

## Course Descriptions

### **Pura Vida: Costa Rica's Approach to Health & Wellness**

**EDUC 208, 3 credit hours**

The program is designed to increase students' appreciation of cultural influences within the framework of policies and practices impacting health and well-being, social justice and sustainable environmental, health and community development issues in Costa Rica. Topics include the role of environmental policy and sustainable development in Costa Rica; Costa Rica's eco-tourism industry; the Costa Ricans universal health care system and the rapidly emerging medical tourism industry; international human rights issues; and special government programs defending the rights of children and providing employment and English language training to youth. Learning activities include presentations by national and international experts, tours of programs and facilities, roundtable discussions, student led presentations, cultural immersion, and visit to national parks.

### **Sustainability Education in Costa Rica: Lessons from a Leader**

**IDC 301, 3 credit hours**

Students Study the factors shaping Costa Rica's leadership in sustainability education by examining the historical, environmental, and political aspects that influence the country in order to understand the complex nature to environmental problems that plague developing countries. By completing micro- and macro-field studies, students will work with community members and/or organizations to truly understand Costa Rica. Student research will focus on examining the impacts of development on the environment and on society by understanding key historical and current aspects of sustainable development strategies in Costa Rica, coupled with knowledge of tropical ecosystem function and connectivity.



**BELLARMINE  
UNIVERSITY**

For more information, contact:

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**Study Abroad Advisor**

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International Programs Office, Miles 149

502.272.8423

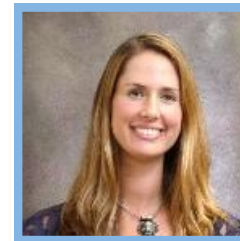
[www.bellarmine.edu/international/studyabroad/](http://www.bellarmine.edu/international/studyabroad/)

**Kentucky Institute for  
International Studies**

**[www.kiis.org](http://www.kiis.org)**

**270.745.4416**

## **KIIS SUMMER 2014 COSTA RICA**



**Dr. Kristin  
Cook**

**EDUC 208 Pura Vida:  
Costa Rica's Approach to  
Health & Wellness  
IDC 301 Sustainability Education in  
Costa Rica: Lessons from a Leader**



**June 1, 2014–July 6, 2014**

- \* **Price without airfare: \$3,650**
- \* **Final application deadline:  
February 15, 2014**
- \* **Up to six credit hours**
- \* **Study Abroad Scholarships available**

## Program Overview

Costa Rica offers students a challenging academic travel through breathtaking scenery, stirring cultural immersion, immense biodiversity, and a variety of exhilarating events. Through classroom activities and field trips, students have the opportunity to walk in tropical rainforest canopies, visit coffee plantations and hike to quetzal feeding area high in the mountains of central Costa Rica. The program begins at the Arenal Volcano and then moves to Colorado near the Panama border where students meet their host families. KIIS Costa Rica continues with a four day visit to the beaches of the Osa Peninsula on the Pacific Ocean. This area is home to monkeys, sloths, scarlet macaws, iguanas, turtles and dolphins. Please note that KIIS Costa Rica is a physically challenging study abroad option that requires strenuous hiking in heat and elevation.

## Accommodations & Meals

- \* Students stay with two different host families while studying in Costa Rica (with another KIIS student)
- \* They will show you how to get around town and let you know what you need to know
- \* The family provides you with breakfast, lunch and dinner, as well as a place for you to do your laundry.
- \* Some nights will be spent in hotels and hostels. Not all meals will be included during that time.

## Program Costs

### **Program fee without airfare: \$3650**

This includes:

- \* Up to six credit hours
- \* Accommodations (homestays, hotels, hostels)
- \* Homestays include three meals per day
- \* Group transportation in Costa Rica
- \* Group excursions & field trips
- \* Comprehensive medical insurance
- \* Security evacuation protection

### **Program fee w/airfare: Check online at [www.kiis.org](http://www.kiis.org)**

This includes:

- \* Up to six credit hours
- \* Transfers to/from Costa Rica airport
- \* Accommodations (homestays, hotels, hostels)
- \* Homestays include three meals per day
- \* Group transportation in Costa Rica
- \* Group excursions & field trips
- \* Comprehensive medical insurance
- \* Security evacuation protection



### **Program fee does not include:**

- \* \$250 application fee
- \* Spending money
- \* Independent travel
- \* Some meals
- \* Textbooks/reading materials
- \* Passport fees
- \* Participants should also budget additional funds for personal expenses based upon their individual spending habits.

## Application Procedures

### **To apply:**

- Contact Dr. Kristin Cook ([kcook@bellarmine.edu](mailto:kcook@bellarmine.edu)) to learn more about her course in Costa Rica Summer 2014.
- Contact Erica Ward ([eward@bellarmine.edu](mailto:eward@bellarmine.edu); Miles 149) to learn more about the program, how to finance this experience, and how to apply.
- Apply by **February 15th, 2014** online at [www.kiis.org](http://www.kiis.org). Apply by **January 20th, 2014** to receive \$100 off the program fee. By February 15th, you must submit all Bellarmine study abroad application materials to the IPO/International Programs Office, Miles 149. [www.bellarmino.edu/international/applicationprocedures](http://www.bellarmino.edu/international/applicationprocedures)
- Apply for study abroad scholarships. Deadlines vary! Scholarship website: [www.bellarmino.edu/international/scholarships.aspx](http://www.bellarmino.edu/international/scholarships.aspx)

Some available study abroad scholarships to BU students who take Dr. Cook's class abroad in Costa Rica include:

- \* KIIS Scholarship
- \* Global Quiz Competition
- \* Global Explorer Scholarship

After acceptance students must attend an on-campus Pre-Departure orientation. The IPO will contact students with more details.