in Indiana. He helps the broken hearted and the physically disabled piece together life, though his is mangled more than most. It was here, after all that running, he discovered living was not anything he thought that it would be.

The woman he is with will not let him be free. She does not want him out, want him near another. He thinks he is in love. It's supposed to feel like confinement, but it does not stop him from leaving me messages that are teardrops and chocolate and nights when the air is warm and the blanket is too heavy to lie under.

All I want is for someone to touch me the way he promised he would, under all that hair and skin and those piercing blue eyes, But he is not here to be that person. He never will be.

He told me he was reading Byron in the bath tub, and I listened to every word he said.

Steven Carr, a senior from Louisville, is majoring in English and psychology.







New University Dining Hall opens

Amid a flurry of recent construction on campus, perhaps the project that has had the most significant impact on student life is the new University Dining Hall that opened in October.

While built partly on the footprint of the old Koster Commons cafeteria, the new facility – dubbed U-Hall by students – has little in common with its outdated, undersized predecessor.

The 540-seat, 21,500-square-foot dining hall features indoor and patio seating areas with a panoramic window – 25 feet tall – providing an abundance of natural light and scenic views of Bellarmine's rolling hills.

It was constructed as part of a \$7.5 million overhaul of the George G. Brown Center, which also includes a renovated and expanded School of Communication and the Amelia Brown Frazier Convocation Hall.

"As Bellarmine grows, it's important we develop support facilities that meet the needs of our students," said Dr. Joseph J. McGowan, Bellarmine's president. "That's why we've invested in the new University Dining Hall, new residence halls, improved classroom space, additional parking, and better athletic facilities."

University Dining Hall will use fruits and vegetables grown locally on the Bellarmine Farm, which is a project of the university's Center for Regional Environmental Studies.

In addition to the new dining space, the university's concessionaire – Sodexo – operates a food court in Horrigan Hall, a café in the Siena residence hall complex, and snack stands in Pasteur Hall and the Bellarmine Office Building.

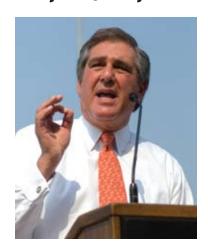
SuRF Makeover

This fall, Bellarmine's Sport, Recreation, and Fitness Center – known as the SuRF - received a major overhaul, including new locker rooms and showers, an improved changing area and a more inviting lobby.

SuRF use is free for current students, faculty and staff. Affordable memberships are available for Bellarmine alumni. For more information, call 502.272.8326.

Photos by Geoff Oliver Bugbee

Mayor Jerry Abramson to teach at Bellarmine in 2011



When longtime Louisville Mayor Jerry E. Abramson leaves city hall in January 2011, he will bring his impressive credentials — and his equally impressive Rolodex — to Bellarmine University as an executive-in-residence. Abramson will teach classes on leadership and civics, and organize lectures and workshops at Bellarmine.

"I'm excited to share some of the lessons I've learned in more than two decades of public service with the leaders of tomorrow," Abramson said. "I look forward to doing my part to inspire students and increase educational levels in our community."

In the Spring 2011 semester, Abramson is teaching two classes in Bellarmine's interdisciplinary general education program. *U.S. Leadership* will offer students the opportunity to meet a variety of proven leaders as they develop their own leadership and critical thinking skills. *Place Still Matters* will explore the challenges and opportunities facing American communities during a time of rapid change.

Abramson will draw on his extensive network of elected,

civic and business leaders to offer a variety of perspectives during his classes and other campus lectures throughout 2011. He will also be available as a guest lecturer for other classes at Bellarmine.

Abramson holds a bachelor of science in business economics from Indiana University and a law degree from Georgetown University in Washington, D.C. He has been Louisville's mayor for 21 of the past 25 years.

He has served as president of the U.S. Conference of Mayors and has been recognized as America's Local Public Official of the Year by Governing magazine, one of the nation's top mayors by Newsweek and U.S. News & World Report, and as Kentucky's best civic leader by Kentucky Monthly.

Michael Pollan lecture draws a huge crowd

Michael Pollan drew an enthusiastic crowd of more than 1,500 to Knights Hall in October for a lecture on America's food culture.

Pollan — author of the best-selling books *In Defense of Food: An Eater's Manifesto*, and *The Omnivore's Dilemma: A Natural History of Four Meals* — came to Bellarmine for a Vision 2020 lecture.

After a stop at a local grocery store, Pollan showed the audience several "food-like products" that he said boasted dubious health claims. He then gave the audience tips for finding real food, including staying out of the aisles in the middle of the grocery store, and shopping at local farmers' markets when possible. "Don't eat anything your grandmother wouldn't recognize as food," he said.

Weaving Wendell Berry and Thomas Merton into a lecture that was part comedy routine and part warning about the health impact of food choices, Pollan entertained an audience that was very supportive of his message. After a question and answer session moderated by Frederick Smock, chair of the English department, Pollan signed books for a long line of fans.

For more about the lecture, please see "Grocery Shopping with Michael Pollan," on page 30.



Photo by Geoff Oliver Bugbee

Lockhart's St. Robert Bellarmine sculpture unveiled



Photo by Geoff Oliver Bugbee

As part of the Knight of Knights festivities in October, art professor Bob Lockhart's latest work was unveiled in Bellarmine's quad. A 10-foot sculpture of St. Robert Bellarmine has been prominently installed outside the W.L. Lyons Brown Library.

The sculpture features Bellarmine standing over an Italian village modeled after his birthplace, Montepulciano. The village also includes elements from Rome, where he lived and worked.

The 2,400-pound sculpture has Bellarmine holding his influential book, De Controversiis Christianae Fidei, in which he addressed the major theological controversies of his day.

Lockhart created the sculpture in his Crescent Hill studio over the past three years. Starting with a smaller clay model, Lockhart agonized over details such as the texture of the hands, and Bellarmine's attire, which required consultation with Jesuits in Rome. Lockhart let his own beard grow for six months when he found himself dissatisfied with his first attempt to sculpt Bellarmine's facial hair.

Lockhart found his subject matter fascinating. "St. Robert Bellarmine could have been royalty, but he lived as a pauper," he said. "They say he ate water, bread and garlic. Everything in his home was given away to the poor. When you read about this individual, there are so many different sides to him that intrigue me as an artist."

The sculpture is a gift from Colleen Liebert, a member of Bellarmine's Women's Council, in memory of her husband, Dennis Liebert, who was a close friend of McGowan.

Another major Lockhart work, the Bellarmine Knight, is a short distance away from the new St. Robert Bellarmine sculpture.

Bellarmine ranks among top colleges

Bellarmine University has earned several prestigious national rankings in recent months.

The Princeton Review named Bellarmine one of the nation's top 373 colleges and recognized Bellarmine's Rubel School of Business as one of the nation's best 300 graduate business programs.

U.S. News & World Report ranked Bellarmine 12th among Southern universities in the United States, which is Bellarmine's highest ranking ever by that publication.

Kiplinger ranked Bellarmine among the nation's 100 "best values" for private universities. Kiplinger, a publisher of personal finance advice and other business information, measures the academic quality of each school against its affordability, with academic quality accounting for two-thirds of the total score.

On the Kiplinger ranking, Sean Ryan, Bellarmine's vice president for enrollment management, said: "Bellarmine's inclusion on this list celebrates our emphasis on providing a first-rate education at the most affordable price possible. Our admissions and financial aid team works closely with prospective students and their families to help them make their private college education more affordable than many expect."

For the most recent news and events, go to www.bellarmine.edu/news

President McGowan 'knighted' by Board of Trustees

When Dr. Joseph J. McGowan was inaugurated as the third president of what was then Bellarmine College in 1990, he spoke of creating a primarily residential college, nurturing faculty as the institution's greatest asset, and raising an endowment to support future growth.

Twenty years in, McGowan's original vision has been largely realized, and Bellarmine University continues to expand.

Recognizing two decades of leadership and service to Bellarmine and Louisville, Bellarmine's Board of Trustees selected McGowan as the 12th person to be "knighted" by the university. The ceremony took place during Bellarmine's annual Knight of Knights fundraising event on Oct. 8. The university has bestowed the honor upon outstanding individuals since 1998 in recognition of support

and service to Bellarmine University.

Under McGowan's leadership, Bellarmine has more than quadrupled its endowment, nearly tripled the number of buildings on campus, added nearly 25 percent more students, increased the number of full-time faculty by 68 percent, doubled the number of undergraduate and graduate degrees offered, added the school's first NCAA Division I sport (lacrosse), and nearly quadrupled the number of students living on campus, qualifying Bellarmine as a "primarily residential" campus by Carnegie Foundation standards.

"This year, the trustees reviewed Dr. McGowan's list of possible nominees for the Knight of Knights, but ultimately decided that he would be the best choice," said Tom Thomas, chairman of Bellarmine's Board of Trustees. "Jay has been a transformational leader for Bellarmine. His leadership has been good for the university, but it has also been beneficial for our city and the region, which are in desperate need of a more highly educated workforce in order to remain competitive."

McGowan came to Bellarmine in 1990 after serving for 22 years at Fordham University in New York as a vice president and dean. Prior to that he was an admissions and financial aid officer at the University of Notre Dame. He received his doctorate in higher education from Columbia University in New York and earned his bachelor's and master's degrees from the University of Notre Dame. He also is a graduate of Harvard University's Institute for Educational Management.



Dr. Joseph J. McGowan is knighted by board chairman Tom Thomas. Photo by James Moses

"His leadership has been good for the university, but it has also been beneficial for our city and the region..."

Wagoners honored with Mock Trial Endowed Fund

To celebrate the 25th anniversary of their founding of Bellarmine University's nationally ranked Mock Trial team, Dr. Ruth and Jim Wagoner were honored at a reception on Sept. 11. The emotional highlight of the event, which was well-attended by former team members, was the surprise presentation of a check for \$83,800 to be placed into the Jim and Ruth Wagoner Mock Trial Endowed Fund to continue this exceptional program. To express his own appreciation for the Wagoners' contributions to the Bellarmine Mock Trial Program – and the myriad benefits it provides to students – Dr. Joseph J. McGowan added money from the president's discretionary fund to bring the endowed fund's total to \$100,000.

To see photographs from the event, visit http://tinyurl.com/bellarminemocktrial.



Photo by Amber Sigman



Roy B. Hill named accounting alumnus of the year

Roy B. Hill, a partner at accounting firm Cotton + Allen, was named Bellarmine's Accounting Alumnus of the Year at the 26th annual accounting alumni luncheon on Sept. 23.

Hill, who received his bachelor's degree in accounting from Bellarmine in 1969 and graduated second in his class, began his career with Yeager, Ford & Warren before joining Cotton + Allen in 1972. This began a 38-year career that has seen Hill advance the growth of the firm. He was admitted as a partner at Cotton + Allen in 1977.

At Bellarmine, he serves on the Executive Advisory Board of the W. Fielding Rubel School of Business and has taught part-time classes.

Cotton + Allen CEO Bob Montgomery described Hill as "a shining example of what a Catholic education based in the liberal arts tradition can mean to an individual, his family, and the community he calls home."

STAY CONNECTED TO BELLARMINE











Fall sports teams finish strong

Bellarmine's field hockey team has completed its best season in school history, with a record 15 wins and three losses during the regular season. The Knights ranked as high as No. 7 in the country at one point, setting another school record, and four Bellarmine players earned national recognition from Womensfieldhockey.com this year: Samantha Biedron was named a national player of the week, and Emily West, Ellen West and Rachel Walz all earned "national honor roll" recognition. Emily West was also selected to participate in the National Field Hockey Coaches Association North/South Senior All-Star game.

Meanwhile, the volleyball Knights enjoyed a school record nine-game winning streak in October and November. The streak carried the Knights to an 18-9 regular season record and earned them a berth in the 2010 Great Lakes Valley Conference tournament.

The women's cross country team finished their season as conference champions for the first time in their history, nudging out nationally-ranked University of Southern Indiana. Coach Jim Vargo picked up conference coach of the year honors, and four Bellarmine runners earned all-conference honors: Carissa Martin, Meghan Shagena, Angela Musk and Kelsey Love.



Alex Jones (Bellarmine runner) leading the pack at the 2-mile mark of the NCAA Regional. The men's team qualified to compete for the NCAA Championship.



Knights shock Division I Xavier in exhibition

In a sports world that thrives on "David beats Goliath" stories, Bellarmine's men's basketball program generated some notable buzz with a 63-61 victory over Xavier University, an NCAA Division I program. The upset came during a November exhibition game in front of a crowd of more than 10,000 at Xavier's Cintas Center.

After trailing by 10 points at halftime, the Knights completed an impressive comeback when Jeremy Kendle hit two free throws with 1.3 seconds remaining. The Musketeers tried to respond with a last-second half-court shot that bounced off the front of the rim.

Xavier, one of only two Division I teams in the nation to make the NCAA Sweet Sixteen for the past three years, finished last season with a 26-9 record and no losses at the Cintas Center.

"We didn't play very well in the first half," said Scott Davenport, Bellarmine's coach. "I was disappointed because of their lack of poise, but we addressed that at halftime, and came out and did a much better job in the second half."

Davenport added that perhaps the best take-away from the game was his team's lack of satisfaction from the win. "They were happy, but I know my team and they were in no way, shape or form satisfied with their play."

Bellarmine was picked by coaches as the favorites to win the Great Lakes Valley Conference's East Division this year, and ranked high in Division II pre-season polls.

For ticket information, visit athletics.bellar-mine.edu or call 502.272.8380.

Lacrosse coach Jack McGetrick

On Oct. 9, the Bellarmine community lost a great friend and a fierce competitor in Jack McGetrick, the school's lacrosse coach. McGetrick, 60, passed away after a long and courageous battle with cancer.

McGetrick helped found Bellarmine's lacrosse program in 2004 and had been its only head coach since the Knights started competing at the NCAA Division I level in 2005.

He led the Knights to a 45-41 record, ending with a thrilling 14-13 overtime victory at Ohio State on May 1, 2010. Well-known in the national lacrosse community, McGetrick was named the sport's coach of the year in 1997, while coaching at the University of Hartford.

"Jack McGetrick will be sorely missed," said Dr. Joseph J. McGowan, Bellarmine's president. "He was not only loved and revered by his Bellarmine players and family, but across the entire lacrosse community. The courage with which he battled not only cancer but any obstacle he faced should be an inspiration to us all."

McGetrick was known as a fierce



Photo by Geoff Oliver Bugbee

competitor throughout his career, even after being diagnosed with cancer nearly two years ago. He never missed a game or a practice despite a difficult chemotherapy program. During an interview with Lacrosse Magazine last season, McGetrick said, "I can't say that every day is good, but I haven't missed a practice or a game. Sometimes I have to really push myself."

A highly motivated athlete who played lacrosse and soccer in college,

McGetrick found ways to compete after his playing days were over. In 1987, he ran the Boston Marathon, with a sub-three hour finish time. That same year he won the 35- to 40-year-old age division of the Cape Cod Ironman competition.

Last spring, Bellarmine dedicated the Jack McGetrick Plaza and Locker Room at the school's stadium.

McGetrick is survived by his wife, Lysa, and four children: Trista, Devon, Eamon, and Connor.

Dr. William Tietjen, biology professor

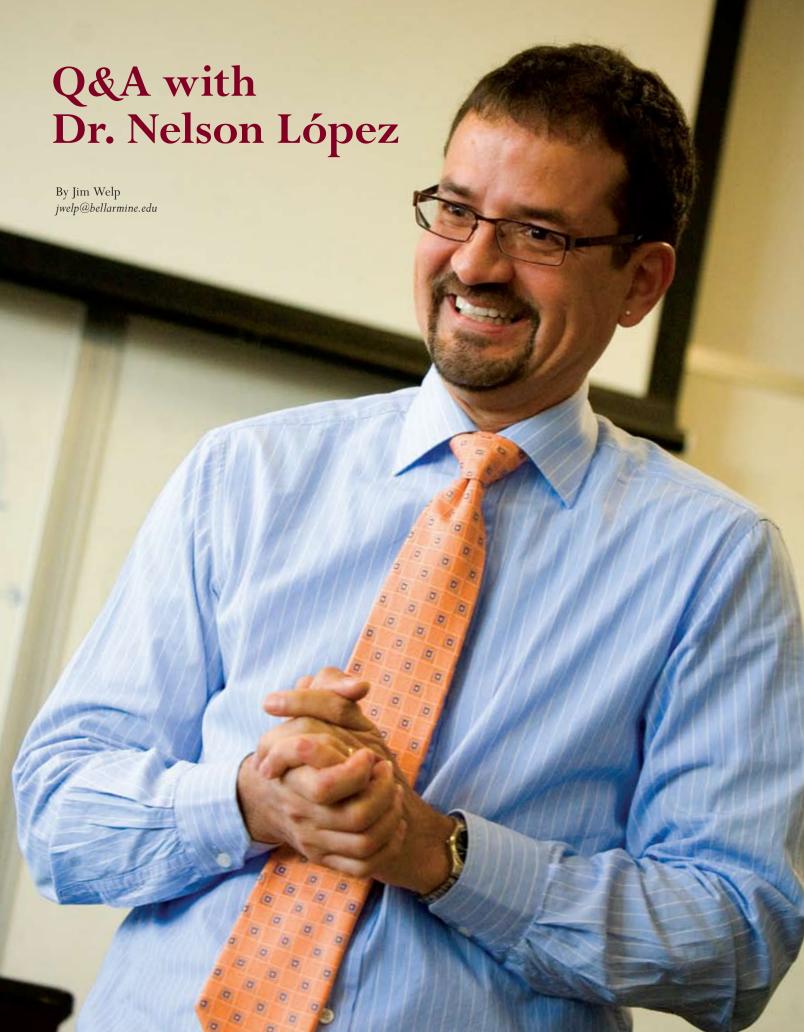
Dr. William Tiejten, professor of biology, died Aug. 20 after a long illness and after suffering a stroke. He was 59 years old.

Dr. Tiejten joined the Bellarmine faculty in 1990. His areas of expertise included animal behavior, invertebrate zoology, ecology and – as the many visitors to his web page learned in fascinating detail – spiders and insects.

Before coming to Bellarmine, he taught at Lindenwood College in St. Charles, Mo., and at Georgia College in Milledgeville, Ga. He earned his B.S. degree at Pennsylvania State University and his Ph.D. at Ohio University. He was a member of the Arachnological Association, the British Arachnological Society and the American Association for the Advancement of Science.

Dr. Tiejten was a brilliant scientist, a prodigious scholar and a dedicated and successful teacher. He was deeply committed to his students, colleagues, friends and family.

He is survived by his wife, Dr. Wendy Weger, his sons, Dr. Ian Tiejten and Alexander Tiejten, and his daughter Arielle Tiejten, who, along with her brother Alexander, is an undergraduate student at Bellarmine.



With a flair for drama and enviable comic timing, Dr. Nelson López chairs Bellarmine's Department of Global Languages and Cultures. A professor of Spanish at BU since 2005, Dr. López' specialty is Spanish Golden Age literature and Hispanic and Latino theatre and film. He's also directed and acted in plays at Bellarmine and regularly teaches abroad in Spain.

You recently changed the name of the foreign languages department to "Global Languages and Cultures." Why the change?

The words "foreign" and "languages" together sound less inviting in this day of globalization, where young people have become more tolerant and openminded. The word "global" is allinclusive of languages and cultures. "Culture," because we teach more than about languages; we teach about people, music, art, philosophy, history, civilization. I would dare say that teaching languages is a Swiss-army knife of liberal-art disciplines rolled into one.

Last year, the College of Arts and Sciences instituted a six-credit language requirement for the first time. Why the new requirement?

This was part of Bellarmine's Quality Enhancement Program (QEP), as part of internationalization goals set within the president's Vision 2020. Strength in a second language carries a lot of weight in the job market, in your personal life, and it opens doors to other possibilities. It strengthens any degree. The United States and our leadership have recognized the need to prepare our students to be competitive in the global market. What better way than requiring a foreign language to at least make our students aware of the world they are facing?

What languages does your department offer?

Mandarin, French, German, Italian, Japanese and Spanish. The FLIS major requires students to study one of our pillar languages: French, German or

Spanish. One can minor in any of these three. We also have a new Spanish major that I created which is akin to a degree in Hispanic Studies.

Tell us something we don't know about your department.

Our graduation rate is above the college average, we've had two Fulbrights in the past three years and most of our students do ambassadorial teaching abroad and go to prestigious graduate schools.

Where's your favorite place in the world?

Pandora. Oh, you mean this world. My favorite place in the world is Barcelona, closely followed by Madrid. I don't know why; I am Puerto Rican, born and raised in Brooklyn, which is called a New York Rican, or Nu-Yo-Rican. Hey, wait, I can run for president of the United States! Want to be my running mate? We can call the party the Chai party.

We know studying abroad changes students' lives - how has teaching abroad changed yours?

Mileage. I am getting frequent-flyer miles like there's no tomorrow. Oh, you meant something that will inspire others to pursue the joys and adventures of studying and/or teaching abroad? I like to see students' reactions when they encounter other cultures. I learned to focus more on the students, less on the treachery of technology. It brought me back to basics. Here's a challenge for your readers: How long can you go without checking your e-mail, texting or doing Facebook? The answer is very telling of our human condition.

Your pop culture references are legendary on campus. What's your guiltiest pop-culture pleasure?

Buffy the Vampire Slayer. You have Buffy, a teenager going through all the teen angst, plus vampires. It is brilliant! I mean, forget what you see today, Buffy set the tone for most of those shows out there.

If Don Quixote and Sancho Panza had had iPhones with GPS, might they have avoided tilting at windmills?

I don't think Don Quixote would have an iPhone; he is more of a Kindle person. He probably downloaded all the books of chivalric adventures and consulted them while faced by the Giants, I mean the windmills. Yet if you think about it from an academic standpoint, he would probably think that his nemesis, the wizard Frestón, trapped all his books into that apparatus. A man who loved books would go twice as mad to restore them into print form. Sancho, on the other hand, would definitely have an iPhone to order food on their journeys.

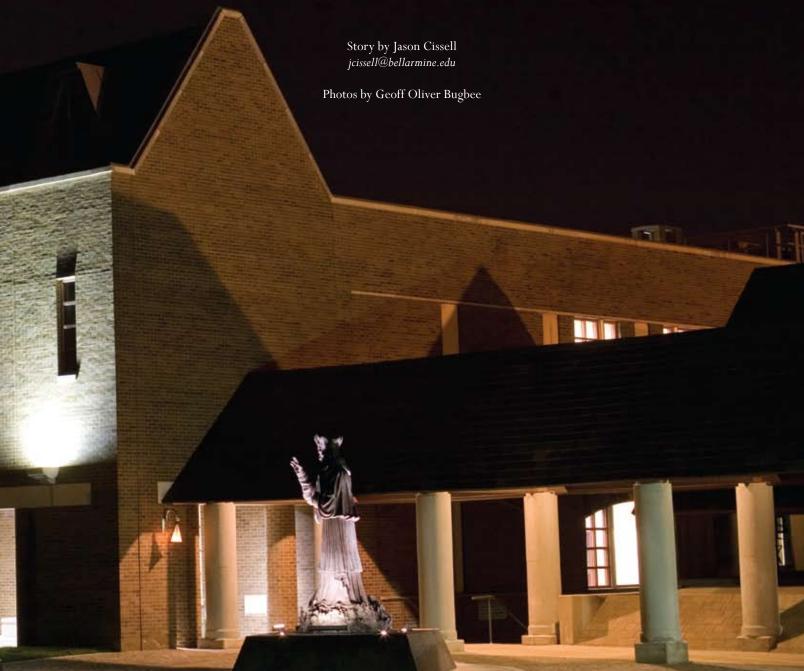
You have been called "intelligent." "funny" and "a good dresser" - and those are just a few of the things you've said about vourself. What else should we admire about you?

It is true I have two terminal degrees, an MFA and a Ph.D., all-non contagious. For the record, my wife doesn't think I am that funny. I used to be a newspaper delivery boy, a photographer, a sculptor, and a printer technician. Some say I am a handyman, a nerd (I build computers), a great cook and I can dance – I definitely say this about myself. Yet, I'd rather be admired for being an educator, a friend, and a mentor.



BELLARMINE AT (K)NIGHT

Residential growth and more night students make campus come alive after dark





AS RECENTLY AS TWO DECADES AGO, Bellarmine's campus was a quiet place at night. Most traditional-age commuter students had left by mid-afternoon, and the relatively small number of residential students had retreated to the residence halls. A handful of students could be found in the library or cafeteria. Night students would rush to campus from work, slip into their classrooms for a few hours, and move on.

Today, a surge in enrollment fueled primarily by the growth of Bellarmine's residential program has roughly 1,000 traditional-age students living on campus, which has transformed the character of the university. In the evenings, students are found cheering on the school's 17 sports programs, playing intramural sports, studying in groups, or relaxing in a growing number of gathering spots around the campus.

The evening students still rush to class after work, but they're met by a more vibrant campus and by a growing number of traditional-age students taking undergraduate classes at night, either because of their own work schedules, or because the only opening in a class they need is at night. Evening students are also experiencing a university more attuned to meeting their needs through enhanced services outside of normal hours.

The W.L. Lyons Brown Library is open for research until midnight, except for Friday and Saturday nights. A food court in Horrigan Hall offers dining options through 10 p.m., and a cafe in Siena Primo operates until midnight. The Sport, Recreation and Fitness Center (SuRF) is open until 11 several nights a week. Lighting enhancements across campus and security call-boxes — along with 10 security officers working shifts around the clock — provide a greater sense of safety.

While evening classes and adult learners have always been a part of the college experience, the changing nature of the American workplace has driven more professionals back to schools like Bellarmine to complete an undergraduate degree or pursue an advanced degree. The motivation can be a desire to climb the career ladder or a fear that an existing job may be less secure without additional education. Whatever the reason, these students need to pursue their degrees after the normal workday ends, and the higher education marketplace caters to them with a growing array of evening and weekend programs.

Accountant Lynnie Hickey-Mechic, 28, based her decision to attend Bellarmine on the strong reputation of the business school, and her need to attend classes at

night was obvious – she had a full-time job. Although she's not currently working, she still prefers evening classes as she wraps up her master's degree in business administration, with a post-baccalaureate accounting certificate.

"The night classes allow me the greatest deal of freedom in my schedule," she said. "If I want to attend a recruiting event, allot some time to hit the books, and make a lunch date with my husband, the night class schedule allows for all of this."

Hickey-Mechic tried a daytime class last year, but found that the evening program better met her needs. She feels connected to the Bellarmine community through her regular involvement in the Bellarmine University Accounting Association, which helped her obtain an internship.

While demands outside of Bellarmine will always prevent some students from taking part in extracurricular programs, Hickey-Mechic thinks more of her student colleagues would take part if they were aware of the options and their potential benefits. "I feel that night students often have to seek out involvements that are presented to daytime students." She suggests that the solution could be as simple as handing out a summary of student organizations on the first night of class.

B. Wayne Speedy, who graduated from Bellarmine with a business degree in 1999 and has since earned an engineering degree, tried to connect with activities while attending Bellarmine at night, but found that many extracurricular programs were either offered during the day while he was at work, or at night while he was in class. He was able to attend some Bellarmine sporting events, such as baseball and softball.

Speedy had a good experience attending classes at night, despite his time constraints. "My overall impression of evening classes was very favorable," he said. "I have over 400 credit hours, all at night. It's very hard to get to know your fellow students when you go at night if you work as well. Most were in the same situation and were good people."

In the School of Communication, evening class enrollment for the undergraduate program has shifted from adult students to mostly traditional-age students, according to Dr. Gail Henson, who has taught in the program since 1987. She credits Bellarmine's administration with being increasingly responsive to the needs of her evening students. "The number of services to meet the needs

of these students has exponentially increased, particularly with food services, the technology help desk, the campus shuttle and library services," she said.

Seth Dixon, a senior majoring in communication, has taken video production courses at night because that's when the adjunct faculty member who teaches them is available. Those classes are offered one night a week, from 6 to 8:30 p.m.

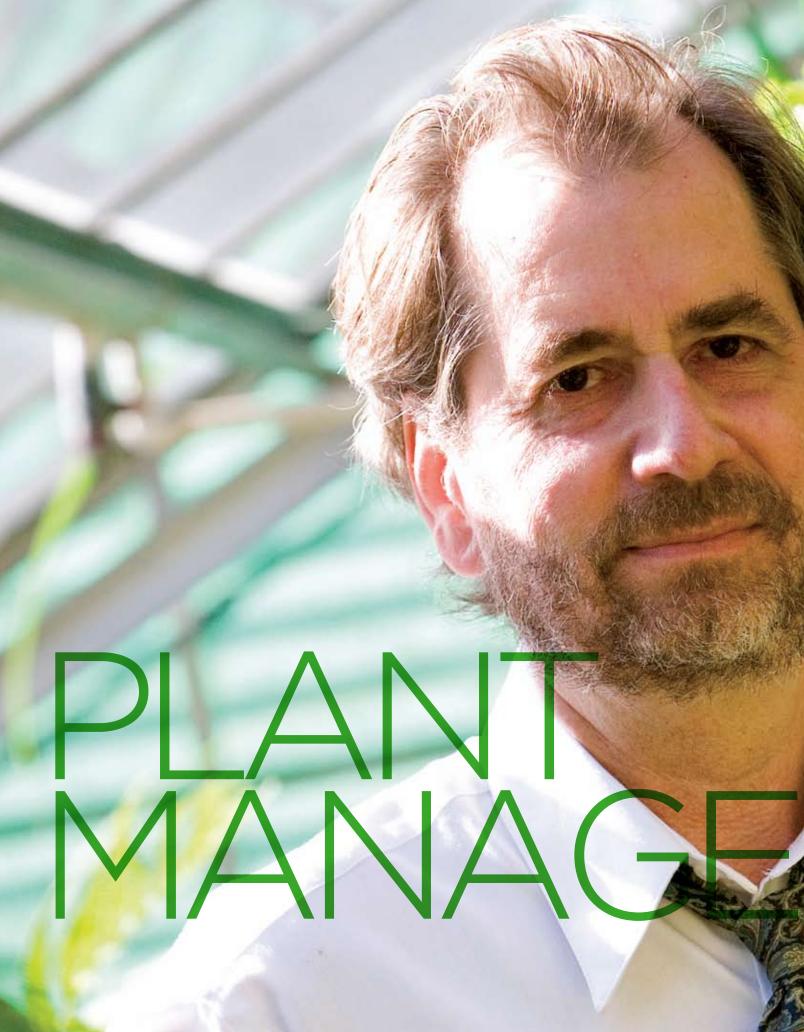
"Because it was more of a lab than a regular class, having it once a week was great because it gave us time to discuss our projects, then work on them before the class meets again," Dixon said. He enjoyed having students of different ages in the class, some of whom were

"THE NIGHT SCHEDU

in the graduate communications program and sitting in on the class for continuing education.

Dixon's time in the production class led to an internship with MetroTV, the government television channel that his professor, Matt Schuster, manages during the day. "From the class, I went into the internship already knowing how Professor Schuster functioned, and what he expected."

Mary Pike, who has taught nursing students on evenings and weekends at Bellarmine since 1983, says that these students often must balance competing demands like a full-time job and a family. Nevertheless, they achieve at a high level, and can make up for their time away from the classroom with experiences they've gained during their careers. Pike's students [CONTINUED ON PAGE 44]





FOR A PLANT PHYSIOLOGIST, "What's your favorite plant?" has to be a tough question. There are something like 350,000 species of plants on the globe. Some produce glorious flowers; others, succulent fruit. Some grow up to two feet a day; others can live for hundreds, even thousands, of years. With all those choices, Dr. Dave Robinson's answer might surprise you:

"I like weeds."

"I'm a horrible gardener," he confesses. "Every time a weed grows, I don't want to kill it. It's like, 'Oh, let's see what the flowers look like.'"

Robinson, an associate professor of biology, became interested in weedy plants when he realized that scientists aren't studying them. "We don't know about their basic biology. It's the philosophy of 'know-thy-enemy.' It's so easy to spray herbicides. Just spray 'em and kill 'em. But that has environmental risks, it costs a lot of money and it has possible health problems. We've done a really good job with insects. There are lots of natural ways to control insects now. Could we come up with more efficient, natural methods to kill weeds? Maybe.

"Again, it's that know-thy-enemy approach. If this is such a bad plant, we need to know more about it. And then maybe we can design some way to lessen the impact."

Several years ago, he and a student collected ragweed plants near the SuRF Center and created a cDNA library — a collection of all the genes that are expressed in the pollen. "I teach molecular biology too, and I wanted to combine molecular biology with plant biology, so we're studying the genes. We've cloned several really important genes in ragweed that cause allergies that haven't been cloned before, haven't been isolated. I have some students working on that, too."

Pre-med students, who fill most of the seats in Robinson's classes, aren't necessarily interested in researching plants. But "a pre-med student could be interested in hay fever — it's a medical problem," he says. The ragweed project "is a way to combine pre-med interests with my interests in botany."

Research aside, Robinson's goal is to get all of his students to develop an appreciation for the natural world. "They really don't like botany very much. Your ave-

"Could we come up with more efficient, natural methods to kill weeds? Maybe. But we can't do it until we know more about them."

DR. DAVE ROBINSON

But we can't do it until we know more about them."

Robinson is especially interested in one particular weed: ragweed. He's not among the 10 percent of you with hay fever who just recoiled in horror, but your allergic reaction to ragweed pollen is precisely why he's interested in it.

"I guess it's sort of like how meteorologists love hurricanes and tornadoes even though they cause horrible damage — to be fascinated by toxic plants. ...People really haven't studied the pollen of ragweed very much. They've done a lot of studies of what happens when the pollen gets in our noses and eyes — the immune response that causes watery, red eyes, and runny nose, and sore throat — they've studied that tons, but they haven't really studied the plant. And that's right up my alley.

rage biology student just loves 'Animal Planet' and the Discovery Channel and shows about animals — and that's great. But I'd like them to appreciate plants a little bit, and realize plants are fun and interesting."

PLANTS ON THE MOON

Robinson has always been interested in plants. He traces that interest to the summers he spent on his great-uncle's farm in Virginia while growing up in Tucson, Arizona.

"He had a very quiet personality, kind of like mine, and we really clicked together. He would take me out to his fields and teach me about the plants. He knew all the names of everything and really got me into it. Originally, I wanted to be a farmer. But then when I got interested in science, I was like, well, I could be a scientist about



farming, like an agronomist or horticulturalist. And I'd go through periods where – you know, back in the '60s, everyone wanted to be an astronaut. But I thought, 'Oh, I'll go to the moon and grow plants – I'll grow food for the astronauts.' It always had some sort of plant aspect to it. I've never wanted to do anything else."

Robinson earned his bachelor's degree in plant science and master's in plant genetics at the University of Arizona and his doctorate in plant biology physiology at the University of Minnesota-Twin Cities. Seeking a warmer climate – but not as warm as Arizona – he and his wife, Snake Jones, moved to Kentucky 15 years ago. Robinson was hired to teach molecular biology at Bellarmine, but saw room for, well, growth.

"I really liked the golf course and having Joe Creason Park across the street and I thought, wow, what a great place to teach about plant biology."

This is the sixth year he's taught Biology 220: Plant Diversity – a class that has expanded his own knowledge. "Most of the plant taxonomy I know is from Arizona – I was really good at cactus. It's been fun learning about the botany of Kentucky. This class has forced me to learn the plants."

His students have a list of 50 plants on and near campus to master. Whenever possible, Robinson gets them outside. They take field trips to Creason Park, the Louisville Nature Center, the Bernheim Arboretum and Research Forest near Clermont. He breaks up his lectures by giving them an activity – drawing a flower from its description or tearing apart a gladiolus to examine its structure. He sets a timer to go off 40 minutes into the lecture so he can tell a joke – "usually not a very good joke, but it takes the edge off," he says. "Botany is full of dry terminology, but I try to spice

it up with interesting stories or aspects they hadn't thought of."

Plant sex, for instance.

"Right now I am talking about flowers, so you can't help talk about sex," he says in late September. "Carl Linnaeus, who is the father of taxonomy — how plants and animals are classified — he was very... titillating, I guess. He classified plants based on their flowers, and instead of just talking about the stamens and the pistils, and using boring language like that, he called

"Botany is full of dry terminology, but I try to spice it up." DR. DAVE ROBINSON

them 'husbands and wives.' So if you had a complete flower that had the male and the female parts, he'd say the husband and wife live in the same house; if there was one ovary and 10 stamens — the male parts — he'd say one wife and 10 husbands. If the stamens were fused to the ovary, he'd say they sleep in the same bed, but if they were separate, they sleep in separate beds. Supposedly, many parents would not allow their young daughters to take his class because it was so sexual. They just thought he was a pervert."

Robinson's approach is a little more indirect, but it still gets his students' attention. Showing a slide of *Polygala paucifolia*, a member of the milkwort family, he points out that the flower looks like two insects talking to each other. "The whole idea is that these flowers evolved to attract insects. The insect — a male — thinks that is a female and here's a great place to land. He can 'do his thing' and perhaps pick up some pollen. And maybe — he's gonna get frustrated, I think (laughter) — he'll go to another flower and do the same thing. It's an example of flowers manipulating the pollinator."

In the lab, students get more hands-on with plants – creating cultures with carrot tissue, working with bonsai trees. In a lab covering 14 classifications of fruit, Robinson slices open his examples and offers students a taste.

Showing them the inside of a green pepper, classified as a "true berry," he notes that you don't eat the cluster of seeds. But "you only eat the seeds" of the next true berry: the pomegranate.

He slices the fruit in half and holds it up, revealing the ruby-red flesh and the glistening seeds. The best way to get at them, he says, is to place the fruit on a hard surface and hit it. As an aside, he mentions that hand grenades, which are filled with tiny balls of shrapnel, are named after the pomegranate. The aptness of the name is vividly illustrated as he thwacks the pomegranate and seeds spray everywhere.

"I went too far – it exploded!" More laughter.

THE Sexy SOUTHERN MAGNOLIA

Dr. Dave Robinson is always looking for new ways to engage his students. Last summer, inspired by *Don't Be Such a Scientist*, a book by marine biologist-turned-filmmaker Randy Olson that suggests scientists learn to be better storytellers, he decided to try his hand at movie-making.

The result: The Sexy Southern Magnolia. "I've always had this problem of wanting to show students plants at times of year when the plants aren't available. The magnolia blooms in June, right after school, when there aren't students to see it. I thought maybe a video could help demonstrate it a little bit."



Among other things, the fiveminute video reveals that magnolias have sex - twice!
- and that their wonderful
fragrance isn't "just to make
Northerners jealous."

Check it out at http://tinyurl. com/sexymagnolia. And view Bellarmine Magazine's chat with Dr. Robinson at http:// www.youtube.com/bellarmineuniversity.



P.J. Morgan, foreground, a pre-med sophomore from Fort Knox, weeds the asparagus patch on the Bellarmine Farm along with other members of Dr. Dave Robinson's Plant Diversity class.

"Plants aren't the 'glory subject' in biology," says Dr. Rob Kingsolver, dean and director of Bellarmine's Center for Regional Environmental Studies and former dean of the College of Arts and Sciences. "Some of the things plants do are remarkable, but they take a bit more patience. You need more pro-active teaching skills to get students interested in something they don't come already inclined to be interested in, and Dave is good at that."

PLANTS ON THE FARM

Robinson has also been a great consultant and enthusiastic volunteer on one of the Center's key components: the Bellarmine Farm, Kingsolver says. Robinson, who helped put in the orchard, takes his classes there regularly.

"I like for students to experience plants with all their senses, and one of those is touching. So now they can get out there and actually work with plants. There's some evidence that growing plants actually improves your emotional state. There's a bacteria in the soil that they think overcomes depression. People who garden are less likely to be depressed. Of course, it could be because they're outside in the sun, but they have discovered this bacteria that makes a chemical that affects the brain, makes you feel good."

On a warm, breezy day in early October, Robinson brings a class across Newburg Road to the farm to have an up close and personal encounter with his old favorites, the weeds, which are encroaching on a patch of ferny plants that no one can identify. These are asparagus plants, Robinson tells them. And unlike many plants on the fledgling farm, they seem to have escaped the notice of the deer, so "you'll probably see a lot of asparagus in the cafeteria in the spring," he says.

The students take shovels and rakes and start pulling weeds and grasses from the asparagus stems, kidding around with each other. "You have obviously never gardened before," one says, observing another's awk-[CONTINUED ON PAGE 44]



MICHAEL POLICAN GOLLANGOES GROCERY SHOPPING

Story by Emily Ruppel '08 emily.ruppel@gmail.com

Photos by Geoff Oliver Bugbee



THE APPLE DID NOT SCREAM: EAT ME!

Unlike the Froot Loops (a "Good Source of Fiber"), the Diet Coke Plus with "Vitamins and Minerals," the Smart Balance "Heart-Right Fat Free Milk" or the "Ready-in-90-Seconds" Hormel Pot Roast, among other self-promoting items, the small piece of fruit appeared modest under the stage lights.

Michael Pollan had just placed it on top of a throne of colorful cardboard boxes, the contents of an afternoon trip to the Highlands Kroger. The apple sat before a crowd of 1,500 rapt Louisvillians. No labeling, no bright, flashy packaging, just faint reflections on its soft pink skin.

Although loud claims weren't written all over him, either, Pollan has been named one of Time's "100 Most Influential People." He is a Newsweek "Top 10 New Thought Leader" and a four-time New York Times bestseller.

"WHAT'S FOOD,
YOU ASK?
NOT THIS STUFF.
EAT REAL FOOD.
EAT WHOLE FOODS.
EAT FOOD THAT
PEOPLE HAVE BEEN
EATING FOR A
LONG TIME."

Zipping through Kroger on a tight schedule, our shopping cart filled up with items that were, at a glance, not remarkable – milk, yogurt, cereal, snack bars, the apple – I was surprised. Where is the lesson in all this blasé food?

Later, during Pollan's lecture, surprise - rather, a curious lack of it - was the lesson.

Disguised in the attractive robes of their asserted health benefits, easy preparation, or both, what Pollan called the "edible food-like substances" onstage came directly from a factory, not a farm, and their labgrown ingredients — high-fructose corn syrup, chemically altered fats — have clearly been implicated in our nation's drastic health decline over the last century.

About an hour after check-out, Pollan critiqued a carton of what my father calls "calcium water" — skim milk — saying, "This is fat-free milk, and it's got Omega 3 fatty acids in it. We think this is kind of normal, already, but this is a *fish fat* that has found its way into our milk."

I don't mind fish fat. In fish. But my (and my neighbor's) gut reaction to drinking it with breakfast was a bit, "Uhm, eww."

Pollan describes the modern grocery store as a "perplexing and treacherous landscape." One of the first items he tossed into the cart at Kroger was the box of Froot Loops, which to the average twenty-something consumer offers both a sugar high and a kind of Saturday morning cartoon-watching nostalgia. (The moment Pollan held up the Froot Loops in Knights Hall, someone cheered.) Of course, Mom didn't let us eat Froot Loops every day, but now the package has a "Smart Choice Health Mark," a bright green, banner-like graphic that aims to obscure formerly obvious health concerns from 21st century moms. The sugar's still there, but the beloved breakfast item now contains a couple grams of synthetic fiber.

Each time Pollan reached into a Kroger bag, it crinkled and hissed another oddly obvious confession.

Last up, and perhaps most perplexing: Diet Coke Plus with Vitamins and Minerals.

Pollan shrugged his broad shoulders and shook his bald head at the charlatan beverage. "It's no wonder we've developed a national eating disorder, or that people should be confused about what to eat, because we've got a food industry that's working very hard to confuse us... and it's (not just) a confusing message, it's a *deceptive* message."

Confession: I have, in the recent past, consumed Diet Coke Plus with Vitamins and Minerals. In fact, I've bought most of the things on Pollan's anti-shopping list, and what I've avoided has been a matter of personal taste, not scientific or philosophical aversion. It hasn't occurred to me to wonder what the label on a carton of milk might really mean. I've never wrinkled my nose at Omega 3's before, but when I think about it, I also can't recall a time when a supplement called "fatty acid" was deemed healthy. I suppose I've just followed the green exclamation marks.

"To try to make sense (at the supermarket), we have to arm ourselves with this big vocabulary of biochem-



istry," Pollan said. "I mean, where *else* in your life do you deploy so many technical terms? Antioxidants. Gluten. Phytochemicals. Lycopene. Beta carotene. Omega 3's. We sort of feel you need to know these words, now, to eat."

You may have heard of the "French paradox," which refers to a culture that indulges in high-fat foods like crème brulee, rich cheeses, chocolate, etc., but whose average citizens have far slighter waists than those of Americans, who obsess over slimming and miracle diets.

Pollan introduced the "American paradox," offering a new coinage that's not yet part of our daily vocabulary, but may soon be: Orthorexia: an eating disorder char-

"THESE CHEAP
AGRICULTURAL
COMMODITIES THAT
ARE SUBSIDIZED BY
THE GOVERNMENT –
CORN AND SOY (THE
FOOD INDUSTRY)
TRICKS UP INTO
COMPLEX PRODUCTS
AND THEN PUTS IN
THE NUTRIENT
OF THE DAY."

acterized by an unhealthy obsession with healthy eating.

A froth of giggles bubbled up from the crowd following this comment, but Pollan didn't laugh. He's not talking about the ridiculously image-conscious characters we watch every day on cable, or the desperate housewives sitting there, perhaps, in the crowd. Michael Pollan sees a nation in crisis, and the exit sign is hard to find.

Pollan warns that "Nutritionism," the "religion" of the Western diet for thirty-something years, sees food as a delivery system for nutrients. At any given time, there are Blessed Nutrients (right now, this list includes antioxidants, fiber, and Omega 3's) and there are Evil Nutrients (trans fats, cholesterol, high-fructose corn syrup). Since we can't actually see nutrients or what they do, we have to trust our priesthood of nutrition scientists.

Right now, they're putting fish fat in our milk. But can't we just *eat fish*?

No, it turns out, and not because fish isn't as good for you, but because it can't wear fancy clothes.

Pollan gestured to the edible food-like substances. "Processed foods, by definition, can be re-processed to reflect whatever the reigning 'wisdom' is. Cereal is four cents of grain turned into four dollars of Froot Loops. It's brilliant value-added business. These cheap agricultural commodities that are subsidized by the government — corn and soy — (the food industry) tricks up into complex products and then puts in the nutrient of the day."

Yet fish remains fish. If Omega 3 fatty acids fall out of favor, the fishermen will suffer most.

Anytime we buy processed foods, Pollan said, the people making those fancy, duplicatous cardboard clothes benefit more from the purchase than do the farmers, who receive only 10 cents of every industrial food dollar.

Nutritionism originated in the 1970s as a way to solve the growing problem of chronic disease and obesity in the Western world, but continually rising rates of Type II diabetes and heart disease and the 17 to 19 pounds we've gained per person since ordaining the experts points to a serious, shameful lack of understanding.

It's obvious we can't count on science to tell us how to eat, so what do we do? According to Pollan, all the evidence points to a strikingly simple mantra, which he describes in more detail in his newest book, *Food Rules:* Eat food. Not too much. Mostly plants.

"What's food, you ask? Not this stuff. Eat real food.
Eat whole foods. Eat food that people have been eating for a long time," he urged. "Just think about what would happen if people started eating this way. It would change agriculture. It would change the American economy. You would have a mass exodus from the supermarket, or at least from fast-food chains. Farmers would be able to diversify their fields.... As long as we're eating all this processed food, which is all made from corn and soy and wheat, that's all (the farmers) can grow, and because they grow monocultures, they need pesticides, fossil-fuel fertilizers. It's all connected."

If this seems like an old-fashioned, outdated, or worse, impossible, proposition, that just shows how far our orthorexia has taken us from traditional sources of health and wisdom: our gardens, our farms, our culture, our grandmothers.

At the start of the evening, Pollan twice quoted from

the works of Wendell Berry, who had stood on the exact same stage, just a few years ago when he delivered the 2007 commencement address.

Berry, whom Pollan lauds as a wellspring of inspiration and whom he physically resembles — blue eyes flanked by tiny wrinkles, high-bridged roman nose, candid smile full of piano-key teeth — told students at the 2007 Bellarmine commencement ceremony: "To urge you toward responsible citizenship is to say that I do not accept either the technological determinism or the conventional greed or the thoughtless individualism of (the industrial) world. Nor do I accept the global corporate empire and its economic totalitarianism as an irresistible force....

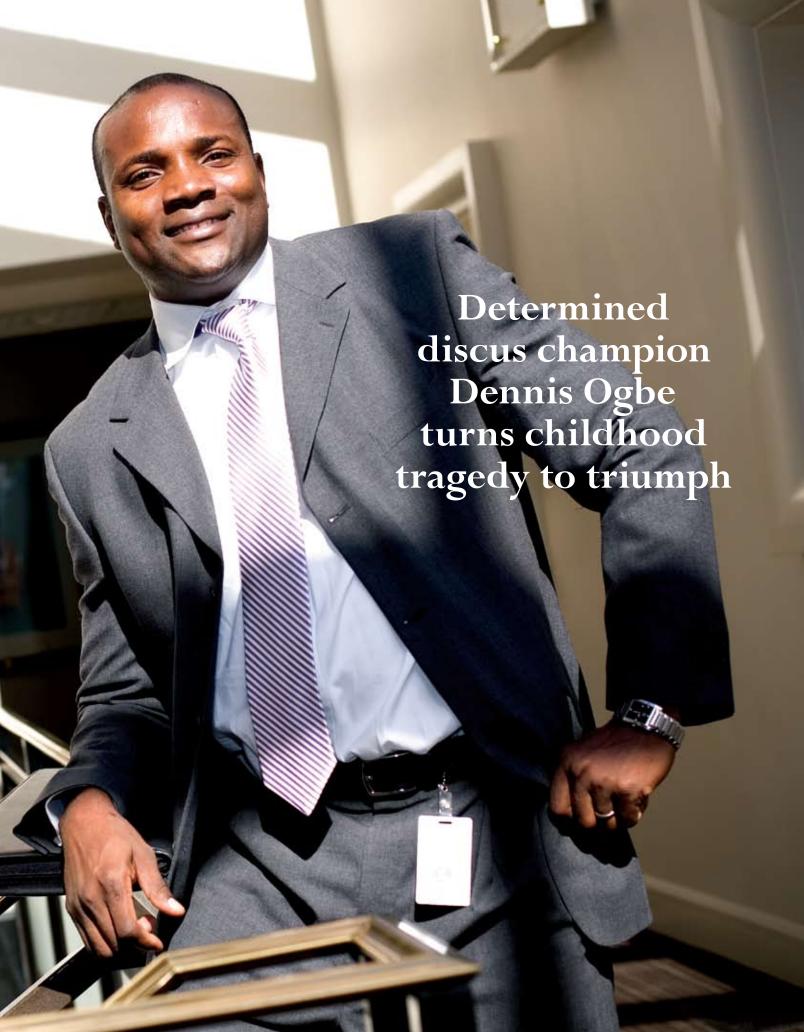
To give satisfaction, your life will have to be lived in a family, a neighborhood, a community, an ecosystem, a watershed, a place, meeting your responsibilities to all those things to which you belong."

Pollan wasn't there to hear those words but as he spoke, I glimpsed a second, more profound resemblance between the two writers: a deep commitment to being, and inspiring others to be, better citizens of their communities and this world. To stop obsessing and start living a simpler, more aware existence.

Of course, that's easier for some than for others. What, I asked Pollan, about college students? How can campus-dwellers find the time, money and energy to [CONTINUED ON PAGE 44]







DENNIS OGBE GRIPS THE DISCUS IN HIS RIGHT

hand. He swings his arm a few times, then twists at the waist as far to the left as he can. With one explosive move and a guttural cry he snaps back, letting the saucer fly.

Upper-body strength is important for any discusthrower, but for Ogbe, it is everything. His left leg paralyzed and stunted by childhood polio, he lacks the balance that would allow him to spin 360 degrees before throwing. Instead, he leans against a special frame and propels the discus with 180 degrees of power.

It's tougher, yes. But Ogbe has never been one to shy away from a challenge, from willing himself to walk again, to making his way from Nigeria to the United States to get an education and to landing a job at a Fortune 500 company. He credits the discipline he learned from athletics.

"If I look at my life, without sports I wouldn't be here. Sports is the pushing factor, that competitiveness....I've applied it to everything in life. I have a goal or a vision, and then I start walking toward it. Each time I set a record, beat a record — I know I can do more. And that push of 'I can do more' is what brought me to where I am today."

Where he is today is sitting at the very top of the world rankings in his discus event and, having become a U.S. citizen in February, preparing to represent the United States in the International Paralympic World Championships in New Zealand at the end of this month.

"The category is very competitive. There are some very good international throwers — they are probably Dennis' equal. But I'll put my money on Dennis," says Bellarmine track and field coach Jim Vargo, who helped bring Ogbe from Nigeria to Bellarmine, where he threw discus, shot put and javelin.

"He is so motivated and so focused, and this is his

first opportunity to represent the U.S. at a major competition. I can see him rising to yet another level to win, as a way to say thank you for the opportunities he's been given."

THE 'IT FACTOR'

Gratitude is the other thread that runs through Ogbe's life. In conversation, he repeatedly turns attention away from himself to focus on those who have helped him in his journey — his parents, his friends, the Bellarmine community, his church, God.

It has not been an easy path. When he was 3, Ogbe came down with malaria. A nurse at a Nigerian clinic broke a needle off in his back, and he fell into a coma that lasted for three days. Taken to a larger hospital, he regained consciousness but also contracted polio, which paralyzed both of his legs.

He went home in a "grungy old wheelchair," unable to walk. He credits his recovery to "a therapy that no doctor would give me" — the taunts of the other children in his village who moved their soccer games to higher ground when he rolled up. "I thought maybe if I used my crutches and my calipers, even if I'm just standing, at least I have that thrill that I'm playing with my friends. But even with that, the kids would dare me — they would take my crutches and say, 'Take two steps, take three steps, then you can play with us.'"

Through the intervention of Masai Ujiri, a lifelong friend who is now the general manager of the Denver Nuggets, Ogbe was allowed to play. "On and off, my right leg got better and better and stronger. My left leg got weaker and weaker." Eventually, he could walk without crutches or a cane, although he has a limp and balance remains an issue.

Ogbe played basketball in high school and college, mastering the 3-point shot. "That became my specialty. When the team is in trouble, that's when they

"This is his first opportunity to represent the U.S. at a major competition. I can see him rising to yet another level to win, as a way to say thank you for the opportunities he's been given."

-BELLARMINE TRACK AND FIELD COACH JIM VARGO





Dennis Ogbe, who earned his MBA in 2007, works in human resources at Brown-Forman.

put me in. When they pass me the ball and I square to the basket, it's a sure three-point shot. I would go in, deliver what I have to do and come out."

But it was in track and field that he would make his mark. During tryouts for the Paralympic Games, he excelled in shot put, discus and javelin. He was throwing for Nigeria at the 2000 Games in Sydney, Australia, when he met Vargo, who was an assistant track and field coach for the USA.

Ogbe and his teammate, Vitalis Lanshima, a sprinter who had lost both arms in a childhood accident, told Vargo that their dream was to come to the United States and get an American education.

"At the Paralympics, you meet these unbelievably talented people with an incredible desire not to let what most of us would consider a significant disability to inhibit what they want in life," said Vargo, who has been involved with Paralympics since 1990. "They are doing things that most of us wouldn't even think are possible. They are very intelligent, very driven to be

successful. They have the 'it factor' – the qualities that will make a very talented student-athlete.

"Dennis and Vitalis had that it factor. I felt strongly, with my experience, that it would be well worth the effort to help them. Long past their time here, people would remember those young men and who they were and what they did, and Bellarmine would be a better institution for it."

In 2002, Ogbe and Lanshima came to Bellarmine on partial athletic scholarships, bolstered financially by the Church of Christ and others in the community. "I got the ball rolling and got things going," Vargo said, "but there were so many people who picked up the baton and ran with it, to use the track and field cliché. When Dennis and Vitalis became better-known on campus, their desire was so infectious that you wanted to do anything you could to help them succeed."

Coming to Bellarmine "was a big culture shock to me. I didn't talk, look, walk or do anything like anybody," Ogbe says. "But I was accepted on my Day One. The whole track and field team rallied around me and the coach introduced me. Before you know it, it became my second home."

BIG CHALLENGES

Even with his disability, Ogbe was very competitive in his track and field events, Vargo said. "He was competing at a very solid college level. He could throw with our best throwers." And his work ethic galvanized the other team members. "When people see that — if he is out there every day and doesn't miss a practice, and is able to do this despite a significant disability — it's like, none of the rest of you have any excuse," Vargo said.

"I am very passionate in anything I do," Ogbe said. "At the end of the day, I don't want people to pity me. Whatever I am saying, whatever I do, I hope and pray it is going to inspire people, and not just people with disabilities. It is like a challenge to them: 'If Dennis can do it, I can do it.'"

But Ogbe had struggles of his own. "I guess I'd never met anybody who was facing such big challenges — being so far from home, learning a new culture and trying to meet the demands of a different university system. And everything came together, all at one time," said Cathy Sutton, dean of academic advising.

In her English 101 class, she saw him "working, revising, trying to develop his English skills. He wanted As, and he started off with Cs, or worse. There were days he was so overwhelmed and so down and so exhausted. But he never, ever stopped putting one foot in front of the other."

He spent so much time in a small study room next to the Academic Resource Center in the library that staff started calling it "Dennis' Office," she said. "I remember the first time he made the dean's list; it was like he'd won a big trophy."

When he wasn't studying or training, Ogbe was working at one of five part-time jobs to meet his expenses. Vargo recalled hearing him singing and whistling as

he cleaned the tennis courts at 6 a.m.

"That was me singing for joy, thinking of my dad," Ogbe said. "Most of what I do today was instilled in me by my family. My mom had no education whatsoever; my dad had very little. But he always said that what he cannot do, his children will do it. (Ogbe is one of 12 children.) He has passed now to be with the Lord in 2004, but what he said is coming true. When I think of him, it gives me more courage."

'A MIRACLE'

Ogbe earned his degree in business administration in 2006 and began working on his MBA. He wasn't sure where he would go next, but he applied himself to his courses with his typical determination. A chance encounter would lead him to a career. Some would call it a coincidence. Ogbe calls it "a miracle."

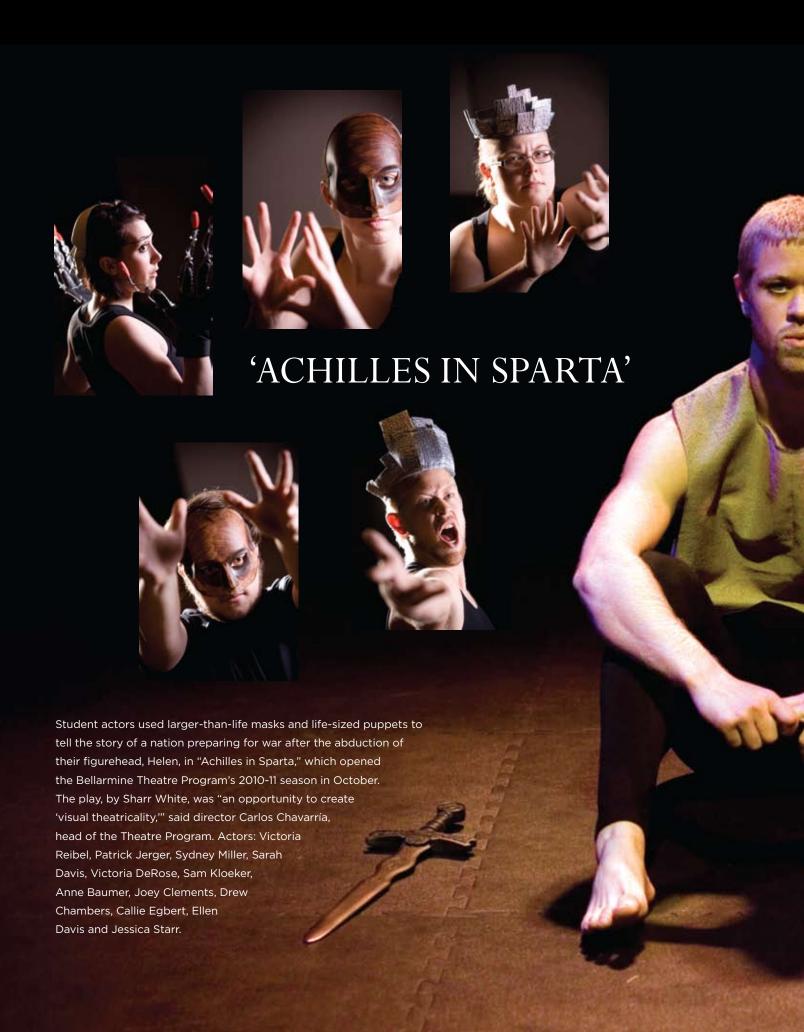
Dana Allen was driving to a Christmas party in 2006 when she saw a young man in a big gray wool coat carrying several Kroger bags in the snowy slush along Norris Place. "He had a big smile, but he was clearly struggling." Something made her turn back and offer Dennis Ogbe a ride to his apartment just off campus. Learning he was an international student far from home, the Brown-Forman executive gave him her card and invited him to join her family for Christmas Eve Mass.

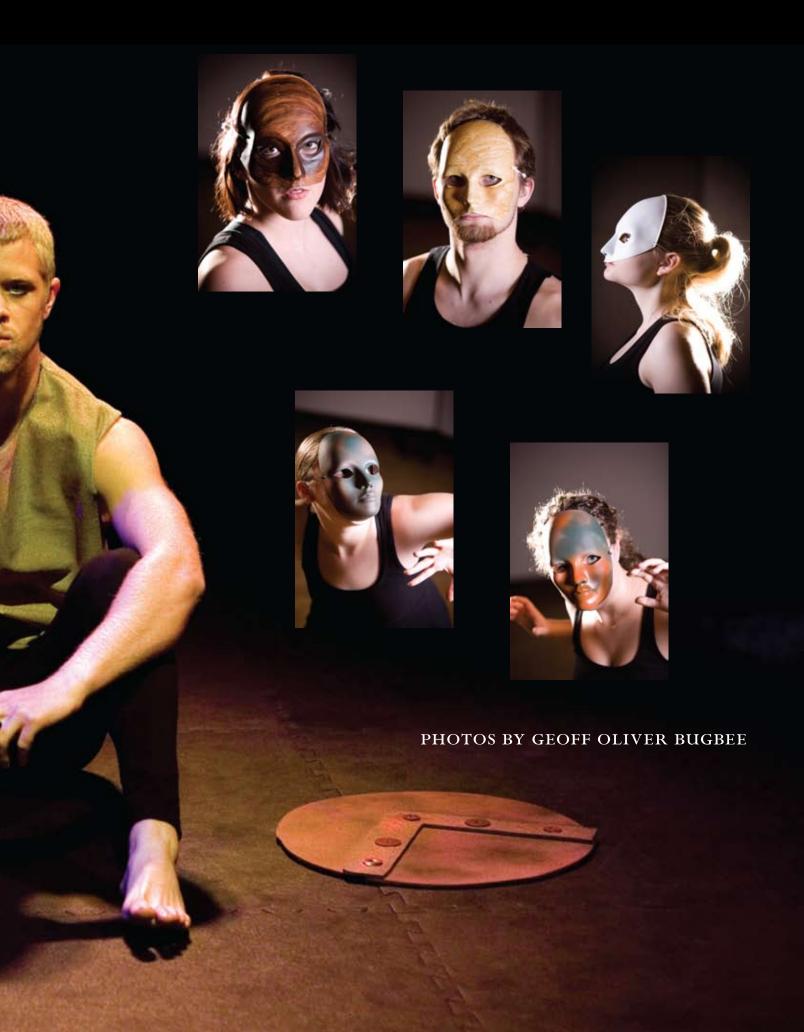
"Then I went on to my party, and I said, 'I just had this weird encounter.' Everyone said, 'You can't go around giving people you don't know rides!' But I just felt like it was supposed to happen."

Ogbe did spend Christmas Eve with Allen's family, and then became an unofficial part of it. "I call her my American mom," he said. Allen connected him with Brown-Forman, where he held a series of part-time jobs before being hired full-time in 2009 as a human resources specialist for the North American region. And she stood with him when he married his wife, Dyan '04, with whom he has a 2-year-old daughter, Mary Lou. [CONTINUED ON PAGE 44]

"Whatever I am saying, whatever I do, I hope and pray it is going to inspire people, and not just people with disabilities. It is like a challenge to them: 'If Dennis can do it, I can do it.'"

-DENNIS OGBE







POLLAN CONTINUED FROM P. 35

get to the farmer's market and prepare all that real food?

"That's a good question," he said.
"Students who eat in a cafeteria and don't have a kitchen can't really control where their meals are coming from. You have to take action. There are more and more students around the country asking, and organizing, for real food." The initial cost may be higher, Pollan said, but the improvement in students' health, the lack of sugar crashes and lapses in attention, mental energy and the like, would be noticeable and worth the fiscal investment.

Bellarmine is raising its voice in the growing clamor for change — for better health and healthier communities. There's already a buzz about Dr. Robert Kingsolver's new Center for Regional Environmental Studies. The University Dining Hall is beginning to serve food straight from the Bellarmine farm, and few need an expert to explain what a fine thing that is.

As Pollan concluded his speech, he bequeathed his pile of edible foodlike substances to the crowd. No one even approached the stage. As he signed copies of his books, I stood in the emptying auditorium, pondering the process of change.

Corn, when processed, turns into Froot Loops. Thoughts, when processed, turn into movements.

The empty Kroger bags, and all of their contents, waited. In the thought garden Michael Pollan had just planted, the apple, still sitting quietly atop the industrial products, was the only *un*-forbidden food.



(K)NIGHT SCHOOL CONTINUED FROM P. 23

are registered nurses pursuing bachelor's degrees in a program that operates in partnership with Norton Audubon Hospital.

"I love working with this group of students," she said. "They come in a little nervous, or perhaps upset that they are having to pursue a degree they had previously decided they wouldn't need, and they can be angry at themselves for not pursuing it sooner. There's nothing better than seeing them work through that first semester and begin to blossom."

For Pike, that first semester can mean orienting her students with resources available through Bellarmine, like the library and the Academic Resource Center, which offers support with research and writing. It also means helping students who are intimidated by a learning environment that has become increasingly dependent on technology.

"When some of our students were in high school, or pursuing their associate degree, notes were taken by hand, and handouts were actually handed out," she said. "They work through these issues, and they do quite well."

"One challenge I see is that, many times, evening students feel they're being compared to traditional students. These are two very different learning groups with their own needs and their own challenges. They can learn the same materials and achieve the same results, but the way they go about it is different."

The social aspect of attending college is not lost on students like Hickey-Mehic, who has formed bonds that she believes will continue when her time as a Bellarmine student ends this year. "My fellow students have been an unexpected benefit to the program," she said. "My class has formed strong bonds, and I fully believe many lifelong friendships will result. This has been critical in the short-term for the formation of study groups and for making class more enjoyable, and in the long term, as we will all likely work together in the Louisville accounting community."



PLANT MANAGER CONTINUED FROM P. 29

ward raking. "I don't even like asparagus," someone else says. "Can we let the weeds choke it out?"

"Don't you feel happier now that you've got that bacteria on you?" asks one student, who has clearly been paying attention in class. "I bet they just tell you that to trick you into weeding," another replies.

Robinson walks around, supervising their efforts. "You can never win the war against weeds," he says. But some day, thanks to his research, you might at least have a fighting chance.



DENNIS OGBE CONTINUED FROM P. 41

"Dennis and I were meant to meet," said Allen, who is now a vice president at Norton Healthcare. "I don't see him as much as I should now that I've left Brown-Forman, but he certainly stays on my mind. He does always call me when he wins a medal."

She expects a call at the end of this month.

FROM YOUR ALUMNI BOARD PRESIDENT

Greetings, fellow alumni!

I hope you had a wonderful holiday season and that your New Year is off to a great start. Speaking of great starts, your Alumni Board has been hard at work preparing to implement the revised Alumni Association Legacy Scholarship, an endowed scholarship available to rising sophomores in 2011.

All current freshmen with a parent or grandparent who graduated from Bellarmine or Ursuline College are eligible. One to four scholarships will be awarded each academic year based on the applicant pool. The amount of each scholarship will likewise vary.

All eligible students will receive an e-mail in January, and their parents or grandparents will receive a letter. (If you have any questions about eligibility, contact Peter Kremer in the Alumni Office at 502.272.8334.) The scholarship application will be available online starting on Feb. 15 and is due April 13.

I am incredibly excited about the opportunities this scholarship will afford students at Bellarmine and look forward to seeing the board's hard work literally "pay off."

As always, if you have any suggestions on how your Alumni Board can better serve you, please e-mail me at robshilts@yahoo.com. Go Knights!

Rob Shilts '98

ALUMNI BASKETBALL EVENTS



JANUARY 6

'80s Alumni Night

Reserved section for 1980s alumni, food and fun. vs. Drury University

JANUARY 8

'90s Alumni Day

Reserved section for 1990s alumni, food and fun. vs. Rockhurst University

JANUARY 13

'60s Alumni Night

Reserved section for 1960s alumni, food and fun. vs. University of Missouri-St. Louis

JANUARY 20

President's Society Night

For information on how to be included, call 502.272.8331. vs. Northern Kentucky University

JANUARY 27

'70s Alumni Night

Reserved section for 1970s alumni, refreshments and fun. vs. University of Illinois-Springfield

JANUARY 29

ADG Alumni Day

Reserved section and enjoy refreshments and fun. vs. Quincy University



FEBRUARY 19

Young Alumni Night

Reserved seating, refreshments, and fun for '00 -'10 grads. vs. Kentucky Wesleyan College

GET INVOLVED: To RSVP or find more information on these and other events, please visit the Alumni website at www.bellarmine.edu/alumni and click on "Upcoming Events." Or, call the Alumni Office at 502.272.8333.



The Alumni Association recognized seven distinguished alumni and one outstanding faculty member at its annual Awards Dinner, at the Henry Clay in downtown Louisville on Sept. 11. The same weekend, Bellarmine welcomed home the Classes of 1960, 1970, 1985 and 2000 for Reunion Weekend festivities.



Alumnus of the Year:
Michael E. Hobbs '71/'83 MBA,
CEO of Engineered Glass
Products, with alumni association
director Peter Kremer and
President Joseph J. McGowan



Msgr. Alfred F. Horrigan Service Award: Dr. Gail Ritchie Henson, professor and founding chair of the Bellarmine University School of Communication



Scarlet and Silver Society: John P. O'Regan '54, archivist for Bellarmine's Pioneer Class of 1954, Bellarmine basketball scorekeeper for 33 years, retired railroad executive

Gallery of Distinguished Graduates:



Kevin Flanery '87, president of Churchill Downs Racetrack



John Lansing '09, president of Scripps Networks



Mary Jane Adams '85/'95 MSN, senior VP of Nursing at University of Louisville Hospital



Major Kenny Lynn Harryman '93, Air Force Operating Room Flight Commander at Landstuhl Regional Medical Center; recently earned the Bronze Star



The **Very Rev. William L. Fichteman '63**, pastor of the Cathedral of the Assumption

1960s

JOHN EVANS JR. '64 was honored posthumously with induction into the USTA Kentucky Hall of Fame for his accomplishments and contributions to Kentucky tennis. Evans was a participant and volunteer for more than 30 years. In the 1950s, he won five Kentucky high school tennis championships at St. Xavier High School. He also won four straight Kentucky Intercollegiate Athletic Conference Singles Championships at Bellarmine.

DANIEL T. ALBERS SR. '69 has joined the Jefferson County Attorney's Office as director of the Criminal Division.

SISTER ROBERTA BAILEY '69

was recently elected to a sixyear term as prioress (superior) of the Benedictine Sisters of Florida. After graduating from Bellarmine-Ursuline, Sister earned her MA in



elementary education at the University of South Florida. During her career in education she founded two Montessori schools, served in administrative positions and is currently on several boards including the Board of Trustees for Saint Leo University.

1970s

DAVID THURMOND '71, a distinguished artist, educator and community leader, has been named the executive director of Sacred Heart School for the Arts at Ursuline Campus. The school offers music, dance, drama and visual arts classes for children to adults in Louisville and surrounding communities.

STEPHEN J. SCANNELL '79 ('95 MBA) has joined Northern Michigan Regional Health System as chief financial officer. Stephen is a certified public accountant and has a master's degree in nonprofit administration from the University of Notre Dame as well as his MBA from Bellarmine.

1980s

TOM O'SHEA '85 was inducted into the 2010 DeSales Alumni Hall of Honors for his distinguished career and service to the community.



MARK A. LOYD '89 has been appointed a chair of the Institute for Professionals in Taxation (IPT)/American Bar Association (ABA) Advanced Property Tax Seminar Committee. Mark is an employee

at Greenebaum Doll & McDonald PLLC.

1990s

MARK ALLEN '91 RN, BSN, OCN successfully renewed his oncology nursing certification in 2010.

NANCY KREMER BARONE '93 MSN has been appointed the new chief operating officer and vice president of University Hospital.



MATT KAMER '95 has become a partner at Bandy Carroll Hellige (BCH), a public relations and advertising agency with offices in Louisville and Indianapolis. Matt serves on the Alumni Association Board

of Directors and was named to Business First of Louisville's 40 Under 40 in 2008. He is a member of the Leadership Louisville Center and serves on an advisory committee for the Louisville Loop, the planned 100-mile recreational trail encircling Louisville.

DOUG SCHUTTE '97 and SCOT ATKINSON '97

recently opened The Bard's Town, a restaurant, theater and lounge in the Highlands. Located at 1801 Bardstown Road, on the corner of Bardstown and Speed Avenue, the restaurant is bistro-style and uses as many local products as possible. The decor includes dozens of black-and-white photos of the Bardstown Road of yesteryear, as well as an art gallery featuring works by local artists. Highlighted is a "Bellarmine Gallery," featuring the art of a current student or recent graduate. The lounge books live entertainment nightly and the spirit list features a host of beers, liquors and wines from Kentucky. Learn more at thebardstown.com. The restaurant is also on Facebook at facebook.com/thebardstown.

J. EDWIN WEBB '99 MBA, president and CEO of the Kentucky World Trade Center, has been named the Honorary Consul of France for Kentucky. Webb will be the liaison in Kentucky for the French Consulate's office in Chicago. He also will help develop cultural and business relationships between Kentucky and France.

2000s

SARAH O'DONNELL HAYS '00 and MIKE HAYS '97 welcomed their third child, Declan Walter Hays, on May 24. Declan joins big sister Nora (4½) and big brother Liam (age 2½). The family lives in St.



Louis, Mo., where Sarah stays at home with the children and Mike works as a technical architect at World Wide Technology.



SEAN ROBBINS '01 recently joined Ascension Benefits & Insurance Solutions.

PETER KREMER '02 and KELLY MCKENNA '07 ('08 DPT) were married at the Church of the Epiphany in Louisville on Oct. 15. Kelly is currently the senior staff physical therapist with



Golden Living Centers at Hillcreek. Peter is the executive director of the Bellarmine University Alumni Association.

MYCO TRAN WULKOPF '03 recently graduated from Aquinas Institute of Theology in St. Louis, Mo., with a Master of Arts in Pastoral Studies. She is now the music director/pastoral associate at St. Michael the Archangel Parish in St. Louis, where she lives with husband Tim Wulkopf '01.

ERIN WHITE CRENSHAW '04 and her husband, Brian Crenshaw, are proud to announce the birth of their twins, Tristan David and Ashlynn Trent, on June 27. Sadly, due to complications from prematurity, Ashlynn passed away on July 13.

NICOLE MEIMAN ETIENNE '05 and ADAM ETIENNE '04 are proud to announce the birth of their first child, Alexander Lawrence Etienne, on July 6.





TRAVIS HOWELL '06 and his wife, Deanna, welcomed daughter Reagan Faith Howell on Oct. 1.

ALLI TRUTTMANN '06 was featured on the cover of Today's Woman magazine in October. Alli is a member of the Alumni Association Board of Directors, an Autism Intervention Specialist and the owner of Wicked Sheets,



which produces sheets that use the wicking process to keep you cool and dry while you sleep (www.sleepwicked.com).



SHONDA PORTER '07 accepted a position with the Masonic Homes of Kentucky.

JAIME KEY '08 MBA was one of the 2,600 finishers of the Ironman Competition on Aug. 29 in Louisville. She placed 650th overall, 97th in the women's division and an outstanding sixth in her age



group. The Ironman competition consists of swimming 2.4 miles in the Ohio River, biking 112 miles through Louisville and La Grange and then running a complete marathon of 26.2 miles. Jaime lives in Louisville and works in medical equipment sales.

JASON STUECKER'10 MBA graduated from the Bellarmine MBA program and was recently selected to the 2011 Ignite Louisville class. Jason is the relationship manager for Stock Yards Bank & Trust.

IN MEMORIAM

LINDA HUTCHCRAFT-MONTGOMERY '96 MSN

died at home in Poplar Bluff, Mo., on Sept. 13. She was 58. Linda received her associate's degree in nursing from the University of Kentucky, a bachelor of science from Murray State University and a master of science in nursing from Bellarmine University in 1996. She completed her post-master's work as a nurse practitioner from the University of Missouri-St. Louis in 1996 and was working on her doctorate of nursing practice there. She worked as a nurse practitioner at Kneibert Clinic in Poplar Bluff and was a member of the Fellowship General Baptist Church. She served on the Rogers Theatre Inc. board, the Historical Preservation Board and the Margret Harwell Art Museum board. She also was an active member of the NRA. She is survived by her husband, Richard Montgomery, her mother, Doris Hutchcraft-Owens, and stepfather, Carl Owens, of Dexter, Mo.; her daughter, Dreigha Lynn Smith of Poplar Bluff; a grandson; three brothers; and many nieces and nephews.



In the Gonda area of northern India, CRS staffer Elizabeth Tromans guides a woman she rescued from floodwaters. Photo by Rekha Shetty/Catholic Relief Services

Bellarmine graduate saves a life

ELIZABETH TROMANS '04 was part of a team carrying emergency supplies to a flooded region of northern India in September when she saw trouble.

On foot, carrying relief supplies and crossing a bridge in knee-deep water, she spotted a man riding his bicycle into deep water, with his wife on the back. "I thought, 'What is this guy doing?' The current was strong; you couldn't see the road underneath," she said.

The woman fell from the bike and went under. Elizabeth, a strong swimmer who worked as a lifeguard in high school, dropped her supplies and went in after the woman. "I grabbed her," she said. "I wasn't touching bottom. I was floating on my back, kicking, and my arms were under her armpits."

Elizabeth fought her way to shallow water, where the woman's husband met them. "Even on dry land she had quite a grip on me. She was in shock. But she was standing and breathing. I told villagers, 'Please tell her to take care of her health.' "

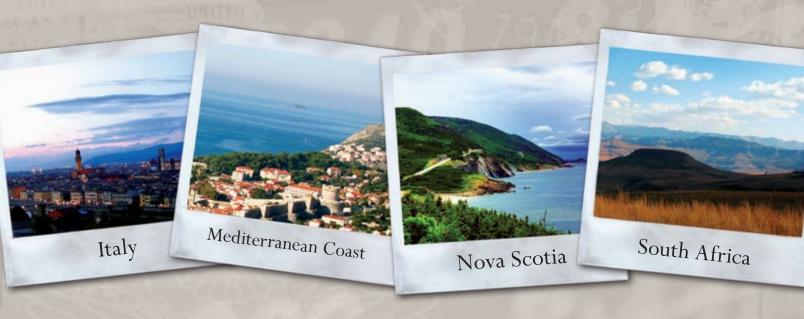
Elizabeth, who has degrees in theology and psychology from Bellarmine - where she later worked as an admissions counselor - is working in India as an International Development Fellow at Catholic Relief Services, which helps people in need across the globe, providing food, clean water, medicine, shelter, and education.



EXPERIENCE THE MAGAZINE ONLINE

Read the new interactive version of Bellarmine magazine at www.bellarmine.edu/magazine

TRAVELTHE GLOBE WITH BELLARMINE UNIVERSITY



BU Italy Music Tour

March 4-14, 2011

The Bellarmine University Music Department is pleased to invite you to join the Bellarmine University Jazz Ensemble and Our Lady of the Woods Schola Cantorum on an exciting VIP tour of Italy. You will travel down the scenic Amalfi coast to Maiori, then head north to visit the historic cities of Florence, Siena, Montepulciano, and Rome. You will hear the Jazz Ensemble perform in several of Italy's most popular jazz venues, and the Schola present concerts in some of the most impressive churches in these cities, including the Basilica of St. Francis and also St. Peter's in Rome. From \$2,217 per person, not including air.

For more information contact Richard Buchard at rbuchard@bellarmine.edu or 502.272.8497

Mediterranean Cruise

June 20-30, 2011

Enjoy a taste of the Mediterranean on Holland America's Noordam. This 10 night cruise will feature stops in Livorno, Monte Carlo, Barcelona, Palma de Mallorca. Tunisia, Palermo, Sicily and Naples. Embarkation and debarkation port is Civitavecchia, the port city for Rome. Optional pre and post tours can be individualized as requested. Interior cabins from \$1,600 per person, not including air. Planned and escorted by alumnus, Lou Conkling '76 of Knights Travel.

For more information contact Lou at 502.292.4750 or lou@knightstravel.com

Classic New England and Canada

Enjoy a relaxing cruise on the beautiful Crown Princess during New England's fall foliage season. This 10 night cruise from New York City will feature stops in Newport, Boston, Bar Harbor (for Acadia National Park), Saint John (for the Bay of Fundy), Halifax, Sydney, Charlottetown and conclude in Quebec City (overnight on board). Interior cabins from \$1.615 per person, not including air. Planned and hosted by alumna, Kaelin Rybak '74 of Knights Travel.

For more information contact Kaelin at 502.292.4749, 866.891.1652 (toll free) or kaelin@knightstravel.com

South African Safari

October 10-21, 2011

Discover Spectacular South Africa with Ntaba Tours - a U.S. based travel company specializing in travel to Southern and East Africa. This 11 day excursion includes stops in Cape Town and Kruger National Park. Also offered is an optional add-on to Victoria Falls (Oct. 20-24). Join Ntaba Tours for an unforgettable trip of a lifetime. From \$3,820 per person, not including air. Planned and hosted by Robin Mountain of Ntaba Tours.

For more information contact Robin at 502.545.1878 or robin@ntabatours.com

Learn more about these trips and how to turn your personal vacations into Bellarmine donations at www.bellarmine.edu/alumni/travel

HOMECOMING 2011



JOIN THE TRADITION

Saturday, February 5

ALUMNI TRIVIA KNIGHT

7– 10 p.m.

Frazier Hall

One of the largest alumni events of the year don't miss it! Tuesday, February 15

ALUMNI
"KNIGHT TO
KNIGHT"
NETWORKING
EVENT

5-6:45 p.m.

Thursday, February 17

HOME BASKETBALL GAMES VS. SOUTHERN INDIANA

5:45 p.m. & 8 p.m.

Saturday, February 19

HOMECOMING TAILGATE IN THE NEW UNIVERSITY DINING HALL

5–8 p.m.

HOMECOMING BASKETBALL GAMES VS. KY WESLEYAN

. .

5:45 p.m. & 8 p.m.

Sunday, February 20

ALUMNI MASS IN OUR LADY OF THE WOODS CHAPEL

10 a.m.

COFFEE AND DOUGHNUTS IN PIAZZA CLAYTON

11 a.m.

