



# CAMPUS RECREATION

## GROUP FITNESS CLASSES

### PILATES

Mondays and Wednesdays  
12:05 PM Booster Room

### YOGA

Tuesdays and Thursdays  
12:05 PM Booster Room

### YOGA

Mondays 5:20 PM  
SuRF Tennis Courts

### SPEEDBALL

Wednesdays 5:20 PM  
SuRF Tennis Courts

### CARDIO SCULPT

Tuesdays and Thursdays  
5:20 PM SuRF Tennis Courts

[www.bellarmino.edu/surf](http://www.bellarmino.edu/surf)  
502.272.8312

*Summer @ the SuRF*