



CAMPUS RECREATION

GROUP FITNESS CLASSES

PILATES

Mondays and Wednesdays
12:05 PM SuRF Tennis Courts

YOGA

Tuesdays and Thursdays
12:05 PM Booster Room

YOGA

Mondays 5:30 PM
SuRF Tennis Courts

REFIT

Thursdays 5:30 PM
SuRF Tennis Courts

STRENGTH CARDIO

Tuesdays 5:30 PM
SuRF Tennis Courts

www.bellarmino.edu/surf
502.272.8312

Summer @ the SuRF