

CURRICULUM VITAE

ANDREW J. CARNES, Ph.D.

Associate Professor of Exercise Science
Bellarmine University
Department of Exercise Science
2021 Newburg Road
Louisville, KY 40205
(502)-272-7612

EDUCATIONAL BACKGROUND

<i>Ph.D.: Exercise Physiology, May 2014</i> Kent State University, Kent, OH School of Health Sciences Mentor: Dr. Jacob Barkley, Ph.D.	2011-2014
<i>M.S.: Exercise Physiology, August 2011</i> Kent State University, Kent, OH School of Health Sciences Mentor: Dr. Jacob Barkley, Ph.D.	2009-2011
<i>B.S.: Physical Education/Exercise Physiology, May 2009</i> Kent State University, Kent, OH Summa Cum Laude Department of Education, Health, and Human Services Mentor: Dr. Ellen Glickman, Ph.D.	2006-2009

PROFESSIONAL EXPERIENCE

Associate Professor Department of Exercise Science, Bellarmine University	August 2014 - Present
Graduate Teaching and Research Assistant School of Health Sciences, Kent State University	Fall 2009 -Spring 2014

TEACHING EXPERIENCE

Courses Taught

Bellarmino University

1. EXSC 325 Kinesiology (Fall 2014-2024)
2. EXSC 325L Kinesiology Lab (Fall 2014)
3. EXSC 360 Exercise Testing and Prescription (Spring 2015-2026)
4. EXSC 360L Exercise Testing and Prescription Lab (Spring 2015, 2019, 2020)
5. EXSC 240L Physiology of Exercise Lab (Spring 2015-2026)

6. IDC 401 Senior Seminar: Health Inequality in Australia (Summer 2015, 2016)
7. EXSC 110 Introduction to Exercise Science (Fall 2015, Spring 2016, Fall 2016)
8. EXSC 420 Metabolism of Exercise (Fall 2016-2024)
9. BU-100 Freshman Focus (Fall 2016)
10. EXSC 412 Nutrition for Athletic Performance (Fall 2019-2023 odd years, Fall 2024, Spring 2021)
11. PT-570 Human Performance and Health Promotion (Fall 2021)

Kent State University

Courses taught as a Graduate Assistant

1. PEB-10035 Lifetime Fitness (Fall 2009)
2. PEB-10306 Jogging (Fall 2009, Fall 2010, Spring 2011)
3. PEB-12324 Weight Training (Fall 2009)
4. PEB-10036 Fitness Walking (Spring 2010)
5. PEP-24057 Anatomy and Physiology I, Lab (Spring 2010)
6. PEP-45080 Physiology of Exercise, Lab (Spring 2010 - Fall 2011)
7. EXSC-25068 Measurement and Evaluation in Fitness and Sport, Lab (Spring 2012)
8. EXSC-35075 Exercise Programming, Lab (Spring 2012)
9. EXSC-35068 Statistics for Exercise Science, Lab (Fall 2012 - Spring 2014)
10. US-10097 First Year Experience (Fall 2012, Fall 2013)

AWARDS

Kentucky Colonel, Commissioned January 2025

Dr. Doris Tegart Teaching Excellence Award, 2022 Recipient, 2021, 2024, 2025
Nominee

McGowan Medal Recipient (12x), 2016-2025

Most Inspiring Professor Award, 2018

Faculty of the Semester Award, National Residence Hall Honorary, Fall 2016

Faculty of the Month Award, National Residence Hall Honorary, October 2016

Faculty of the Month Award, National Residence Hall Honorary, October 2015

Annual Teacher Appreciation Nominee, Phi Mu Sorority, Spring 2015, 2016, 2017

PUBLICATIONS

Peer-reviewed articles

Published

Carnes, A.J., Brown, K., Mahoney, S.E., Duong, A., and Shefflette, A. (2023). The comparative effects of periodized lower body strength training versus high intensity circuit programming in experienced runners. *Journal of Sports Medicine and Physical Fitness*, 63(5): 639-649.

Duong, A., Wojcicki, T.R., and **Carnes, A.J.** (2022). The effect of unilateral resistance training on muscular strength and power and measures of core stability in trained individuals. *International Journal of Strength and Conditioning* 2(1).

Mahoney, S.E., Wójcicki, T.R., and **Carnes, A.J.** (2020). Sources of nutrition information in recreational ultra-marathon runners: a mixed methods analysis. *Journal of Human Performance in Extreme Environments*, 16, 1-8.

Barkley, J.E., Frank, M.L., Dulaney, C., Kearney, S.G., Paskert, M.C., Sanders, G., **Carnes, A.J.**, and Santo, A.S. (2020). Reinforcing value of a moderately physiologically-challenging active video game versus a minimally-challenging active video game. *Games for Health Journal*, 10(1), 28-32.

Barkley, J.E., Vucetic, H., Leone, D., Mehta, B., Rebold, M., Kobak, M., **Carnes, A.J.**, and Farnell, G. (2020). Increased physical activity and reduced pain with spinal cord stimulation: a 12-month study. *International Journal of Exercise Science*, 13(3), 1583-1594.

Carnes, A.J., and Mahoney, S.E. (2019). Polarized vs. high intensity multimodal training in recreational runners. *International Journal of Sports Physiology and Performance*, 14, 105-112.

Carnes, A.J., and Barkley, J.E. (2017). Sex difference in the effect of peer influence on submaximal running in recreational runners. *Journal of Sport Behavior*, 40(4), 3-18.

Carnes, A.J., and Mahoney, S.E. (2016). Cohesion is associated with perceived exertion and enjoyment during group running. *Journal of Exercise Physiology Online*, 19(6), 24-39.

Mahoney, S.E., **Carnes, A.J.**, Wójcicki, T.R., Frith, E., and Ferry, K. (2016). Habitual dietary intake among recreational ultra-marathon runners: role of macronutrients on performance. *Journal of Food and Nutrition Research*, 4, 205-209.

Carnes, A.J., Petersen, J., and Barkley, J.E. (2016). The effect of peer influence on exercise behavior and enjoyment in recreational runners. *Journal of Strength and Conditioning Research*, 30: 497-503.

Carnes, A.J., and Barkley, J.E. (2015). The effect of peer influence on exercise intensity and enjoyment during outdoor running in collegiate distance runners. *Journal of Sport Behavior*, 38: 257-71.

Sanders, G.J., Peacock, C.A., Williamson, M.L., Wilson, K., **Carnes, A.J.**, and Barkley, J.E. (2014). The effect of friendship groups on children's physical activity: An experimental study. *Journal of Behavioral Health*, 3.

Carnes, A.J., Barkley, J.E., Williamson, M., and Sanders, G. (2013). The presence of a familiar peer does not affect intensity or enjoyment during treadmill exercise in male distance runners or non-runners. *Journal of Athletic Enhancement*, 2: 4.

Morozov, V.I., Kalinski, M.I., Sakuta, G.A., and **Carnes, A.J.** (2013). Heart-type fatty acid binding proteins as markers of myocardium and skeletal muscle injury. *Journal of Exercise Physiology Online*, 16(5): 77-79.

Accepted pending minor revisions

Carnes, A.J., and Mahoney, S.E. (2025). Are predictive metrics by wearables “unproductive”? The effect of deceptive wearable monitor feedback on performance and perception in recreational runners. *Journal of Human Kinetics*. Accepted pending minor revisions 12-5-2025.

In Progress

Carnes, A.J., and Mahoney, S.E. (2026). The Prevalence of Heart Rate Variability (HRV) Monitoring Among a Sample of Habitual Runners: A Brief Report. *Journal of Exercise and Nutrition*. Submission by end of January 2026.

Carnes, A.J., Chao, S.T., Reiss, S.J., and Miller, L. (2026). Training, Performance, And Physiological Characteristics of an Endurance Trained Postoperative Hemangioblastoma Patient. *Medicine & Science in Sports and Exercise*. Submission by end of Fall 2026.

PRESENTATIONS AND WORKSHOPS

National Professional Meetings

Note: Each presentation at an annual meeting of the American College of Sports Medicine was also published as a peer-reviewed abstract in a supplemental issue of Medicine and Science in Sports and Exercise in the year it was presented. An asterisk () indicates an oral presentation.*

***Carnes, A.J.**, and Mahoney, S.E. (2025). Are predictive metrics by wearables “unproductive”? The effect of deceptive wearable monitor feedback on performance and perception in recreational runners. *Medicine & Science in Sports and Exercise*, 57(9S): page tbd. 72nd Meeting of the American College of Sports Medicine, Atlanta, GA.

Carnes, A.J., and Mahoney, S.E. (2023). Prevalence of heart rate variability (HRV) monitoring among a sample of habitual runners. *Medicine & Science in Sports and Exercise*, 55(9S):46. 70th Meeting of the American College of Sports Medicine, Denver, CO.

Satterfield, T., and **Carnes, A.J.** (2022). Physical activity and mental health of college females during covid-19: a cross-sectional survey analysis. *Medicine & Science in Sports and Exercise*, 54(9S):409. 69th Meeting of the American College of Sports Medicine, San Diego, CA.

Tripure, A.M., Masden, L.R., **Carnes, A.J.**, and Mahoney, S.E. (2022). Relative energy deficiency risk in female collegiate athletes. *Medicine & Science in Sports and Exercise*, 54(9S):591-2. 69th Meeting of the American College of Sports Medicine, San Diego, CA.

Carnes, A.J., Brown, K., Mahoney, S.E., Duong, A., and Shefflette, A. (2021). The comparative effects of periodized lower body strength training versus high intensity circuit programming in experienced runners. *Medicine & Science in Sports and Exercise*, 53(8S):36. 68th Meeting of the American College of Sports Medicine, Virtual Experience.

Duong, A., Wójcicki, T.R., and **Carnes, A.J.** (2020). The effects of unilateral resistance training on muscular strength, power, and measures of core stability in resistance trained individuals. *Medicine and Science in Sport and Exercise*, 52(7S) Supplement: S883. 67th Meeting of the American College of Sports Medicine, Virtual Experience.

Mahoney, S.E., **Carnes, A.J.**, Streeter, A., and Wehn, J. (2020). Effects of repeated carbohydrate rinse on lacrosse performance. *Medicine and Science in Sport and Exercise*, 52(7S) Supplement: S592. 67th Meeting of the American College of Sports Medicine, Virtual Experience.

Mahoney, S.E., Wójcicki, T.R., **Carnes, A.J.**, and Ouslan, Nigel. (2019). Sources of nutrition information and knowledge for ultra-runners. *Medicine and Science in Sport and Exercise*, 51(6S) Supplement: S893. 66th Meeting of the American College of Sports Medicine, Orlando, FL.

Carnes, A.J., and Mahoney, S.E. (2018). Longitudinal comparison of polarized vs. High intensity multimodal training in recreational runners. *Medicine and Science in Sport and Exercise*, 50(5S) Supplement: S771. 65th Meeting of the American College of Sports Medicine, Minneapolis, MN.

Carnes, A.J., and Barkley, J.E.B. (2017). The validity and agreement of running distance measurements by a consumer accelerometer compared to GPS. *Medicine and*

Science in Sport and Exercise, 49(5S) Supplement: S123. 64th Meeting of the American College of Sports Medicine, Denver, CO.

Carnes, A.J., and Mahoney, S.E. (2016). Cohesion is associated with perceived exertion and enjoyment during group exercise in recreational runners. *Medicine and Science in Sport and Exercise*, 48(5S) Supplement: S123. 63rd Meeting of the American College of Sports Medicine, Boston, MA.

Rightmire, Z., and **Carnes, A.J.** (2016). The effect of chocolate milk on muscle recovery and delayed onset muscle soreness in resistance trained female athletes. *Celebration of Student Research and Creativity, Bellarmine University, Louisville, KY.*

Barkley, J.E., Vucetic, H., Leone D., Goldner, J., Mehta, B., Rebold, M., Kobak, M., and **Carnes, A.J.** (2015). Revision to “next generation” spinal cord stimulation reduces pain and increases physical activity: 12-month study. *Neuromodulation: Technology at the Neural Interface. North American Neuromodulation Society 19th Annual Meeting, Las Vegas, NV.*

Carnes, A.J., and Barkley, J.E. (2015). The effect of peer influence on exercise behavior and enjoyment in recreational runners. *Medicine and Science in Sport and Exercise*, 47(5S) Supplement: S31-32. 62nd Meeting of the American College of Sports Medicine, San Diego, CA.

Mahoney, S.E., **Carnes, A.J.**, Frith, E., Ferry, F. (2015). Associations between dietary intake and 161-km race performance, fatigue, and muscle soreness. *Medicine and Science in Sport and Exercise*, 47(5S) Supplement: S232. 62nd Meeting of the American College of Sports Medicine, San Diego, CA.

Carnes, A.J., Barkley, J.E., and Glickman, E. (2014). Gender differences in the effect of peer influence on outdoor running in recreational runners. *Medicine and Science in Sport and Exercise*, 46(5) Supplement: S461-66. 61st Meeting of the American College of Sports Medicine, Orlando, FL.

Barkley, J.E., Rebold, M., **Carnes, A.J.**, Glickman, E., and Kobak, M. (2014). The validity of a commercially available, low-cost, wrist-mounted accelerometer during treadmill exercise. *Medicine and Science in Sport and Exercise*, 46(5) Supplement: S485-508. 61st Meeting of the American College of Sports Medicine, Orlando, FL.

Williamson, M.L., Rebold, M., **Carnes, A.J.**, Glickman, E., and Barkley, J.E. (2014). Validity of a novel, low-cost accelerometer during free living physical activity. *Medicine and Science in Sport and Exercise*, 46(S5) Supplement: S383-88. 61st Meeting of the American College of Sports Medicine, Orlando, FL.

Carnes, A.J., Glickman, E., and Barkley, J.E. (2013). The effect of peer influence on exercise intensity and enjoyment during outdoor running in collegiate distance runners.

Medicine and Science in Sport and Exercise, 45(5S) Supplement: S123. 60th Meeting of the American College of Sports Medicine, Indianapolis, IN.

Sanders, G.J., Peacock, C.A., Williamson, M.L., Wilson, K., **Carnes, A.J.**, and Barkley, J.E. The effect of friends on physical activity behavior in 6-10 year old children. (2013). *Medicine and Science in Sport and Exercise*, 45(5S) Supplement: S487. 60th Meeting of the American College of Sports Medicine, Indianapolis, IN.

***Carnes, A.J.**, and Barkley, J.E. The effect of peer influence on treadmill exercise in collegiate distance runners and non-runners. (2012). *Medicine and Science in Sport and Exercise*, 44(5S) Supplement: S140. 59th Meeting of the American College of Sports Medicine, San Francisco, CA.

Williamson, M.L., Sanders, G.J., **Carnes, A.**, Salvo, A.S., Glickman, E.L., and Barkley, J.E. (2012). Reinforcing value of a moderately physiologically-challenging active video game versus a minimally-challenging active video game. *Medicine and Science in Sport and Exercise*, 44(5S) Supplement: S2. 59th Meeting of the American College of Sports Medicine, San Francisco, CA.

Carnes, A., and Walton, T. (2007). 'American' Hope or White Hope?: The Contested Legitimacy of Naturalized US Distance Runners. *North American Society for the Sociology of Sport (NASSS) Conference. Pittsburgh, PA. September 2007.*

Regional Professional Meetings

Perry, C., and **Carnes, A.J.** (2025). The effect of VO₂ max on golf performance and factors related to fatigue in collegiate golfers. *Celebration of Student Research and Creativity, Bellarmine University, Louisville, KY.*

Berghoff, M., and **Carnes, A.J.** (2022). The effect of a mindfulness intervention on affectual responses to intense exercise. *Celebration of Student Research and Creativity, Bellarmine University, Louisville, KY.*

Satterfield, T., and **Carnes, A.J.** (2021). Physical Activity and Mental Health of College Females During Covid-19: A Cross-Sectional Survey Analysis. *Celebration of Student Research and Creativity, Bellarmine University, Louisville, KY.*

Satterfield, T., and **Carnes, A.J.** (2021). Physical Activity and Mental Health of College Females During Covid-19: A Cross-Sectional Survey Analysis. *Kentucky Honors Roundtable Virtual Conference.*

Duong, A., Wojcicki, T.R., and **Carnes, A.J.** (2018). The effect of unilateral resistance training on muscular strength and power and measures of core stability in trained individuals. *Celebration of Student Research and Creativity, Bellarmine University, Louisville, KY.*

Yates, Z., and **Carnes, A.J.** (2018). Polarized vs. high intensity multimodal training in recreational runners. *Celebration of Student Research and Creativity, Bellarmine University, Louisville, KY.*

Rightmire, Z., and **Carnes, A.J.** (2016). The effect of chocolate milk on muscle recovery and delayed onset muscle soreness in resistance trained female athletes. *Celebration of Student Research and Creativity, Bellarmine University, Louisville, KY.*

Ferry, K., Frith, E. **Carnes, A.J.**, and Mahoney, S. (2015). Characterization of dietary intake of ultra-marathon runners and its association with performance. *Southeast American College of Sports Medicine Conference, Jacksonville, FL.*

Mahoney, S., Frith, E., Ferry, K., and **Carnes, A.J.** (2015). Dietary intake during a 100 mile race associated with fatigue and muscle soreness in ultra-marathon runners. *Southeast American College of Sports Medicine Conference, Jacksonville, FL.*

Carnes, A.J., Petersen, J., and Barkley, J.E. (2014). The effect of peer influence on exercise behavior and enjoyment in recreational runners. *29th Annual Graduate Research Symposium, Kent, OH.*

Carnes, A.J., and Barkley, J.E. (2013). Gender differences in the effect of the presence of an unfamiliar peer on outdoor exercise intensity and enjoyment in recreational runners. *28th Annual Graduate Research Symposium, Kent, OH.*

Carnes, A.J., Glickman, E., and Barkley, J.E. (2012). The effect of peer influence on exercise intensity and enjoyment during outdoor running in collegiate distance runners. *40th Annual Meeting for the Midwest American College of Sports Medicine, Maumee, OH.*

Carnes, A.J., and Barkley, J.E. (2012). The effect of peer influence on exercise intensity and enjoyment during outdoor running in collegiate distance runners. *1st Annual Northeast Ohio Exercise Science Conference, University of Mount Union, Alliance, OH.*

Carnes, A.J., and Barkley, J.E. (2012). The effect of peer influence on running speed, enjoyment and perceived exertion in intercollegiate distance runners. *27th Annual Graduate Research Symposium, Kent, OH.*

Carnes, A.J., and Barkley, J.E. (2011). The effect of peer influence on treadmill exercise in collegiate distance runners and non-runners. *26th Annual Graduate Research Symposium, Kent, OH.*

Carnes, A.J. (2010). Exercise Programming for Special Populations. *American College of Sports Medicine Health and Fitness Specialist Certification Workshop. Kent State University, November 2010.*

Invited Presentations

Speaker at the Doctor of Physical Therapy White Coat Ceremony at the Medical University of South Carolina. June 2023.

FUNDED GRANTS

1. Project Title: Training volume and physiological capacities of an endurance trained postsurgical hemangioblastoma patient
Role: Principal Investigator
Agency: Bellarmine University Faculty Development Committee
Type: Research Grant (1 year, 6/2025 - 6/2026)
Amount: \$1329
2. Project Title: The comparative effects of individualized strength training versus CrossFit® programming on distance running performance
Role: Principal Investigator
Agency: Bellarmine University Faculty Development Committee
Type: Research Grant (1 year, 6/2019 - 6/2020)
Amount: \$3000
3. Project Title: Longitudinal comparison of traditional endurance training and CrossFit Endurance® on fitness and running performance
Role: Principal Investigator
Agency: Bellarmine University Faculty Development Committee
Type: Research Grant (1 year, 6/2016 - 6/2017)
Amount: \$3000
4. Project Title: The effect of spinal cord stimulation unit revision on perceived pain, physical activity and medication for individuals with a failed back surgery
Role: Research Assistant, interviewed and evaluated patients, organized and analyzed experimental data
Co-Principal Investigators: Henry Vucetic, David Leone, Jacob Barkley
Agency: Boston Scientific
Type: Research Grant (2 years, 12/2012 - 12/2014)
Amount: \$197,000
5. Project Title: The effect of the presence of an unfamiliar peer on exercise intensity and enjoyment during outdoor running in recreational runners
Role: Principal Investigator
Agency: Graduate Student Senate, Kent State University
Type: Research Grant (1 year, 2012-2013)
Amount: \$1000
6. Project Title: The effect of peer influence on outdoor running speed, enjoyment and perceived exertion in intercollegiate distance runners

Role: Principal Investigator
Agency: School of Health Sciences, Kent State University
Type: Research Grant (1 year, 2011-2012)
Amount: \$500

7. Project Title: The effect of peer influence on running speed, enjoyment and perceived exertion in intercollegiate distance runners
Role: Principal Investigator
Agency: Graduate Student Senate, Kent State University
Type: Research Grant (1 year, 2010-2011)
Amount: \$1390

FUNDED STUDENT GRANTS

1. Project Title: The effect of VO₂ max on golf performance and factors related to fatigue in collegiate golfers
Student Investigator: Caitlin Perry
Role: Thesis Advisor
Agency: Student Government Association, Bellarmine University
Type: Undergraduate Research Grant (1 year, 2024-2025)
Amount: \$350
2. Project Title: Utilizing a Wii Fit intervention to analyze balance self-efficacy in older adults categorized as frail
Student Investigator: Hallie Sydnor
Role: Thesis Advisor
Agency: Student Government Association, Bellarmine University
Type: Undergraduate Research Grant (1 year, 2023-2024)
Amount: \$350
3. Project Title: Mindfulness meditation as a potential mechanism to decrease negative affect response to high intensity exercise
Student Investigator: Macy Berghoff
Role: Thesis Advisor
Agency: Student Government Association, Bellarmine University
Type: Undergraduate Research Grant (1 year, 2021-2022)
Amount: \$500
4. Project Title: Physical activity & mental health of college females during Covid-19: a longitudinal analysis of depression, anxiety, body image, and physical activity
Student Investigator: Tyler Satterfield
Role: Thesis Advisor
Agency: Student Government Association, Bellarmine University
Type: Undergraduate Research Grant (1 year, 2020-2021)
Amount: \$500

5. Project Title: Unilateral resistance training's effect on athletic performance
Student Investigator: Anthony Duong
Role: Thesis Advisor
Agency: Student Government Association, Bellarmine University
Type: Undergraduate Research Grant (1 year, 2017-2018)
Amount: \$450
6. Project Title: The effect of chocolate milk consumption on muscular recovery and delayed onset muscle soreness (DOMS) after damaging exercise in resistance trained female athletes
Student Investigator: Zachary Rightmire
Role: Thesis Advisor
Agency: Student Government Association, Bellarmine University
Type: Undergraduate Research Grant (1 year, 2015-2016)
Amount: \$400

UNFUNDED GRANTS

1. Project Title: Running partners: Is a buddy always a boost?
Role: Principal Investigator
Agency: Bellarmine University Faculty Development Committee
Type: Research Grant (1 year, 6/2015 - 6/2016)
Amount: \$3000

Dissertation

Carnes, Andrew. (2014). The effect of peer influence on exercise behavior and enjoyment in recreational runners. Kent State University.
Director: Dr. Jacob Barkley, Ph.D.

Master's Thesis

Carnes, Andrew. (2011). The effect of peer influence on running speed, enjoyment and perceived exertion in intercollegiate distance runners. Kent State under review in the University.
Director: Dr. Jacob Barkley, Ph.D.

INTERNATIONAL MENTORSHIP

Internationalization and Social Justice in Exercise Science: Western Australia. May, 2016.

Interprofessional Experience to Explore Study Abroad and Faculty/Student Exchange Opportunities in Exercise Science in Western Australia: Curtin, University of Western Australia, Edith Cowan University, University of Notre Dame Australia. May, 2015.

HONORS THESIS & STUDENT RESEARCH MENTORING

Perry, Caitlin (2024-2025). The Effect of VO2 Max on Golf Performance and Factors Related to Fatigue in Collegiate Golfers. Senior Honors Thesis.

Berghoff, Macy. (2021-2022). The effect of a mindfulness intervention on affectual responses to intense exercise. Senior Honors Thesis.

Satterfield, Tyler. (2020-2021). Physical Activity & Mental Health of College Females during COVID-19. Senior Honors Thesis.

Duong, Anthony. (2017-2018). The effects of unilateral resistance training on muscular strength, power, and measures of core stability in resistance trained individuals. Independent Student Research.

PROFESSIONAL SERVICE AND CITIZENSHIP

Laboratory Director

Bellarmine University Department of Exercise Science, December 2014 – present

Honors Council Representative

Bellarmine University School of Movement and Rehabilitation Sciences
June 2019 - present

Executive Vice President

Bellarmine University Chapter of the American Association of University Professors
December 2022 – present

Faculty Representative to the Board of Trustees

Board of Trustees Athletics Committee

Term: 2021-2023

Board of Trustees Finance and Facilities Committee

Term: 2018-2019

Faculty Council Representative

Bellarmine University School of Movement and Rehabilitation Sciences

Term: 2018-2019

Committee Work

University/College

Committee Name: Career Development Director Search Committee

Department: Career Development Center

Role: Member

Time of Service: Spring 2024

Committee Name: NCAA Self Study Steering Committee
Role: Co-chair of the Governance and Rules Compliance Subcommittee
Time of Service: December 2022 – October 2023

Committee Name: College of Health Professions Diversity Workgroup
Role: Member
Time of Service: December 2020 – May 2022

Committee Name: Physical Therapy Faculty Search Committee
Department: Physical Therapy
Role: Member
Time of Service: Summer 2021

Committee Name: Faculty Grievance Committee
Role: Member
Time of Service: December 2020 - Present

Committee Name: Academic Grievance Committee
Role: Chair
Time of Service: July - August 2019

Committee Name: Respiratory Therapy Faculty Search Committee
Department: Respiratory Therapy
Role: Member
Time of Service: Fall 2015, Spring 2016

Committee Name: Non-regular Faculty Issues Committee
Role: Member
Time of Service: Fall 2015, Spring 2016

Department

Committee Name: Exercise Science Faculty Search Committee
Role: Co-chair
Time of Service: Fall 2021

Committee Name: Exercise Science Faculty Search Committee
Role: Chair
Time of Service: Fall 2017

Peer Reviewer

International Journal of Exercise Science
Journal of Electronic Gaming and E Sports
European Journal of Sport Science

Frontiers in Psychology
PLOS ONE
BMC Research Notes
Journal of Exercise and Nutrition
Computers in Human Behavior

Community Service and Outreach

Guest Speaker, SWAGS Sport Shoes Youth Summer Running Camp, Louisville, KY.
Time of Service: June 2020, June 2021

Guest Contributor, Louisville Courier Journal, Louisville, KY.
Time of Service: April 2020

Advanced Placement Research Advisor, Manual High School, Louisville, KY.
Time of Service: Fall 2017 - Spring 2018