



Trauma-Informed Practices Education

Specialization within Masters of Arts in Education program

CONTACT

For more information on the Trauma-Informed Education cognate, please contact Dr. Rosie Young, Chair of the Masters of Arts in Education (MAED) and Rank 1 programs at ryoung@bellarmine.edu.

Information about the program can be found at our website:

<https://www.bellarmino.edu/education/graduate/master-of-arts-in-education-online/>

TRAUMA INFORMED PRACTICES EDUCATION

The Master of Arts in Education Trauma Informed Practices Education cognate program is designed to develop teacher leaders who will reflect continuously upon: trauma-informed leadership; trauma impact on students' learning and behavior; appropriate interactions and responses to children impacted by trauma; self-wellness and wellness of others; trauma informed coaching and mentoring; analysis of data to impact trauma informed practices; strategies for developing trauma informed classrooms and schools; the need to address equity and diversity in schools through trauma informed practices to impact student achievement; and collaborative efforts with colleagues, parents, and the community to promote awareness, support, and usage of trauma informed practices.

PROGRAM OVERVIEW

This fully online program is at the Master's Level as well as the Rank 1. Rank 1 in Kentucky is achieved when a teacher has taken 60 hours above the bachelor's program. Candidates complete a set of core requirements common to teacher leader programs (15 hours), the trauma-informed strand courses (12 hours), and a capstone experience (3 hours). Candidates work collaboratively with a faculty advisor, course instructors, and a building administrator or designated professional educator to implement required assignments, school-based action research, field activities, anchor assessments, and professional development in a cohort-based professional learning community. Acceptance into this program requires the candidate to hold a valid classroom teaching certificate and current employment in a classroom setting or have access to a school setting.

COSTS, TIMELINE, & DELIVERY

The Masters of Arts in Education program is a cohort system with each cohort starting in the summer and completing the program the following summer. This program is entirely online and costs for the 2019-2020 year are highly competitive at only \$410 per credit hour. Each cohort begins in the summer taking three classes, two in the fall, two in the spring, and completing with three in the following summer.

TRAUMA-INFORMED PRACTICES COURSEWORK

EDUG 675 Foundations of Trauma Informed Practices and Wellness

Course Description: This course content addresses the types of trauma and the influences of trauma on K-12th grade students – socially, emotionally, physically and academically. Topics include trauma's effect on brain development, indicators of trauma in students, the impact of violence and other stress on learning, trauma stewardship, the risk of secondary trauma and burnout, tools for coping, and other strategies that support teachers. Exploration of resilience as a factor in responding to trauma is addressed. Additionally, practical application of teacher and student wellness strategies is explored.

EDUG 676 Trauma Informed Classrooms

Course Description: This course addresses the use of sensorimotor and affective (social-emotional) strategies to recognize, empathize and proactively plan for classroom level behaviors associated with K-12 students who have experienced trauma. In the course, candidates develop trauma-informed; behavioral practices, instructional practices, and approaches to build healthy, effective relationships with students, peer educators, caregivers and health care providers. Safety messages are applied to the classroom setting. Application of appropriate universal screeners at the classroom level is examined. Finally, practical application of student and teacher wellness strategies in the classroom setting is explored.

EDUG 677 Creating Trauma Informed Schools

Course Description: This course is designed to explore research-based practices and systems to create a trauma-sensitive school. The course addresses characteristics of a school environment sensitive and responsive to trauma and toxic stress, staff development and professional support for teachers and staff, and the role of families and community partners in developing a trauma sensitive school. Practical application of student and staff wellness strategies in a school-wide setting is explored.

EDUG 678 Advocacy for Wellness and Trauma Informed Care

Course Description: This course addresses methods for collaboration with colleagues to implement a trauma-sensitive lens in professional practices and school leadership. The practical application of teacher and student well-being strategies are reviewed. Candidates analyze an area of interest to improve professional practice with a trauma-sensitive lens. In addition, the candidate explores ways to advocate for the needs of students and the benefits of a trauma-informed environment.