



BELLARMINE UNIVERSITY

School of Continuing and Professional Studies

Fall 2019

Enrichment Courses

EVENING WITH ROY: U.S. FOREIGN POLICY AND THE MIDDLE EAST

The Middle East continues to intrigue, confound, and dominate U.S. foreign policy. We will take a fresh look at the major players in the Middle East, our American foreign policy objectives, and how we got to this current point in time. We will look at how domestic political calculations often drive poor foreign policy decisions. We will consider the rise of autocracy, national ambition, and religious conflict throughout the region. Learn about the plight of our friends, the Kurds. We will pay special attention to ongoing foreign policy developments regarding Iran.

INSTRUCTOR: Roy M. Martin, MBA, MA, is a foreign policy consultant. Roy is now in his 18th year of teaching in Bellarmine's School of Continuing and Professional Studies.

CEHM 100 / 5 Tuesdays / Oct. 15 – Nov. 12 / 7 – 9 p.m. / \$129

MERTON: ECHOES OF PEACE WITHIN SILENCE

Thomas Merton believed that "*it is necessary that we find the silence of God not only in ourselves but also in one another.*" Practicing silence is not an internal withdrawal but is a way of actively engaging the world. Explore Merton's view of silence not only as an integral part of life but also a transformative catalyst for personal, cultural, and global change. Gain ideas and practices to integrate silence into the whole of your life.

INSTRUCTOR: Vanessa F. Hurst was Executive Director of The Merton Institute for Contemplative Living. As a practicing contemplative for over 20 years, she follows Merton's maxim of living her everyday life as her spiritual life.. Vanessa is author of *Engaging Compassion Through Intent and Action* and *A Constellation of Connections: Contemplative Relationships*.

CEHM 110 / 4 Tuesdays / Oct. 1 - 22 / 6:30 – 8 p.m. / \$69

ITALIAN for BEGINNERS and TRAVELERS

Learn about Italian culture, as well as basic grammar, pronunciation and Italian expressions, through fun, interactive activities. By the end of the course you will be able to communicate well enough to ask for directions, shop at the local stores and markets, order in restaurants, interact with the locals, and enjoy watching Italian movies with subtitles.

INSTRUCTOR: Vesna Alač, M.A. has been teaching Italian for 12 years. She taught at the University of Massachusetts, the Italian Cultural Institute of Louisville and the University of Louisville.

CEHM 130 / 8 Tuesdays / Sept. 24 – Nov. 12 / 6 – 7:30 p.m. / \$179

THE WISDOM-BASED RETIREMENT

Learn about the major areas that impact finances during the retirement years, as well as other crucial planning issues. From the economy to markets and investments, and risk management to taxes and estate distribution, this course will move beyond the basics and into advanced, practical applications. Learn to avoid both fraud and fad while spotting legitimate opportunities.

INSTRUCTOR: Stephen L. Franklin, M.B.A., CFP®, CEP, CFS, specializes exclusively in issues that impact the retired. He brings a wealth of knowledge and experience into the classroom.

CESP 120 / 6 Wednesdays / Oct. 2 – Nov. 6 / 1 - 3 p.m. / \$99

WINES OF TUSCANY & PIEDMONT

Tuscany and Piedmont are Italy's most important wine regions and two of its most beautiful and historic areas. Learn about the major sub regions of Tuscany and Piedmont through a series of lively lectures and informative tasting sessions. Try the major grape varieties from these areas finest wine regions and wineries. **Participants must be at least 21 years old. Classes will be held at Cuvee Wine Table, 3598 Springhurst Blvd.**

INSTRUCTOR: Scott Harper is a Master Sommelier and Certified Wine Educator. He works as Corporate Wine and Beverage Director for the Bristol Bar and Grille Inc. and Cuvee Wine Table.

CELE 100 (01) / 3 Tuesdays / Sept. 17 – Oct. 1 / 6:30 – 8:30 p.m. / \$99, plus \$40 materials fee

CELE 100 (02) / 3 Wednesdays / Sept. 18 – Oct. 2 / 6:30 – 8:30 p.m. / \$99, plus \$40 materials fee

CONDOS, PATIO HOMES AND TOWNHOMES - BEST PRACTICES

Review the 'technical issue' basics that you need to know to be a good board member, including: long-range financial reserve studies, creating an annual budget, reading the month-end financial statements, understanding your master deed and bylaws, the most important state laws, preventive maintenance checks lists and emerging sustainability issues. Learn about rule enforcement and the planning, consensus building and communications ground work that precedes it; how to evaluate which rules matter most within your association; and the wisdom of choosing different forms of enforcement for different types of rule violation.

INSTRUCTOR: Patrick Hohman has been president of his condominium association for more than 20 years. He wrote the book *Condos Townhomes and Home Owner Associations: How to make your Investment Safer*. Guest speakers take your questions on condo law, insurance, finance and long-range engineering reserve studies.

CESP 100 / Saturday / Oct. 19 / 9 a.m. – 3:30 p.m. / \$109, plus \$10 lunch fee

INTRO TO CREATIVE NONFICTION

Creative nonfiction is the fastest-growing genre in the literary and publishing communities. Learn the differences between literary nonfiction, personal essay, literary journalism, memoir, and narrative nonfiction. Explore how to put the "I" in your next writing piece. You will practice, practice, practice and may be able to finish the course with a publishable piece! Be prepared to share your work and critique others' work in a friendly, but constructive, manner.

INSTRUCTOR: Taylor Riley is an award-winning journalist and editor who holds a degree in journalism and MFA in creative writing. She was a producer and lifestyle writer for the Courier Journal and is currently the editor of the Henry County Local. Taylor has been published in many state and national publications.

CEHM 220 / 3 Wednesdays / Sept. 11 – 25 / 6:30 – 8 p.m. / \$79

ESPIONAGE AND SURVEILLANCE THROUGH THE AGES

The intelligence profession is one of the least understood disciplines in the world today. We'll explore the history of intelligence through the ages, from Sun Tzu's five kinds of spies through the impact of technology on information, collection, and analysis. Topics will include the roles and impact of military, political, and business intelligence in our personal and professional lives, as well as the different forms of intelligence used in making decisions in all walks of life.

INSTRUCTOR: Jon W. Glassford, M.S., has over 35 years of experience in U.S military intelligence and special operations communities as an analyst and intelligence officer. He created, trained, and managed regional and national intelligence and security programs for the U.S. Army Reserve, the US. Army Special Operations Command, and national and international intelligence agencies.

CESP 210 / 8 Thursdays / Sept. 19 – Nov. 14 / 6:30 – 8 p.m. / \$159

THINK LIKE AN ECONOMIST

Gaining a better understanding of the current economic situation will help you make wiser investment and personal decisions. You do not need years of training to think like an economist. Learn a few “tricks of the trade” economists use to analyze the broad picture of the economy. We’ll delve into the three macroeconomic indicators commonly reported by the news media that are key to following the health of the U.S. economy: gross domestic product, consumer price index, and the unemployment rate.

INSTRUCTOR: Marie A. Bussing holds a doctorate in economics and is an assistant professor of economics at the University of Southern Indiana’s Romain College of Business. Dr. Bussing is the author of nine books in the field of business and economics.

CESP 220 / Saturday / Sept. 21 / 1 – 4 / p.m. / \$59

PROTECTING YOUR ONLINE SECURITY AND PRIVACY

Protecting your On-Line Personal Security and Privacy are more important than ever. Millions of user IDs and passwords are stolen every year. Identity theft is rampant. And who hasn’t had their credit card compromised at least once or multiple times. Fortunately, there are simple and easy techniques to make it very difficult for the “bad guys” to damage your personal security and security. Learn essential steps that will help protect you regardless of which digital devices you use, such as:

- Why everything you thought you knew about passwords is wrong
- Why library and hotel Wi-Fi are your worst enemy
- How everything you do on-line is tracked and how to easily stop it;
- Why two step authentication and encryption are your best friend and how to easily use them
- Why you absolutely need two email addresses
- Why you should never click on links in emails you receive
- and many more.

INSTRUCTOR: Tom Cross, BA (Chemical Engineering), MBA, is a technology geek who has taught 25+ sessions on online security and attended 50+ seminars by Apple consultants. He has experience with iPhone, iPad and Mac devices and with Dell/IBM personal computers.

CESP 200 (01) / Mon, Oct. 14 & Tues, Oct. 15 / 1:30-3:00 p.m. / \$59

CESP 200 (02) Wed, Oct.16 & Thurs, Oct.17 / 6:30 - 8 p.m. / \$59