



Knightly Adventures Abroad

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If I could do it over, I would visit the beaches more than once.

Major: Exercise Science



Years/Term Abroad: Summer 2017

Name of program and why you chose it: IDC 400 class, which is only offered to Exercise Science Majors after completion of their junior year. I went for the cultural experience and being able to compare exercise science classes and professions in Australia.

Greatest Challenge: Not having enough cash for the pricey food and drinks.

Best Memory: Going to an Australian League Football game. It was a way for me to experience their culture, and I thoroughly enjoyed learning and watching the sport.

Describe the Housing Situation: I lived in a 3 bedroom apartment with 5 other guys.

Experiences with Culture Shock or Reverse Culture Shock:

In Australia they drive on the left side of the road, which isn't a big deal because we didn't drive. However, they walk on the left side of sidewalks and around the University. This took about a week to get used to.

How has this experience enriched your Bellarmine educational experience? It allowed me to explore and indulge in a culture foreign to mine, and really just see the world.

What you know now that you didn't know before going abroad: The way that the Aboriginal people live their lives. It's interesting to see that they change themselves to suit the environment.

I went to Australia to learn about exercise science, and I left having learned a lot about their culture and myself.



Advice to future study abroad participants: Try to embrace and engage in the culture around you the best you can.

