



VERITAS SOCIETY COURSE CATALOG

FALL 2025

Registration Opens: September 10 • 9 a.m.
Fall Term: October 6 - November 14

PRESIDENT'S LETTER

Hello Veritas Members!

Welcome to our 30th Fall Term!

It has been fun and amazing in this anniversary year to take a look at how far The Veritas Society has come. A heartfelt 'thank you' to our founding members who worked hard to see Veritas adapt, grow, and succeed.

In that tradition, I'm happy to tell you about several new things going on in the Veritas world.

First, please stop by the Veritas Office to meet our new Program Coordinator, Kristen Marcela. She comes to us from Kansas State University where she was the Office Manager in the Office of the President. Welcome, Kristen!

Next, a birthday present: Veritas has a beautiful, newly renovated classroom in Bellarmine's Watterson Medical Building on Newburg Road, about a mile from the main campus. Our space includes a 70+ person classroom with state-of-the-art technology, a kitchenette, restrooms, and best of all, lots of free parking, and NO STAIRS!!! This will be added to the mix of class locations on campus and around town. Veritas funded this renovation with a donation to Bellarmine from our reserve funds and member donations. So, thanks to all our members for your dedication and support. You made this possible.

And last but not least, this catalog brings you a terrific array of new class offerings, many taught by new faculty. You'll find everything from history to esports to poetry to darts. Thanks, as always, to the curriculum committee for putting together another fine selection of cool classes.

Please share this catalog and what Veritas is all about with your friends and family - Veritas grows through you.

And really last, I am your new president. I am fortunate to serve on a board with a bunch of really smart people. Please let us know your thoughts and suggestions. We'll do our best to make sure Veritas is ready for the next 30 years.

See you in class!

Ann

Ann McWilliams
President, Veritas Society
amcwilly@yahoo.com

Veritas Society Board of Directors

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Contact Information

Abigail Walsh
Director, Center for Community &
Professional Education & Veritas Liaison

Kristen Marcela
Veritas Program Coordinator

502.272.8374 • veritas@bellarmine.edu
www.bellarmino.edu/ce/veritas

About Us

Who We Are

Since 1995, Veritas has offered the preeminent learning experience to people over 50 in the Louisville area. Our mission is to keep our minds active, open, and growing with the goals of:

- Understanding our history and cultural heritage
- Staying informed about what's happening around us
- Recognizing changes in the world & finding our place in it

We are retired or semi-retired people: doctors, educators, homemakers, office workers, administrators, artists, laborers, and executives. We are governed by a Board of Directors elected by the membership.

What We Do

We are an active, participatory group that devises and develops its own programs, enlisting the best of regional talent.

We offer a six-week program each fall and spring, and activities during the winter and summer.

Registration and Fees

Registration is **ONLINE** only.
(See instructions on page 4).

- Fall or Spring term membership fee – \$50
- 6-week course fee – \$30
- 3-week course fee – \$15

Membership Benefits

- Register for classes of interest. No prerequisites, tests, or grades
- Access to activities year-round including lectures, winter activities, virtual and in-person field trips, and social events such as the Holiday Lunch and the Spring Celebration
- Free parking on campus
- Full use of Bellarmine library
- Access to Bellarmine's SuRF (Sport, Recreation and Fitness) Center
- 15% discount on select Continuing Education courses
- Bellarmine Veritas Student ID card
- Discounts at local community partners

Check out our Membership Handbook (emailed to all members & on the Veritas Website) for full details about membership benefits.

Ways to Get Involved

- Teach a course or lead a discussion group
- Serve as a Production Team member
- Recruit new Veritas Presenters
- Help with mailings
- Welcome new members
- Join a committee

Find out HOW at
www.bellarmino.edu/ce/veritas/getinvolved

Veritas Scholarships Available

The Veritas Society recognizes that its members are in a unique time of their lives when medical expenses, fixed income, caregiving for loved ones, or other unforeseen events can create a financial burden even for those who have planned well. The Veritas By-Laws state that "the Society strives to provide opportunities for intellectual growth, cultural enrichment, and lasting fellowship" for its members. Undue financial burden should not be an impediment to this goal.

The Veritas Society offers a limited number of scholarships to members each term. A scholarship covers the cost of the membership fee and one class fee. Scholarships are open to current and prospective members. Members may reapply each term but are not guaranteed a scholarship each time.

To apply for a Veritas Scholarship, email veritas@bellarmine.edu and the application form will be sent to you. Applications are due before September 10th.

Online Registration & Fees



STEPS TO REGISTER

Registration opens at 9:00 a.m. on Wednesday, September 10th

- 1. Go to www.bellarmino.edu/ce/veritas and click on “ENROLL NOW.”** If you have a Bellarmine Login, press “One Login” and enter the credentials you have received. If you do not have a Bellarmine Login, press “Continue as a guest.”
- 2. Click on the “VERITAS” tab.**
 - You will automatically be charged the \$50 membership fee when you choose your courses. If you do not want to take courses, but want to maintain your membership, choose the 1st category — “Membership Only.”
 - Courses will be listed by category. Click on the category to find your course. Add the courses you want to attend by clicking “Add to Cart” UNDER the “seat count” for that course.
 - NOTE: The hybrid classes will have two options — In-person or Zoom. Please carefully select the option you prefer, so that we can place you in the correct option and keep counts accurate.
 - When you put a course in your cart, one of the remaining spots is reserved for you. (If you do not complete the payment process within 45 minutes, your registration will be automatically canceled.)
 - Before proceeding to “payment,” double-check that you’ve selected the courses/programs you actually want. You can look at the items in your shopping cart at any time by clicking “My Cart.”
 - If you logged in with your credentials, you will not be prompted to enter your personal information, as it is stored in the registration system. If you pressed “register as a guest,” you will be prompted to enter your personal information.
- 3. Payment**
 - Click “My Cart” to proceed to the “Payment” page. After reviewing your course selections, click the “Check out” button to be sent to the CashNet payment system to complete your purchase.
 - Payment can be made with e-Check (no fee, use account and routing numbers on your personal check) or VISA, MasterCard, Discover, or American Express (2.75% non-refundable convenience fee). If paying by credit card, please click the button to acknowledge the service charge.
 - Before submitting payment, look at the email address in the box. If it is not your “preferred” email, change it.
 - You will receive a payment confirmation via email.
- 4. To register another person, click on the name in the top right corner, then click “sign out.”** Enter the next person’s credentials.

Risk & Consent Form & Code of Conduct

You will notice when registration opens that a Risk & Consent form and Veritas Member Code of Conduct has been added to the registration process.

The Veritas Office, in conjunction with Bellarmine University, wants to be overly prepared to assist our members in case of an emergency. By filling out the form, we are better informed of who to call, what to be aware of, and how to respond in preparation for any situations that may arise.

Daily Schedule at a Glance

MONDAY

Go Tell It on the Mountain, by James Baldwin • Asher • IN-PERSON • 10:00 – 11:15 a.m.
Understanding the Present Moment • Kennedy • IN-PERSON • 11:30 a.m. – 12:45 p.m.
The Historical Jesus • Rouse • IN-PERSON • 2:00 – 3:15 p.m.

TUESDAY

Nineteenth Century Women Poets • Smith • IN-PERSON • 10:00 – 11:15 a.m.
24 Therapeutic Posture Qigong • Carrington • IN-PERSON • 11:00 a.m. – 12:15 p.m.
The Enneagram: A Sacred Perspective • MacDonald • IN-PERSON • 11:30 a.m. – 12:45 p.m.
Chautauqua 2025 • Cherry • ZOOM • 2:00 – 3:15 p.m.
Is There A Social Isolation & Loneliness Epidemic? • Tiell • ZOOM • 3:30 – 4:45 p.m.

WEDNESDAY

Abundance, By Ezra Klein and Derek Thompson • Schorin • IN-PERSON • 10:00 – 11:15 a.m.
Looking for Louisville in Documentaries • Atkinson • IN-PERSON • 11:30 a.m. – 12:45 p.m. .
Fantasia: An Algerian Cavalcade • Curry • IN-PERSON • 2:00 – 3:15 p.m.
Essays in Civil Disobedience • Whitfield • IN-PERSON • 3:30 – 4:45 p.m.

THURSDAY

Unlock Your Inner College Student: Exploring Esports • Greenwell • IN-PERSON • 10:00 – 11:15 a.m.
Unlock Your Inner College Student: Social Media • Various • IN-PERSON • 10:00 – 11:15 a.m.
John C. Breckenridge • Meade • HYBRID • 10:00 – 11:15 a.m.
Hollywood Goes to War • Schmall • HYBRID • 11:30 a.m. – 12:45 p.m.
Intro to Gerontology • Hartmann • IN-PERSON • 1:40 – 2:55 p.m.
Immigration and Deportation: Look What's Happening Here • FitzGerald • HYBRID • 2:00 – 3:15 p.m.
John Clark & Ann Rogers Clark, The First Family of the First Frontier • Golliher • HYBRID • 3:30 – 4:45 p.m.

FRIDAY

Lunch & Learn • Various Speakers • IN-PERSON • 11 a.m. – noon followed by lunch.
Darts: For Self-Improvement and Competition • Sprawls • IN-PERSON • 1:00 – 2:15 p.m.
Fridays at the Movies • Cherry • ZOOM • 2:00 – 4:00 p.m.

Inner Life

UNDERSTANDING THE PRESENT MOMENT THROUGH THE IDEAS OF MARX, NIETZSCHE, SARTRE, AND FOUCAULT

In 2022, Bishop Robert Barron did a series of four short lectures entitled "Understanding the Present Moment." In these lectures, he discussed the ideas of four philosophers — Karl Marx, Friedrich Nietzsche, Jean Paul Sartre, and Michel Foucault — and the impact those ideas had on the beliefs, convictions, and values of western culture. As we explore the lectures and ideas of Marx, Nietzsche, Sartre, and Foucault, we will also look at G.W.F. Hegel and Søren Kierkegaard, who helped set the stage for the themes behind these lectures. Together, we will expand our understanding and appreciation of some of the intellectual underpinnings of our world today — how we got to where we are now. Whether you agree with Bishop Barron or not, we should be able to have some interesting discussion and debate!

REQUIRED ASSIGNMENT: Watch Bishop Robert Barron's short lecture videos that will be provided via email along the way.

PRESENTER: Tom Kennedy has been a philosophy instructor for over 20 years, teaching at Indiana University Southeast, Spalding University, and Bellarmine University. He is recently retired and is a parishioner at St. John Paul II Catholic Church.

CATEGORY: Inner Life

COURSE # CEVE 001-01

FORMAT: IN-PERSON

LOCATION: WMC - Suite 101

MEETS: 6 Mondays / 11:30 a.m. – 12:45 p.m.
October 6 - November 10

THE HISTORICAL JESUS: "WHO DO YOU SAY I AM?"

He said to them, "But who do you say that I am?" — Matthew 6:15.

The evidence for Jesus and the historical record of the gospels reveal much about who he was and how he was understood. Exploring the basis of Christianity, we will consider the meaning of the titles "Messiah," "Son of Man," and "Kingdom of God" from both Jewish and Christian perspectives. The story unfolds through the birth of Jesus, the significance of his miracles, and the circumstances of his death, as well as his relationships with his family, John the Baptist, and the apostles James and John. Attention is also given to the formation of the gospels and the development of early Christianity.

SUGGESTED READING: Suggested readings will be provided via email along the way.

ASSIGNMENT FOR FIRST CLASS: Read the Gospel of Mark. It can be found at <https://bible.usccb.org/bible/mark/0>.

PRESENTER: Mike Rouse holds an Advanced Catechist certification and has over 30 years of experience with the Archdioceses of Louisville. Having taught theology at a Catholic high school for 23 years, he looks forward to sharing what he has learned and continuing his own faith journey. Mike joined Veritas in the Spring of 2024.

CATEGORY: Inner Life

COURSE # CEVE 001-02

FORMAT: IN-PERSON

LOCATION: WMC - Suite 101

MEETS: 6 Mondays / 2:00 – 3:15 p.m.
October 6 - November 10

Inner Life

THE ENNEAGRAM: A SACRED PERSPECTIVE

Imagine the Enneagram not as a psychological indicator but as a spiritual guide for your inner world. It blends ancient wisdom with modern psychology, revealing how we can unconsciously get stuck in negative behaviors. It describes a path to move beyond those behaviors and uncover the essence of who you're truly meant to be. We will explore all nine Enneagram types, discovering the unique insights each one offers. Rather than focusing just on outward behaviors, we will reflect on and discuss the profound sacred core that defines each type. Whether you're new to the Enneagram or coming back for a fresh look, this experience invites you to listen deeply, reflect honestly, and awaken the divine spark within that is your True Self. As Carl Jung wisely said, "Until you make the unconscious conscious, it will direct your life, and you will call it fate."

REQUIRED READING: *The Sacred Enneagram: Finding Your Unique Path to Spiritual Growth* by Christopher L. Heuertz (Author), Richard Rohr (Foreword)

ASSIGNMENT FOR FIRST CLASS: Read the Forward and The Question of Identity (Pages 9-25)

PRESENTER: Barbara MacDonald, M.A. in Religious Studies, has been a frequent Veritas presenter since 2017, guiding participants in exploring Christianity's connection with science and spirituality. She simplifies complex ideas, fosters inclusive classrooms, and integrates wisdom from various thinkers. Barbara is an author, past Veritas Board member, and a Veritas member since 2015.

CATEGORY: Inner Life
COURSE # CEVE 001-03
FORMAT: IN-PERSON

LOCATION: Flashcube - Central Bank
MEETS: 6 Tuesdays / 11:30 a.m. – 12:45 p.m.
October 7 - November 11

IS THERE A SOCIAL ISOLATION & LONELINESS EPIDEMIC?

Today we face a growing concern: people have become too socially isolated — and perhaps even too lonely for their own good. Political scientist Robert Putnam, in *Bowling Alone*, highlighted the decline of community and civic engagement; U.S. Surgeon General Vivek Murthy has called loneliness a public health crisis; and journalist Clive Thompson has examined the ways technology both connects and separates us. Drawing on guest speakers and other resources, the discussion will trace historical roots and present-day developments that contribute to this dynamic. Topics include causes and risk factors, signs and symptoms, prevention and intervention strategies, the benefits of social engagement, and resources available for support.

SUGGESTED READING: *Together* by Vivek Murthy

ORGANIZER: Robert "Bob" Tiell has a wealth of experience in the behavioral sciences field and has assisted many clients over the years on a variety of work and life transitions. Bob, who has also served as an adjunct professor, joined Veritas in 2020.

CATEGORY: Inner Life
COURSE # CEVE 001-04
FORMAT: ZOOM
MEETS: 6 Tuesdays / 3:30 - 4:45 p.m.
October 7 - November 11

Literature

GO TELL IT ON THE MOUNTAIN, BY JAMES BALDWIN

Published in 1953, James Baldwin's first major novel, *Go Tell It on the Mountain*, celebrated its 50th anniversary in 2023. Baldwin, who passed away in 1987, has re-emerged in recent years as a prophetic voice in conversations about race, faith, and identity in the United States. The novel unfolds over the course of a single day in 1935 Harlem, structured around the lives and histories of its central characters. Reading assignments will range from 25 to 60 pages per week as we explore Baldwin's powerful storytelling, characterization, and enduring relevance.

REQUIRED READING: *Go Tell It on the Mountain* by James Baldwin. Instructor will use Vintage International edition published in 2024.

ASSIGNMENT FOR FIRST CLASS: Part One: "The Seventh Day"

PRESENTER: Brad Asher, Ph.D., is a historian and author of three books on Kentucky history. He has previously presented Veritas courses on Wendell Berry, Indians of the Pacific Northwest, and the Black Patch War, among others.

CATEGORY: Literature
COURSE # CEVE 002-01
FORMAT: IN-PERSON
LOCATION: WMC - Suite 101
MEETS: 6 Mondays / 10:00 - 11:15 a.m.
October 6 - November 10

NINETEENTH CENTURY WOMEN POETS YOU'VE NEVER HEARD OF

Ella Wheeler Wilcox's (1850-1919) *Poems of Passion*, rejected as obscene by one publisher, went on to sell 60,000 copies. Jean Ingelow's (1820-1897) three volumes of *Poems* went through multiple editions in both England and America, selling over 200,000 copies in America alone. So how come you and I have never heard of these poets? This class will introduce you to roughly 18 great-but-forgotten 19th-century women poets (three each week), half English and half American. As with my other poetry classes, you will receive the poetry on-line to read in advance, and we will read poetry aloud and discuss it in class.

REQUIRED READING: Readings will be provided via email along the way.

SUGGESTED READING: Margaret Randolph Higginnet, ed., *British Women Poets of the 19th Century*, Meridian, 1996 and Cheryl Walker, ed., *American Women Poets of the Nineteenth Century*, Rutgers UP, 1995. These are NOT required, and not all the assigned readings will be found in these books.

PRESENTER: Jonathan Smith is Emeritus Professor of English at Hanover College, where he taught from 1974 to 2015. Jonathan is a Betts Meehan Lifetime Member, a member of the Veritas Board of Directors, and frequent Discussion Leader. He serves as the Editor of the Veritas Voice Newsletter and has been a Veritas member since 2017.

CATEGORY: Literature
COURSE # CEVE 002-02
FORMAT: IN-PERSON
LOCATION: Flashcube - Central Bank
MEETS: 6 Tuesdays / 10:00 - 11:15 a.m.
October 7 - November 11

Literature

ABUNDANCE, BY EZRA KLEIN AND DEREK THOMPSON

American history is notable for its expansionist hunger — more land, more food, more people — and also more regulations. However, now we are in crisis — and our institutions are not working as they need to. This is not simply a partisan tale — there is blame on both sides of the political divide. Let's talk about the ideas generated in this book and the authors' proposed solutions.

REQUIRED READING: *Abundance* by Ezra Klein and Derek Thompson, Avid Reader Press

ASSIGNMENT FOR FIRST CLASS: Introduction and Ch. 1 "Grow"

PRESENTER: Marilyn Schorin, Ph.D. in nutritional biochemistry from Columbia University, is a Betts Meehan Lifetime Member, a member of the Veritas Board of Directors, and a frequent presenter. Marilyn has been a Veritas member since 2007.

CATEGORY: Literature

COURSE # CEVE 002-03

FORMAT: IN-PERSON

LOCATION: WMC - Suite 101

MEETS: 6 Wednesdays / 10:00 – 11:15 a.m.
October 8 - November 12

FANTASIA: AN ALGERIAN CAVALCADE, BY ASSIA DJEBAR

In *Fantasia: An Algerian Cavalcade*, Algerian historian, novelist, and filmmaker Assia Djebbar weaves together a "double history": the French conquest of Algeria in 1830 and her own experience as a young woman educated in the French school system more than a century later. Her narrative reflects on the struggle for independence, including interviews with women refugees at the Tunisian border, while also recalling childhood summers in a mountain village where freedom was found through secret letters to French pen pals. Calling French her "mother-in-law language," Djebbar captures both the opportunities education afforded her and the brutality of colonial oppression on the poor. In this book discussion, participants will explore themes of identity, memory, tradition, and women's voices in the fight against both colonialism and cultural silencing.

REQUIRED READING: *Fantasia: An Algerian Cavalcade* by Assia Djebbar, translated by Dorothy Blair; Heinemann, Portsmouth, NH

ASSIGNMENT FOR FIRST CLASS: Introduction, Chapters 1 and 2

PRESENTER: Page Curry, DML, taught French for 17 years in public schools in Connecticut and Indiana. In 1994 she received her Doctor of Modern Languages in French and Spanish at Middlebury College. After two sabbatical replacement posts, Page came to Bellarmine to teach both languages, as well as core classes. Page joined Veritas in 2017.

CATEGORY: Literature

COURSE # CEVE 002-03

FORMAT: IN-PERSON

LOCATION: BU Campus

MEETS: 6 Wednesdays / 2:00 – 3:15 p.m.
October 8 - November 12

The World

ESSAYS ON CIVIL DISOBEDIENCE: LEGITIMACY CONFRONTING LEGALITY

Can grievances concerning what are perceived by a sector of society as bad laws be actively carried into the public arena for the purpose of bringing about redress and change? We will investigate the intersection of claims to legitimacy (sometimes through an appeal to higher values including religious convictions) with claims to the fundamental importance of adherence to the laws, including to the legal mechanisms that may exist to modify and reverse them. Our guides for these discussions will be thinkers who have grappled with these questions both theoretically and through direct action. Among them are Thoreau, Tolstoy, Gandhi, and Martin Luther King. The course will be conducted through participatory class discussions of texts, with students providing some research and background material concerning the authors and their circumstances.

REQUIRED READING: *Essays on Civil Disobedience*, Bob Blaisdell, Editor Dover Publications, Inc. 2016

ASSIGNMENT FOR FIRST CLASS: Read "The Declaration of Sentiments Adopted by the Peace Convention" (William Lloyd Garrison, 1838), "Non-Resistance in Relation to Human Governments" (Adin Ballou, 1839), and "The Lyceum Address" (Abraham Lincoln, 1838).

PRESENTER: Donald Whitfield was Vice President of the Great Books Foundation in Chicago, where he directed adult education discussion programs and trained discussion leaders. He conducted courses at the Osher Lifelong Learning Institute at Northwestern University and the Newberry Library. Don is a frequent Veritas presenter.

CATEGORY: The World
COURSE # CEVE 003-01

FORMAT: IN-PERSON

LOCATION: BU Campus

MEETS: 6 Wednesdays / 3:30 - 4:45 p.m.
October 8 - November 12

IMMIGRATION AND DEPORTATION: LOOK WHAT'S HAPPENING HERE

Examine the laws, policies, and local realities of immigration and deportation, with a focus on how they affect families and communities in Louisville, Kentucky. A series of speakers will address current law and events as we explore issues such as the immigrant population and history in Louisville, the process for deportation, what authority ICE actually has, and the distinction between a judicial and administrative warrant. We will consider what it means to be a sanctuary city. Our speakers will discuss law, policy and implementation, including deportation measures under way in Louisville and Kentucky. We will also hear from local organizations about efforts to minimize the impact on affected families and individuals.

ORGANIZER: Judge Patricia Walker FitzGerald retired from the Jefferson Circuit Court, Family Division and has since worked as a consultant with the National Center for State Courts and Casey Family Programs. She joined Veritas in 2020, is a frequent course organizer, and a member of the Veritas Board of Directors.

CATEGORY: The World
COURSE # CEVE 003-02
FORMAT: HYBRID

LOCATION: WMC - Suite 101

MEETS: 6 Thursdays / 2:00 - 3:15 p.m.
October 9 - November 13

Arts & Entertainment

HOLLYWOOD GOES TO WAR - HOW AMERICAN MOVIES MOBILIZED THE NATION IN WWII

Hollywood became an essential ally in the U.S. war effort during World War II. Through film screenings and guided discussions, participants will examine how Hollywood directors shaped public opinion, rallied support, and forged enduring myths of heroism, sacrifice, and American identity. Each class session looks at Hollywood's greatest wartime film excerpts with historical context, drawing on insights from movies that portrayed the enemy, demonstrated our armed forces' bravery, and celebrated how the home front supported their fight. Cinema helped define not only what America was fighting against — but what it was fighting for. Perfect for film lovers, history buffs, and anyone curious about the power of story in a time of crisis.

SUGGESTED READING: *Hollywood Victory* by Christian Blauvelt

ASSIGNMENT FOR FIRST CLASS: Think about movies made in the WWII era that you watched as you were growing up. Make a list - which were your favorites? Why? How did these movies impact you and your views on the US and the rest of the world?

PRESENTER: Eric Schmall's career path focused on management, consulting, and education. With his MA in International Relations, he has taught courses at Bellarmine University, UofL, and Indiana University Southeast. Eric joined Veritas in 2018 and is a Betts Meehan Lifetime Member for teaching over 10 courses. Eric has presented a wide range of topics from lighthearted reviews of classic comedy TV and films to historic examinations of the 20th century's nightmares such as the Holocaust and fascism.

CATEGORY: Arts & Entertainment

COURSE # CEVE 004-01

FORMAT: HYBRID

LOCATION: WMC - Suite 101

MEETS: 6 Thursdays / 11:30 a.m. - 12:45 p.m.
October 9 - November 13

FRIDAY AFTERNOONS AT THE MOVIES: HUMANITY

Historical challenges, great and small, often show glimpses of our common humanity. How do we meet these challenges not necessarily of our own making? Was the outcome worth the journey?

IRON JAWED ANGELS: Tells the true story of young activists, Alice Paul and Lucy Burns, as they risked their lives to help American women win the right to vote. (2004, 123 minutes)

ONE LIFE: Tells the story of Nicholas Winton who organized the rescue of Jewish children from the Nazis on the verge of WWII. (2023, 110 minutes)

RUBY BRIDGES: A bright 6-year old African-American child who integrated the local public elementary school in the 1960's. (1998, 96 minutes)

HACHI: A lost Akita puppy who is embraced by a family and brings love to a community. (2009, 93 minutes)

EVEREST: A story surrounding an attempt to summit the world's highest mountain in the harshest conditions imaginable. (2015, 121 minutes)

CONCLAVE: Exposes the secrets and conspiracies in selecting a new Pope. (2024, 120 minutes)

PRESENTER: Sandra Cherry holds an M.A. and a Rank I in teaching from UK and a B.A. from the University of MD with majors in Theatre and Math. Sandra has taught over 30 courses for Veritas since 2008 and is a Betts Meehan Lifetime Member. She also serves on the Veritas Board of Directors.

CATEGORY: Arts & Entertainment

COURSE # CEVE 004-02

FORMAT: ZOOM

MEETS: 6 Fridays / 2:00 - 4:00 p.m. (or so)
October 10 - November 14

Americana

LOOKING FOR LOUISVILLE IN THE DOCUMENTARIES OF MORGAN ATKINSON

Over the past 40 years, Morgan Atkinson has written and produced more than 20 documentaries that have aired on PBS stations. This course will focus on six that present insights into the community of Louisville —our attitudes, our strengths, and some would say, our shortcomings. Each documentary is about one hour long and then discussion will follow. The documentaries are: "Falls City", a look at how the effort to make a fountain in the river our city symbol was launched and missed the mark. "Metro", which looks at the first year of city/county merger. Why do the merger? What happened in year one? How's it look today? "Statues, This Is What We Stand For?" considers public art in Louisville, particularly the one honoring General Castleman. "This is the Ohio: Life, Death, Rebirth of the Beautiful River" which chronicles the history and importance of the Ohio River. "Our Library" takes Kentucky's largest library system, exploring its value, meaning, and impacts. "A Way of Life, Basketball in Kentucky" examines one of commonwealth's oldest and best loved pastimes following the 1999 high school basketball season, culminating in a state championship for Louisville's Ballard High.

PRESENTER: Morgan C. Atkinson is a Louisville-based writer and producer of documentaries. His work has appeared often on PBS and has focused primarily on subjects related to Kentucky. Aside from showcasing Louisville quirks, his work has ranged from the art of Harlan Hubbard to the spiritual journey of Thomas Merton.

CATEGORY: Americana

COURSE # CEVE 005-01

FORMAT: IN-PERSON

LOCATION: WMC - Suite 101

MEETS: 6 Wednesdays / 11:30 a.m. - 12:45 p.m.

October 8 - November 12

Class Formats & Locations

This spring we are once again offering a variety of class delivery options: Zoom, In-Person, and Hybrid. Under each description, look for the word **FORMAT** for how the class will be offered. Some of our courses will also be offered at off-campus locations. Read below to find out more information about each format.

Zoom courses: If you register for a Zoom course, the Zoom link will be emailed to you one week before the class begins. In the email with the link, you will also be sent some tips and tricks for using Zoom.

In-Person courses: If you register for an all In-Person course, the course information with location details will be sent to you a week before the course. See below for class locations.

Hybrid Courses: Hybrid courses will have two options for enrollment: In-class or Zoom. Carefully choose your option on the registration page — both options will be listed as separate classes. In-class students will also receive the Zoom link in case they need to attend virtually at some point.

Locations:

BU Campus - 2001 Newburg Road, Louisville, KY 40205

Waterson Medical Center (WMC) - Suite 101, 3430 Newburg Road, Louisville, KY 40205

Flashcube Building - Central Bank Community Room, 9300 Shelbyville Road, Louisville, KY 40222

Specific classroom and parking information will be sent in the class confirmation email the week before class. All off-campus locations have ample parking and accessibility.

Americana

JOHN C. BRECKINRIDGE: KENTUCKY'S CIVIL WAR STATESMAN, SOLDIER, SYMBOL

John C. Breckenridge was a Lexington lawyer who rose to national political prominence during the Civil War. Breckenridge played a pivotal role in all the key events that led the country into secession, war, and reconciliation. He became one of the most famous, and then infamous civil war figures of the era. We will contrast his life with that of his friend, Abraham Lincoln, as the two faced off as leaders of separate causes.

SUGGESTED READING: *Breckinridge—Statesman, Soldier, Symbol* by William C. Davis

ASSIGNMENT FOR FIRST CLASS: Reading and video will be provided via email.

PRESENTER: Don Meade is a retired labor and employment law attorney and a long-time student of the civil war. He grew up in Paintsville, but has resided in Louisville since 1979. Don joined Veritas in Fall of 2024.

CATEGORY: Americana

COURSE # CEVE 005 - 02

FORMAT: HYBRID

LOCATION: WMC - Suite 101

MEETS: 6 Thursdays / 10:00 - 11:15 a.m.
October 9 - November 13

JOHN CLARK AND ANN ROGERS CLARK, THE FIRST FAMILY OF THE FIRST FRONTIER

In 1749, a 23-year-old John Clark married Ann Rogers, his 21-year-old second cousin, in Albemarle County, VA. Ann Rogers Clark gave birth to 10 children, all of whom lived to adulthood. In 1784, the Clark family moved its seat to Kentucky County, Virginia (now Jefferson County, Kentucky). The four girls became matriarchs of prominent families. Of the six boys, five served in the American Revolution as officers. Two became Generals. One of those Generals, George Rogers Clark, is credited with conquering the Northwest Territory. The son who was too young to go to war was William Clark, one of the headliners of the Lewis and Clark expedition of 1803 - 1806. This course will discuss each of the twelve members of the Clark family and their individual contributions to Kentucky and American history.

SUGGESTED READING: A suggested bibliography will be provided via email

PRESENTER: Ken Golliher is a graduate of Ball State University and the University of Louisville School of Law, and was a professional trainer in the banking industry. Since retirement in 2018, he has become a full-time history enthusiast. He is a docent and board member at Historic Locust Grove.

CATEGORY: Americana

COURSE # CEVE 005 - 03

FORMAT: HYBRID

LOCATION: WMC - Suite 101

MEETS: 6 Thursdays / 3:30 - 4:45 p.m.
October 9 - November 13

Applied Knowledge

24 THERAPEUTIC POSTURE QIGONG

Discover the ancient art of Qigong, a harmonious blend of gentle movements, breath control, and meditation that promotes holistic well-being. Gentle, easy to follow movements provide practical exercises to cultivate vital energy, reduce stress, and enhance mind-body balance. Various forms of Qigong will be introduced while mainly focusing on 24 Therapeutic Posture Qigong. Take the first step towards mastering the art of Qigong for a lifetime of vitality and serenity.

NOTE: All Qigong can be done seated or standing. Respecting your "comfort zone" is an important aspect of enjoying Qigong. Loose clothing and comfortable shoes are required.

PRESENTER: Nancy Carrington is an active person growing older. After teaching Tai Chi for two years at Veritas and Lakeside Swim Club, she shifted her practice toward Qigong because it is more easily learned and more quickly enjoyed than Tai Chi yet has similar benefits. She has training in various forms of Qigong including Shibashi 1 and Five Elements for Health along with certifications in other Tai Chi teachings. Nancy has been a Veritas member since 2016.

CATEGORY: Applied Knowledge

COURSE # CEVE 007-01

FORMAT: IN-PERSON

LOCATION: WMC - Suite 101

MEETS: 6 Tuesdays / 11 a.m. - 12:15 p.m.
October 7 - November 11

CHAUTAUQUA 2025: FORCES SHAPING OUR TOMORROW & THE FUTURE OF THE AMERICAN EXPERIMENT

Each year, the Chautauqua Institution holds a nine-week summer assembly to explore the best in human values. With weekly themes and presenters, outstanding speakers present their thoughts on current topics and challenges. Sandra Cherry will guide discussion.

FORCES SHAPING OUR TOMORROW

Week 1: "King: A Life." - Jonathan Eig, (Pulitzer Prize Writer)

Week 2: "Extreme Weather and Climate Mitigation" - Mathy V. Stanislaus (Drexel University, Sri Lanka)

Week 3: "The Siren's Call: How Attention Became the World's Most Endangered Resource." - Chris Hayes (MSNBC journalist)

THE FUTURE OF THE AMERICAN EXPERIMENT - AEI think-tank versus BROOKINGS Institution think-tank

Week 4: "American Defense Strategy and Foreign Policy." - Michael O'Hanlon & Kori Schake

Week 5: "Economic Studies and Policies and Artificial Intelligence Initiative" - Louise Sheiner & Michael R. Strain

Week 6: "Intersection of Religion and Race." - Wajahat Ali & Besheer Mohamed (Muslim-American Catholic from Bellarmine)

PRESENTER:

Sandra Cherry holds an M.A. and a Rank I in teaching from UK and a B.A. from the University of MD with majors in Theatre and Math. Sandra has taught over 30 courses for Veritas since 2008 and is a Betts Meehan Lifetime Member. She also serves on the Veritas Board of Directors.

CATEGORY: Applied Knowledge

COURSE # CEVE 007-02

FORMAT: ZOOM

MEETS: 6 Tuesdays / 2:00 - 3:15 p.m.
October 7 - November 11

Applied Knowledge

UNLOCK YOUR INNER COLLEGE STUDENT: EXPLORING ESPORTS

Long gone are the days of arcade games, time to dive into the new frontier of gaming: esports! Online gaming has now been organized into large scale competitions worldwide. Learn about the history of esports, the business side of the over \$200 billion industry, and then compete against your fellow classmates in some of the most popular games of today with help from the Bellarmine esports team!

PRESENTER: Mitch Greenwell is a faculty member and Head Esports Coach at Bellarmine University. He will be assisted by members of the Bellarmine esports team.

CATEGORY: Applied Knowledge
COURSE # CEVE 007 - 03
FORMAT: IN-PERSON
LOCATION: BU Campus
MEETS: 3 Thursdays / 10 - 11:15 A.M.
October 9 - 23

UNLOCK YOUR INNER COLLEGE STUDENT: SOCIAL MEDIA'S INFLUENCE

Facebook, Instagram, TikTok – oh my! With so many options to consume and share content online, what stands out in the sea of information on social media? Time to learn from the experts on what an influencer is, how to navigate the different platforms and post your own content, and how the way we interact with social media shapes the world around us.

PRESENTERS: Bellarmine staff members who work in the Office of University Communication and Office of Enrollment Communication will present. Bellarmine students will present the last week with their influencer experience.

CATEGORY: Applied Knowledge
COURSE # CEVE 007 - 04
FORMAT: IN-PERSON
LOCATION: BU Campus
MEETS: 3 Thursdays / 10 - 11:15 A.M.
October 30 - November 13

DARTS: FOR SELF-IMPROVEMENT AND COMPETITION

Darts range somewhere between a competitive sport and a charming leisure activity, with a surprisingly interesting history. The activity is accessible to all skill levels and is easy to learn since it is not restricted by age, gender, mobility, venue, climate, and other conditions, and is suitable for a wide range of occasions. It can be played at home with family, at a local Pub or establishment or even in league play. Playing darts is very beneficial both physically and psychologically, developing people's focus, concentration, coordination, mathematics, and ingenuity. It can relieve stress and is conducive to friendly communication and building friendships.

PRESENTER: Robert Sprawls is a graduate of University of Louisville with a B.A. in Sociology. He is a retired financial advisor of 40 years and has been a dart enthusiast for 50 years

CATEGORY: Applied Knowledge
COURSE # CEVE 007 - 05
FORMAT: IN-PERSON
LOCATION: WMC - Suite 101
MEETS: 6 Fridays / 1:00 - 2:15 p.m.
October 10 - November 14

Applied Knowledge

INTRO TO GERONTOLOGY

Veritas members will be joining this undergrad class for an intergenerational learning experience designed to introduce the discipline and current concepts found in gerontology, the study of aging and older adults. We will explore how society views older adults and aging, and the development of individuals' own attitudes, values, and expectations about growing to an advanced age. The course will present a multidisciplinary overview of key issues related to aging — and healthy aging — for the older adult population. Topics covered during the six-week course include physical changes, cognitive changes and mental health, diversity and aging, global health, economic considerations, ageism, elder maltreatment, and social engagement. These will be presented both from the consumer and health care provider perspectives.

PRESENTER: Julie Harmann, PT, DSc, is a professor in the Doctor of Physical Therapy Program in the School of Movement and Rehabilitation Sciences at Bellarmine. Dr. Hartmann is a Board Certified Geriatric Clinical Specialist.

CATEGORY: Applied Knowledge

COURSE # CEVE 007-06

FORMAT: IN-PERSON

LOCATION: BU Campus

MEETS: 6 Thursdays / 1:40 - 2:55 p.m.

October 9 - November 13

LUNCH AND LEARN SERIES

Lunch and Learn Presentations will begin at 11:00 am in the George Brown Center, Clayton Hall, room 230. Following the presentation, lunch will be served downstairs in the University Dining Hall (UDH), which offers all-you-care-to-eat restaurant quality food from the steam table, grill, salad bar, sandwich station, drinks, dessert, and more. Tickets for lunch will be given out by the L&L coordinators in the classroom.

Lunch & Learns are paid for individually during registration at a cost of \$12 per session, which includes the presentation and lunch.

FRIDAY, OCTOBER 10

"Nez Perce War of 1877" – Jim Zimmerman, in costume as Lt. Charles Erskine Scott Wood

FRIDAY, OCTOBER 17

"Understanding Modern Joint Replacements" – Dr. William Renda, Orthopedic Surgeon

FRIDAY, OCTOBER 24

"Normal Aging or Dementia? Knowing the Difference" – Dr. Craig Cooper, Neurologist and Director of Norton Neuroscience Institute Memory Center

FRIDAY, OCTOBER 31

A Spooky Surprise

FRIDAY, NOVEMBER 7

"Immigration in Louisville" - Elizabeth Peña, Deputy Director of Community Engagement, Office of Congressman McGarvey

FRIDAY, NOVEMBER 14

"Merton's Legacy - Right Around the Corner" – Dr. Paul Pearson, Director, The Merton Center

ORGANIZERS: Bud Spalding and Jonathan Smith are the co-chairs of the Lunch & Learn committee. J. B. (Bud) Spalding, Ph.D., Professor Emeritus, Bellarmine University, is a Betts Meehan Lifetime Member and frequent presenter. Jonathan Smith, Emeritus Professor of English at Hanover College, has been a Veritas member since 2017 and frequently leads courses on poetry. Jonathan is the Chair and Editor of the Veritas Voice newsletter. Bud and Jonathan both serve on the Veritas Board of Directors.

CATEGORY: Lunch & Learn

COURSE # CEVE 010